



# The Arizona Mountaineer

February 2013

## In Memory of Bill Forrest, founding member of AMC

Summit photo on top of Weaver's Needle in the  
Superstition Mountains of Arizona  
April 20, 1963

Jerry Brown (L), Bill Forrest (C), Tom Kreuser (R)  
Photo: Courtesy of Tom Kreuser  
More on page 13

# The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center  
1700 North Granite Reef Road  
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee  
6519 W. Aire Libre Ave.  
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

[www.amcaz.org](http://www.amcaz.org)

Mail:

Arizona Mountaineering Club  
4340 E. Indian School Rd., Ste 21-164  
Phoenix, AZ 85018

## BOARD OF DIRECTORS

President	Bill Fallon	602-996-9790
Vice-President	John Gray	480-363-3248
Secretary	Kim McClintic	480-213-2629
Treasurer	Curtis Stone	602-370-0786
Director-2	Eric Evans	602-218-3060
Director-2	Steve Crane	480-812-5447
Director-2	Cheryl Beaver	cherylbeaver@cox.net
Director-2	Douglas Matson	douglas.matson@gmail.com
Director-1	Daniel Gonzales	602 550-08371

## COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Birdwell	602-770-8326
Climbing Shoe Rental	Linda Locke	602-371-9300
Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
Email	Curtis Stone	602-370-0786
Land Advocacy	Erik Filsinger	smorefil@aol.com.
Co-Chair	John Keedy	623-412-1452
Librarian	David McClintic	602-885-5194
Membership	Rogil Schroeter	623-512-8465
Mountaineering	Bruce McHenry	602-717-8956
Newsletter	Cheryl Beaver	cherylbeaver@cox.net
Outings	Dave McClintic	602-885-5194
Programs	Kim McClintic	480-213-2629
Technology	Steve Crane	480-812-5447
Trng & Schools	Bill Fallon	602-996-9790
ORC	Bill Fallon	602-996-9790
Anchors	Eric Evans	602-218-3060
Lead	Mike Knarzer	602-751-1701

**The AMC Land Advocacy Committee:** The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at [smorefil@aol.com](mailto:smorefil@aol.com).

**Newsletter:** The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at [SHarnage@aol.com](mailto:SHarnage@aol.com). All submissions are subject to approval by the AMC newsletter committee: *Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich*.

# Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

<u>Outing Leader</u>	<u>Contact Info</u>
Steven Crane .....	480-812-5447 stevencrane@live.com
Eric Evans .....	602-218-3060 eae100@yahoo.com
Bill Fallon .....	602-996-9790 bill.fallon@cox.net
Erik Filsinger .....	smorefil@aol.com
Jason Garvan .....	480-734-6801 beach_bum43@hotmail.com
John Keedy .....	623-412-1452 jwkeedy@cox.net
Mike Knarzer .....	602-751-1701 thrashndangle@gmail.com
David McClintic .....	602-885-5194 david.mcclintic@cox.net
Bruce McHenry .....	602-717-8956 bamchenry@att.net
Chris Meyer .....	Sun2stone@cox.net
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Rogil Schroeter .....	623-512-8465 rogil@cox.net
Curtis Stone .....	602-370-0786 curtis_j_stone@yahoo.com
Frank Vers .....	480-947-9435 climbros@gmail.com
Justin York .....	480-229-8660

# Treasurer's Report

## Arizona Mountaineering Club Income Statement Period Ended December 2012

### INCOME

Advertising	0.00
Dues	4,924.56
Grants Received	0.00
Interest	22.54
Mountaineering Schools	600.00
Rental Equipment	40.00
AARS Fall	2,850.00
AARS Spring	945.00
Basic Fall	6,030.00
Basic Spring	3,380.00
Lead Fall	742.00
Lead Spring	570.00
Training Other	0.00
Merchandise & Other	1,105.00
<b>TOTAL INCOME</b>	<b>21,209.10</b>

### EXPENSES

Admin	1,798.36
Promotional	700.59
Bank chgs	571.05
Capital Expenditures	424.74
Equipment Maintenance	70.00
Grants Expended	0.00
Insurance	3,645.20
Land Advocacy Committee	356.53
Library	0.00
Newsletter	1,378.04
Outings	821.01
Outing Leaders	491.80
Programs Monthly Meeting	1,453.66
Training	6,966.53
<b>TOTAL EXPENSES</b>	<b>18,677.51</b>

**OVERALL TOTAL 2,531.59**

### ACCOUNT BALANCES

Checking & PayPal	15,360.82
Accounts Receivable	0.00
CD Account	15,000.00
<b>TOTAL CASH ASSETS</b>	<b>30,360.82</b>
AMC Outing Gear	0.00
<b>OVERALL TOTAL</b>	<b>30,360.82</b>

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## Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 [www.hikingshack.com](http://www.hikingshack.com). Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

**March Newsletter Submission Deadline: February 1st**

## Have You Renewed Your 2013 Membership Yet??!

Send checks (\$30 individual/\$35 family) to: AMC Membership

6519 W. Aire Libre, Glendale, AZ 85306

Or pay on-line at: <http://www.amcaz.org/membership.asp>

## February Birthdays

Kurt License 2, Fox Stone 2, Mark Sharp 4, Scott Frankel 5, Jeff Crosby 6, Jonathan McLin 6, Julie Dehlin 7, Kurt Gusinde 9, Christie Munson 9, John Julian 11, David Cameron 12, Daniel Gonzales 12, Linda Kriegel 12, Wes Gross 13, Christine Bolick 14, Steven Wolpert 14, David Geller 16, Andrew Baumgardner 17, Greg Frantz 17, John Gray 20, Kevin Crestin 21, Robert Lea 25, Patrick McDermott 25

## Welcome New Members!

Jim Leinbach, Geoff Chalmers, Adrian Estebanez

# AMC Board Minutes - January 14, 2013

1. Call to order: 7:03 PM Board Members present: Bill Fallon, John Gray, Steven Crane, Curtis Stone, Douglas Matson, Kim McClintic, Cheryl Beaver, Eric Evans, Danny Gonzales. Committee Chairs Present: Erik Filsinger.
2. Minutes of December Board meeting, as published in the newsletter, were approved.
3. Treasurer's report for Nov. was reviewed & approved. Report to be published in the Jan. newsletter.
4. Committee Reports:
  - (a) Membership- 316. Bill has confirmed that Rogil is receiving notifications when dues are paid via PayPal.
  - (b) Programs:
    - i. Thanks to Curtis Stone for Hosting the Annual Holiday Party on December 14th.
    - ii. January program: Club elections and annual photo contest. Prizes will be co-sponsored by The Hiking Shack. Mult. prizes for each category, Alpine, Canyoneering, Scenic, Humor, and Climbing.
    - iii. February: Mike Libeck. Mike will be here and there will be a raffle.
    - iv. March: Xavier Wasiak: Climber, Former President of Red Rocks Climbing Club.
  - (c) Outings and Activities:
    - i. Recent Past:
      - A. Alpine Rock- Dec. 9 (Bruce McHenry)
      - B. Hiking Tour of the Sven Towers and Hog Heaven-December 9-(Erik Filsinger)
      - C. Holiday Party-December 14 (Curtis Stone)
      - D. Tom's Thumb-December 22 (Chris Meyer)
      - E. Jacuzzi Spire-December 30- (Rogil, Douglas)
      - F. Glacier Travel, Snow Skills Seminar-Jan. 9, 12, 13- (Bruce McHenry)
    - ii. Upcoming:
      - A. Lead School- Feb. 12, 13, 14, 16, 17- (Mike Knarzer)
      - B. Ice Climbing Outing (Ouray)- Feb. 15-18 (Bruce McHenry)
      - C. Beginning Ice Climbing Seminar (Ouray)- March 8-11 (Bruce McHenry)
      - D. AMC Birthday Party & Climb- March 30 (Erik Filsinger, Kim McClintic)
  - (d) Land Advocacy:

Erik Filsinger reported on on-going collaboration with the City of Scottsdale and McDowell Sonoran Preserve.
  - (e) Training & Schools:
    - i. Basic- Mar. 2013 (Bill Fallon)
  - (f) Newsletter: Please send submissions to: Susan Harnage.
5. New Business:
  - (a) 2013 Election: Slate of Candidates was read and approved. Candidates include: President: Bill Fallon. Vice: John Gray. Secretary: Erik Filsinger. Treasurer: Thad Colgrove. Director (3 positions open) Eric Evans, Steven Crane, Jacob Hancock, David Sampson, Dave McClintic, Gavin Storey.
  - (b) Erik Filsinger presented a new policy regarding AMC Trail Projects. The policy was reviewed and approved by the board.
  - (c) 2012 Outing Leader Activity Credits were reviewed. Membership waivers were approved for qualifying leaders and it was determined which leaders will continue to be listed in the Newsletter.
  - (d) T-Shirt status: 36 have been sold. An additional amount will be purchased and made available for purchase.
6. The meeting was adjourned at 9:00 P.M.

Respectfully submitted, Kim McClintic, Club Secretary



AMC thanks Rockford Corporation for the use of their facilities for board meetings. Rockford is a local maker and distributor of high-end audio components for cars, trucks and boats.

# AMC presents Climber & Adventurer Mike Libeck

**Monday, February 25, 2013**

**7:00 PM- 8:30 PM**

Mike recently returned home after spending 2 months in Antarctica. He will once again share his adventures with us.

Invite your friends, family and guests.

**Bring \$\$\$! You won't want to miss out on the raffle for lots of cool stuff.**

**Nominated for the 2013 Adventurer of the Year**



## **LIFE IS SWEET**

*Death and/or old age is coming.....we must live sweet.*

*The time is now. Why ration passion?*

*Dream big.....and climb those dreams.*

*After all, it is not only life, but the quality of this life.*

*Mike Libeck*

**Granite Reef Senior Center • 1700 N. Granite Reef Rd., Scottsdale**

For questions or information about this program, contact Kim at [canyonkim@gmail.com](mailto:canyonkim@gmail.com)

# AMC Lead School Class - Spring 2013

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

## Class curriculum:

Tue	Lecture, slide show: introduction, the lead fall, equipment
Wed	Lecture, slide show: equipment (continued); the process and techniques of leading
Thu	Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat	Hands-on practice: natural pro placement (Prescott)
Sun	Hands-on practice: leading on bolts (Prescott or Scottsdale)

## Class schedule:

Feb 12	Tuesday	6:30 pm–9:30 pm	*Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Feb 13	Wednesday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Feb 14	Thursday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Feb 16	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Feb 17	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

\*Address for the Chateau de Vie 5 Clubhouse: 5900 N 83<sup>rd</sup> St.

Directions: From McDonald Rd East of Hayden Rd and West of Granite Reef, turn south on 83<sup>rd</sup> St. Take the 2<sup>nd</sup> right into the parking lot. The Clubhouse is the only free standing building in the complex.

**Experience required:** Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

**Cost:** \$95 plus membership if not already a member (\$30 for an individual and \$35 for a family).

Membership is good through Dec., 2013. Register by the Paypal link on the website (<http://www.amcaz.org/leadRegistration.asp>) or if you need to send a check you can contact Nancy Birdwell [amcleadschool@gmail.com](mailto:amcleadschool@gmail.com) for the address. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Email [amcleadschool@gmail.com](mailto:amcleadschool@gmail.com) for more information. The number of students will be limited to 30.

## Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

1. All climbing gear (harness, prusiks, biners, etc.)
2. Helmet—mandatory for all on-rock sessions
3. Specifically needed:
  - 2 20' slings (untied length), preferably different colors
  - 2 10' slings (untied length), preferably different colors
  - Nut pick
  - Quickdraws with biners—at least 5 per person
  - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
  - Consider combining with another person to have enough gear
4. Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
5. Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

**For more information:** Visit the Arizona Mountaineering Club website at [www.amcaz.org](http://www.amcaz.org).

# The Jacks Canyon Fire Clean-up

## Volunteers



### Thanks to the Sponsors!!

APS Cholla Power Plant  
 Arizona Hiking Shack  
 Arizona Mountaineering Club  
 Armored Outdoor Gear  
 Aspen Sports  
 Az Family Plumbing  
 Az Trails Association  
 Black Bart's  
 Bogley Outdoor  
 Chad McCollum  
 Corey Mincevich  
 Deborah Poulos  
 Flagstaff Climbing Center  
 Hikearizona.Com  
 Imlay Canyon Gear - Canyoneering USA  
 Jacks Canyon Sport Climbing  
 Joe Cayer  
 Peace Surplus  
 Petsmart Charities  
 Phoenix Rock Gym  
 PT's Bar - Winslow  
 Stone Crush Gear  
 Super Salve  
 The Warriors Way - Arno Ilgner  
 Way Out West  
 Wet Dreams River Supply  
 Winslow Safeway  
 Winslow Walmart  
 Zen Lizard

Unprecedented collaborative efforts between local businesses including the Arizona Hiking Shack, the United States Forest Service, organizations like the Arizona Mountaineering, the Arizona Trail Association, Winslow's High School students and 80 volunteers gathered to work on restoring Jacks Canyon, a popular climbing area that suffered extensive damage after a lightning caused fire raged through the area this past June. The area also sustained flood damage after summer monsoons swept through the canyon.

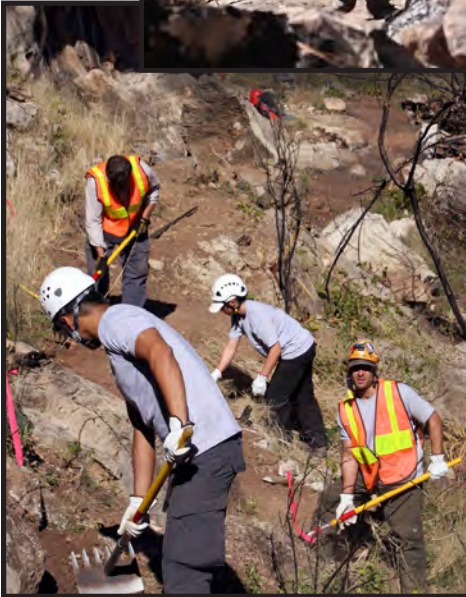
The three day event included clean-up work, campfire festivities, a climbing clinic and a few potluck meals. Participants were given t-shirts, gloves, provided with meals and won lots of swag.

The weekend was a huge success and the canyon looks beautiful. Please make plans to visit Jacks soon!



### Volunteers

Laurel Arendt  
 Tim Badpoor  
 Roger Baker  
 Noah Bard  
 Thaddius Barringer  
 Christopher Bastek  
 Curtis Bell  
 Aidan Berge  
 Becca Berge  
 Casey Binkowski  
 Jordan Bradford  
 Sally Branscomb  
 Henry Braun  
 Kelli Bricker  
 Deidre Burton  
 Rick Cecala  
 Boyd Chatwin  
 Lexi Chatwin  
 Mark Christiani  
 Jenny Cohen  
 Chris Curtis  
 Matt De Both  
 Matt Diestelweier  
 Joel Fisher  
 Blane Foster  
 Quinney Fu  
 Candace Garcia  
 Joe Garcia  
 Chris Gilmore  
 Tim Goodrich  
 Ben Greene  
 Kelly Guido  
 Sarah Gwynn  
 Susan Harnage  
 Kara Hunt  
 Janelle Jones Pierce  
 Joe Kendall  
 Tim King  
 Katrina Koenig  
 Alex Kray  
 Audrey Kruse  
 Derinda Lewis  
 Marie Louka  
 Eric Luth  
 Aaron Macmann  
 Matt Martin  
 Chad McCollum  
 Joseph Monfeli  
 Rachel Olzer  
 Erin Orwig  
 Victoria Polchinski  
 Lara Preteska  
 Cathleen Raminodi  
 Manuel Rangel  
 Shawn Redfield  
 Larry Reinmuth  
 Chad Robert  
 David Sampson  
 Mike Schennum  
 JB Scully  
 Lizard Seidl  
 Evan Shaffer  
 Stephen Shaffer  
 Jeff Snyder  
 Brittni Sorenson  
 Bob Sucharski  
 Tracie Sucharski  
 Daywee Tai  
 Rachel Tallon Berge  
 Pradeep Thiyagura  
 Eric Thompson  
 Steve Tweito  
 Alex Wenger  
 Sierra Wenger  
 Linda White  
 Andrea Williams  
 Lindsey Williams  
 Katie WongCarter  
 Peter Zurcher



*Jack's Canyon Clean-up.  
Photos: Susan Harnage*

# AMC Alpine Snow Travel and Crevasse Rescue Class

**January 2013**

On an extremely cold Flagstaff weekend AMCer's completed the Alpine Snow Travel and Crevasse Rescue class on Mt. Humphreys. The temperature on Saturday morning was a balmy minus 3 (yes, below zero), a perfect simulation of possible mountaineering conditions. After some snowshoe hiking, everyone worked through the various drills and mountaineering equipment lessons. Students practiced use of crampons and ice axe, ice axe arrest, and building snow anchors using pickets and flukes. The class culminated in building the C-Z haul rig used for crevasse rescue scenarios. Although cold, everyone was smiling and in one piece when we returned to the parking lot to warm (er) cars for the drive home. ~Bruce McHenry

**Students:** Bill Fallon, David Cech, Vinay Hanumiah, Laura Nagy, Gavin Storey, Quinney Fu, Scott Kuchman, Mark Christiani, Adrian Estebanez

**Instructors:** John Gray, Jeff Crosby, Bruce McHenry



# McDowell Crags - Fort McDowell

Fort McDowell



This is a great little crag close in to the new Tom's Thumb Trailhead. Head up the Tom's Thumb Trail and at TT#3 take the right onto the Climber Access Route heading southwest. Go across the wash floor and gradually climb on the minimalist path. Fort McDowell is the first crag you reach on your left. You can lead the climbs or you can top rope them by continuing up the path to above the crag and taking a left to come back down into a slot in the top of the formation. Climbs to the climber's right are reached by dropping down through a tunnel and coming out on a ledge with bolted anchors. The left climbs are reached by taking a right over a boulder to an obvious ledge and anchors. Both sides are protected by bolted anchors fitted as rap stations. Crag is about 40 feet tall. You can easily use shorter ropes.

The Climber Access Route is on the right side of the route photo. From left to right the climbs shown are:

**Almost Whitney – 5.6.** From behind boulder leaning against face scramble up and take thin cracks to top. Trad pro. Rap anchor.

**Gunslinger – 5.7.** Start on right side of boulder leaning against face. Horizontal cracks lead to face with some small cracks sporadically on left. Bolt protects crux moves, but getting over the top to anchor is exciting. Mixed pro. Rap anchor.

**Crack in the Wall – 5.9.** Need really good crack technique to master this climb. Trad pro. Bolted anchor. Rap from Bloody Arete Anchor.

**Bloody Arete – 5.9.** Most climbers leave some organic trace after dealing with the sharp granite crystals to hang onto the arête! Mixed with 3 bolts and rap anchor.

**Geronimos Escape – 5.8+.** This north facing route has rock with the uncanny ability to shed key nubbins. Geronimo will be proud of your ascent! Bolted anchor. Rap from Bloody Arete anchor.

~Erik Filsinger

**SAVE THE DATE**  
**Celebrate the AMC's 49th Birthday**  
**Join us for climbing and a party afterwards**  
**Saturday, March 30, 2013**

Location TBD. Details will be posted on meetup soon.  
To sign up, go to: <http://www.meetup.com/Arizona-Mountaineering-Club/>  
Your hosts are Erik Filsinger (outing leader) and Kim McClintic.



# In Memory of Bill Forrest



*Photo taken at a trail marker in the Peralta Canyon on a climb of Weaver's Needle in the Superstition Mountains, Arizona April 20, 1963. Bill Forrest (L), Tom Kreuser (C), Jerry Brown (R). Photo: Courtesy of Tom Kreuser*

Bill Forrest, a founding member of the Arizona Mountaineering Club, recently ventured to the other side of the mountain while on a hike in his beloved mountains of Colorado. Bill was a teacher and mentor to me as I learned the basics of climbing. Bill Forrest was one of three Instructors (Bill Forrest, Wally Vegors, and Doug Black) of a mountain climbing class taught to DARES members (Desert Alpine Reserve Emergency Services...a Civilian Defense Organization) in 1962 in Phoenix. After acquiring basic climbing skills the climbing students and the instructors then formed a mountain climbing club.....THE ARIZONA MOUNTAINEERING CLUB. I was one of the climbing students. Over the next couple of years I had the opportunity to climb with and be mentored by Bill. On club and individual climbs I was privileged to share a rope with Bill on a number of local climbs as well as Weaver's Needle and Baboquivari Peak. I remember him being extra supportive of me while on a climb up Shakey Leg Crack on the East Face of Mount Whitney in California. I, a young nineteen year old, had never experienced such extreme exposure. Bill was a competent climber and caring leader. He left the valley to pursue his love of climbing. He did many first ascents and epic climbs while establishing Forrest Mountaineering Products in Colorado. He lived a life pursuing climbing. While in Arizona he was willing to share his love of climbing with others which led to the beginnings of the Arizona Mountaineering Club. Thanks, Bill. Off Belay!

~Tom Kreuser

*continued on page 14*

# Climbing legend Bill Forrest dies snowshoeing near Monarch Pass

by William Porter

*The Denver Post* (reprinted with permission)

Bill Forrest, a Colorado climbing legend who also made notable innovations in mountaineering equipment, died Dec. 21 while snowshoeing near Monarch Pass. He was 73.

A Salida resident who summited peaks and put up new climbing routes around the world, Forrest was remembered by friends as an indomitable spirit in the mountains who was also generous with advice to novices in his sport.

“He was the best climber that I ever teamed up with,” said Kris Walker, who in 1972 part-

nered with Forrest for the first ascent of the treacherous Painted Wall in the Black Canyon of the Gunnison River. The 2,500-foot climb on sheer granite that took nine days. “No matter how difficult or improbable the obstacle, he never quit. That word was not part of his vocabulary.

“Bill was the only climbing partner I had that could stand by that achievement,” said Walker, who lives in Bow, Wash.

In an April interview with *The Denver Post*, Forrest said at times he was “nearly petrified” by his sport’s risks. But he loved the challenge of pioneering routes; his 1970 climb on Longs Peak’s east face was the first solo ascent of the Diamond.

“I owned one guidebook, but didn’t like reading it,” he said. “I liked to scout my own routes.”

William Edwin Forrest was born in Glendale, Calif. His family moved to Aurora when he was 6 years old. By the time Forrest was 8, his father, a surveyor with the Bureau of Land Management, was taking him into the field. Forrest ran trap lines as a child, and first summited Longs Peak at age 12 with his Boy Scout troop.

He began climbing in the Army, honing his skills while stationed in Germany. After the military, he spent time as a graduate student in English at Arizona State University.

But the mountains called, and Forrest answered.

*continued on page 15*



*The cover of The Denver Post's Sept. 3, 1972, Empire magazine featured Bill Forrest and Kris Walker after they climbed the 2,500-foot Painted Wall in the Black Canyon of the Gunnison River. "No previous climber had gotten higher than 900 feet up the face," says Walker. (The Denver Post)*



*Bill Forrest, left, and Kris Walker in June 2001 reenact their pose in 1972 in front of the Painted Wall in the Black Canyon of the Gunnison River. (file)*

As founder of Forrest Mountaineering, he pioneered the original “Friends” active cam-nut protection system, a climbing aid. He was also behind the Mjolnir, the first rock-and-ice hammer with interchangeable picks. It is on display in the Smithsonian’s “Tools of Man” collection.

He held 17 U.S. patents.

After moving to Salida in 1998, he created state-of-the-art snowshoes along with the Cascade Designs/MSR team.

He was snowshoeing with his wife, Rosa,

when he collapsed. Other hikers performed CPR on him, but he died at the scene.

Forrest, who topped all of Colorado’s 54 fourteeners, stopped technical climbing in 1993 after an attempt to summit Mount Everest. During the trip he came down with amoebic dysentery. It nearly killed him, and the aftereffects plagued him for years.

Forrest mentored a generation of climbers, offering tips on everything from technique to fine-tuning gear.

“I would always ask him to do a gear check before a backpack or fourteener ascent,” recalled Michael Rosenberg, an attorney and veteran climber. “If he found something on which he thought I could improve he would say so politely and often make a modification to my equipment in his shop.”

Asked in April what climbing gave him, Forrest was quick to answer. “Just a lifetime of adventure, tremendous friends and a lot of self-knowledge,” he said. “Climbing for me is the finest sport in the world. It’s a beautiful thing.”

A memorial service will be held Jan. 13 at 2 p.m. at First Presbyterian Church in Salida.

*William Porter: 303-954-1877,  
wporter@denverpost.com or  
twitter.com/williamporterdp*

# Land Advocacy – Policy on AMC Trail Projects

On January 14, 2013 the AMC Board of Directors approved the following policy for the Land Advocacy Committee. The first element discusses Scottsdale but other jurisdictions will be added in the future.

## **Land Advocacy – Policy on AMC Trail Projects**

### **Notification Clause in AMC By-Laws**

All trail building and maintenance projects with which the AMC's name will be associated will be directed to the Land Advocacy Committee for evaluation and recommendation to the AMC Board. In all cases, the AMC's intent will be to ensure that such projects are closely aligned with the input and decision making of the Land Owner and/or Land Manager.

### **Scottsdale.**

The AMC has a long standing partnership with the City of Scottsdale for assisting the City with the rock climbing areas in lands owned by the City. This includes Pinnacle Peak Park and the McDowell Sonoran Preserve. The AMC recognizes that the City has existing Rock Climbing Maps and Climbing Management Plans in place.

The City has looked to the AMC for assistance in the layout, construction, and maintenance of the Climber Access Routes in the McDowell Sonoran Preserve. The AMC recognizes that the City has final say over the Climber Access Routes and will ensure that all projects involving the Climber Access Routes are approved by the City. The City has also looked to the AMC for preparation and installation of "directional signage" to help rock climbers reach the desired rock crags.

The AMC Land Advocacy Committee will work with the City on proposed projects and understands that the intent of the Climber Access Routes is that they are not intended to be "trails" but instead are primitive routes that make the least amount of impact on the environment as possible and keep rock climbers on the single "path" from the main City Trail System to the City's authorized rock climbing crags. Both the Climber Access Routes and Rock Climbing Crags are identified on the City's official Rock Climbing Plan approved by City Council in October of 2011.

The AMC desires that the Climber Access Routes, "directional signage," and Climbing Crags are kept acceptable to the City's intent and recognizes that the future of rock climbing depends in part on its efforts to ensure these goals.

# AMC 2013 Calendar

## FEBRUARY

- 11 AMC Board Meeting
- 12 Lead School - Feb 12, 13, 14, 16, 17
- 18 Presidents Day (Monday)
- 25 AMC Member Meeting

## MARCH

- 6 Basic Outdoor Rock Climbing School  
Instructors Meeting
- 8-11 Ice Climbing Seminar – Ouray, CO
- 11 AMC Board Meeting
- 12 Basic Outdoor Rock Climbing School  
Mar 12, 14, 16, 17, 19, 21, 23
- 25 AMC Member Meeting
- 31 AMC Anniversary

## APRIL

- 3 Anchors School Instructor Meeting
- 6 Queen Creek Cleanup and Climb
- 8 AMC Board Meeting
- 9 Anchors School - Apr 9, 11, 13, 14
- 22 AMC Member Meeting

## MAY

- 6 AMC Board Meeting
- 20 AMC Member Meeting
- 25-27 Memorial Day Weekend - Alpine Climb
- 27 Memorial Day (Monday)

## JUNE

- 10 AMC Board Meeting
- 24 AMC Member Meeting - Swap Meet

## JULY

- Jul 4 Independence Day (Thursday)
- Jul 8 AMC Board Meeting  
(No Member Meeting in July)

## AUGUST

- 12 AMC Board Meeting
- 26 AMC Member Meeting

## SEPTEMBER

- 2 Labor Day (Monday)
- 9 AMC Board Meeting
- 10 Lead School - Sep 10, 11, 12, 14, 15
- 23 AMC Member Meeting
- 28 Grand Canyon Clean Up

## OCTOBER

- 9 Basic Outdoor Rock Climbing School  
Instructors Meeting
- 14 Columbus Day AMC Board Meeting
- 15 Basic Outdoor Rock Climbing School -  
15, 17, 19, 29, 22, 24, 26
- 28 AMC Member Meeting

## NOVEMBER

- 2 Queen Creek Cleanup and Climb
- 4 AMC Board Meeting
- 6 Anchors School Instructor Meeting
- 11 Veterans Day (Monday)
- 12 Anchors School - Nov 12, 14, 16, 17
- 18 AMC Member Meeting –Activities Expo
- 28 Thanksgiving at Joshua Tree

## DECEMBER

- 2 AMC Board Meeting
- 7 Alpine Rock Seminar
- 13 Holiday Party

# Billboard- Other Scheduled Events

*Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.*

*AMC is also on meetup. For official and unofficial outings go to:*

*<http://www.meetup.com/Arizona-Mountaineering-Club/>*

- Tuesdays      **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465
- Wednesdays    **Ape Index Gym Climbing** - Rogil Schroeter (623) 512-8465
- Thursdays      **Phoenix Rock Gym Climbing** - AMC Members \$10 admission with ID card.  
Curtis Stone - Kim McClintic
- Feb 9            **Annual Superstition Ridgeline Hike:** Strenuous 13+ miles all-day-hike. More detail  
at: [http://kathysharp.freehostingcloud.com/announcements/hike\\_supesRidge.html](http://kathysharp.freehostingcloud.com/announcements/hike_supesRidge.html)  
If you wish to attend, please contact Rogil@cox.net or Bill.Fallon@cox.net before Feb 2.

## LEARN TO ICE CLIMB!

### AMC Beginning Ice Climbing Seminar Ouray, Colorado

AMC Mountaineering presents Beginning Ice Climbing Seminar at the world famous Ouray Ice Park in Ouray, Colorado, March 8-11, 2013. Learn to ice climb in the “little Switzerland” of the Rocky Mountains. Instruction will focus on standard ice climbing equipment and its use, proper technique (body positioning, footwork, tool placement), and belaying and rappelling for ice climbers.

Cost: \$80. Includes group climbing equipment (ropes, etc.), use of AMC ice tools and crampons.

Participants must provide helmet, harness, belay/rappel device, personal anchors, cold weather clothing/gear, and crampon compatible mountaineering boots. (Boots are available for rent at Ouray Mountain Sports, limited supplies). A complete gear list will be provided to participants. Participants must have taken AMC Outdoor Rock School or equivalent.

Participants will share transportation and lodging costs in Ouray. Participants are responsible for all meals and incidentals.

**Deadline – sign up by February 1, 2013.** Limit is 4.

Contact Bruce McHenry at [bamchenry@att.net](mailto:bamchenry@att.net) to register or for questions.

[amcaz.org](http://amcaz.org) 18





**We've got room!**



**We can even put our tents on the floor now!**



# OUTDOOR ROCK CLIMBING

## FOR THE BEGINNING OUTDOOR CLIMBER



Instruction provided by  
**The Arizona Mountaineering Club**

During the 4 evening and 3 weekend day sessions, you will learn:

**The Basics of Climbing Equipment, Climbing Technique,  
Knots, Rappelling, Belaying, & Self-Rescue.**

The class fee of \$195, plus \$30.00 membership for the remainder of the year (\$35.00 for families), covers equipment provided by the AMC and equipment that you get to keep including: a belay/rappel device, carabiners, prusik cords, climbing text and AMC membership for the remainder of the year.

To register online, go to:

[www.amcaz.org/basic.asp](http://www.amcaz.org/basic.asp)

**Class Size is Limited to 40 - Reserve your spot now!**

For additional information, contact Eric Evans  
[AMCBasicSchool@gmail.com](mailto:AMCBasicSchool@gmail.com), or visit our website at:

**[www.amcaz.org](http://www.amcaz.org)**



**By the 3rd Class  
You will be  
climbing  
outside!**

### **Spring 2013 - Class Schedule**

March 12 - Tue - 5:30 PM - 10:00 PM  
March 14 - Thu - 6:00 PM - 10:00 PM  
March 16 - Sat - 8:00 AM - 5:00 PM  
March 17 - Sun - 8:00 AM - 5:00 PM  
March 19 - Tue - 6:00 PM - 10:00 PM  
March 21 - Thu - 6:00 PM - 10:00 PM  
March 23 - Sat - All Day - Grad Climb

### **AMC Members Enjoy**

- Basic to advanced rock climbing training
- Periodic meetings and outings
- Special Annual Events:
- Grand Canyon Cleanup
- Thanksgiving at Joshua Tree NP
- Camaraderie with other climbers
- The Arizona Mountaineer newsletter