

A full-page photograph of a person ice climbing a massive, textured ice wall. The climber is positioned in the lower right quadrant, reaching up with their right arm. They are wearing a dark long-sleeved shirt, dark pants, and ice climbing boots. A rope is visible extending from the top of the frame down to the climber. The background is a clear blue sky.

The Arizona Mountaineer

April 2013

**Bruce McHenry climbing
a route at the ice park in
Ouray, CO
more on page 10
photo: Al Potter**

The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center
1700 North Granite Reef Road
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
PO Box 30163
Mesa, AZ 85275-0163

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

BOARD OF DIRECTORS

| | | |
|----------------|----------------------|--------------------------|
| President | Bill Fallon | 602-996-9790 |
| Vice-President | John Gray | 480-363-3248 |
| Secretary | Erik Filsinger | smorefil@aol.com |
| Treasurer | Thad Colgrove | 602-795-2167 |
| Director-2 | Eric Evans | 602-218-3060 |
| Director-2 | Cheryl Beaver | cherylbeaver@cox.net |
| Director-2 | Douglas Matson | douglas.matson@gmail.com |
| Director-2 | Gavin Storey | gavinxd@yahoo.com |
| Director-1 | David Arthur Sampson | dasampson@gmailcom |

COMMITTEES

| | | |
|----------------|-----------------|----------------------|
| Archivist | Jef Sloat | 602-316-1899 |
| Classification | Nancy Lust | 602-770-8326 |
| Climbing Shoe | | |
| Rental | Linda Locke | 602-371-9300 |
| Elections | John Keedy | 623-412-1452 |
| Equip. Rental | Bruce McHenry | 602-952-1379 |
| Email | Jeff Crosby | amcazemail@gmail.com |
| Land Advocacy | Erik Filsinger | smorefil@aol.com |
| Co-Chair | John Keedy | 623-412-1452 |
| Librarian | David McClintic | 602-885-5194 |
| Membership | Erin Matson | 480-818-9306 |
| Mountaineering | Bruce McHenry | 602-717-8956 |
| Newsletter | Cheryl Beaver | cherylbeaver@cox.net |
| Outings | Dave McClintic | 602-885-5194 |
| Programs | Kim McClintic | 480-213-2629 |
| Technology | Steve Crane | 480-812-5447 |
| Trng & Schools | Bill Fallon | 602-996-9790 |
| ORC | Bill Fallon | 602-996-9790 |
| Anchors | Eric Evans | 602-218-3060 |
| Lead | Mike Knarzer | 602-751-1701 |

The AMC Land Advocacy Committee: The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at smorefil@aol.com.

Newsletter: The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at SHarnage@aol.com. All submissions are subject to approval by the AMC newsletter committee: *Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich.*

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Lust at (602) 770-8326.

Outing Leader

Contact Info

| | |
|-----------------------|--|
| Steven Crane | 480-812-5447 stevencrane@live.com |
| Eric Evans | 602-218-3060 eae100@yahoo.com |
| Bill Fallon | 602-996-9790 bill.fallon@cox.net |
| Erik Filsinger | smorefil@aol.com |
| John Keedy..... | 623-412-1452 jwkeedy@cox.net |
| Mike Knarzer | 602-751-1701 thrashndangle@gmail.com |
| David McClintic..... | 602-885-5194 david.mcclintic@cox.net |
| Bruce McHenry..... | 602-717-8956 bamchenry@att.net |
| Chris Meyer | Sun2stone@cox.net |
| Jeff Nagel..... | 602-318-9538 azfreedheart@yahoo.com |
| Rogil Schroeter | 623-512-8465 rogil@cox.net |
| Curtis Stone..... | 602-370-0786 curtis_j_stone@yahoo.com |
| Frank Vers | 480-947-9435 climbrox@gmail.com |

Treasurer's Report
postponed pending
transfer of files

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Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 www.hikingshack.com. Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

MAY NEWSLETTER SUBMISSION DEADLINE: APRIL 1ST

Welcome New Members!

Eric Brown, Corrina & Adam Sprenger, Kimberly & George Denny, Jeremiah (JT) Moree, Jacqueline Hunter, DJ Zor, Jason Dolence, Jeff Reisinger, Mark Hughes, Sigifredo Hernandez, Daniel & Christine Panopio, Yuko Maeda, Rob Zmudzinski, Narayana Moorthy Harikrishnan, Jennifer Steyer, Lynn Bufka, John Turoczi, Susana Casanova, Deborah Roether, Colleen Yates, Tevor Boswell, Wes Plumb

April Birthdays

Eric Brown 1, Thomson Kirsch 3, April Haradji 4, Mike Knarzer 8, Julie Sharp 9, Christopher Canevit 10, Stephanie Furniss 10, Gretchen Hawkins 10, Cheryl Clarkin 12, Peter Niemczyk 12, Pat Sculley 12, Geoff Cooley 13, Jeff Watkins 15, William Bucur 17, David McClintic 17, Cindy Yuen 17, Jesse Rutherford 17, Michelle Pashia 18, Erik Filsinger 21, Larry Goodwin 22, Chris Humphreys 22, Randi Folwell 25, Merlin Repp 25, David Everett 26, Frances Everett 26, Braden Niemczyk 29

AMC Board Minutes - March 11, 2013

Call to order: Bill Fallon called the meeting to order at 7:04 p.m.

Board Members present: Bill Fallon, Cheryl Beaver, David Sampson, Douglas Matson, Eric Evans, Erik Filsinger, Gavin Storey, John Gray, Thad Colgrove

Minutes: The Minutes of the February 11, 2013 Board meeting were approved as published.

Treasurer's Report: Treasurer's Report postponed pending transfer of files.

Committee Reports:

Membership – The roster has been cleaned of unpaid members and the paid membership stands at 203. Erin Matson will send out membership renewal postcards to lapsed members since 2010.

Programs – No report.

Outings/Activities – In the Recent Past, outings were held to: Lead School – Feb. 12, 13, 14, 16, 17 – Mike Knarzer; Ice Climbing Outing (Ouray) – Feb. 15-18 – Bruce McHenry; The Refuge Outing (Faulty Towers) – Feb. 23 – David Sampson and Frank Vers; Timezone Wall – Feb. 24 – Curtis Stone & Douglas Matson; Beginning Ice Climbing Seminar (Ouray) – Mar. 8-11 – Bruce McHenry

Upcoming activities include: Basic ORC School – Mar. 12,14,16,17,19,21,23 – Bill Fallon; Spiderwalk – March 16 – Douglas Matson and Frank Vers; AMC Birthday Party & Climb – Mar. 30 – Erik Filsinger, Kim McClintic; AAC/AMC Stewardship – McDowells – April 6; QC Cleanup and Climb – April 6 – Dave McClintic and Tiina & John Perlman; Anchors School – April 9,11,13,14 – Eric Evans

Land Advocacy – Erik gave a preview of the registration process that will be required to climb on Resolution Copper's private property. He also discussed access items in Scottsdale and Phoenix. He will work with the City of Scottsdale to obtain good climber access to Little Granite Mountain.

T & S – Bill discussed the upcoming schools. Erik lead a discussion concerning the club's Advanced Climbing Seminars. He will work with Cheryl Beaver to present his Self-Rescue Seminar. David Sampson and some friends will begin outlining a potential Solo Rock Climbing Seminar. The Advanced Climbing Seminars will function best if it has one or more overall leaders who can line up the specific Seminars. The Board is interested in finding qualified individuals for this role.

AMC Board Minutes - March 11, 2013 (cont)

Newsletter Committee – Cheryl indicated that the upcoming newsletter is in process.

Technology Team - Steven/Curtis/Eric – no report

New Business

Queen Creek Clean-Up T-Shirts – The idea of having t-shirts paid for by the participants in the Queen Creek Clean-Up was presented. Bill will discuss with Tiina Perlman.

Archiving and Maintenance of Club Records – Bill discussed the need to decide what and how official club records should be maintained. Further research will be conducted. Erik will obtain some models from other non-profits.

Old Business

Outing Leader Dues Waivers - Douglas Matson continued the discussion of potential improvements to the club policies and procedures regarding dues waivers for outing leaders. A motion was made to rescind the policy. After seconding and subsequent discussion, the motion was withdrawn. Potential avenues for obtaining OL input will be pursued. The issue will be brought back at a future board meeting.

Outing Leader Apprentice Process - The sub-committee chaired by David McClintic will report back to the Board at a future board meeting.

AMC Canyoneering Interest Group - Bill reviewed the prior discussion and stated the need for a “lead person” who can move this topic forward within the AMC structure. This will be a topic for discussion at a future Board meeting.

Club Docs – Bill is continuing this project.

Adjourn

The meeting was adjourned at 9:20 p.m.

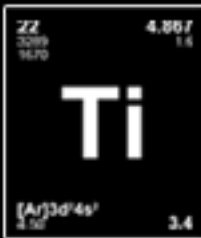
AMC Member Meeting

April 22, 2013

7:00 PM

Mike Knarzer
presents

the



Thaitanium Project

The Thaitanium Project is a non-profit effort dedicated to providing and installing titanium climbing bolts throughout Thailand. Due to a rare convergence of environmental conditions and minerals contained within the rock itself, Thailand's existing bolts have experienced grossly accelerated metal fatigue and oxidation, leading to unsafe climbing conditions and a substantial increase in the risk associated with climbing many of the popular routes.

Please join Mike for a viewing of this brief but entertaining, scenic, and informative documentary. He will give a short intro before, and answer any questions after.

Donations are highly encouraged.

For more information on this project, go to:

<http://thaitaniumproject.com>

Granite Reef Senior Center • 1700 N. Granite Reef Rd., Scottsdale

For questions or information about this program, contact Kim at *canyonkim@gmail.com*

“Always have a plan C” – Climbing at Morrell’s wall parking lot

We have come to realize during our outdoor climbing adventures that we should always



High five for Karen and Carole

have a plan B. Changing route access, indecipherable approaches, and inclement weather have all conspired to cause us to change our plans at the last minute. After a recent climbing experience, it became clear that sometimes even having a plan B isn’t enough.

The original plan was to head over to Lost Bandana wall in the Little Granite Mountain area North of Scottsdale. We hadn’t been there in a while and thought it might be fun to see how well our skills had progressed since the AMC basic school class.

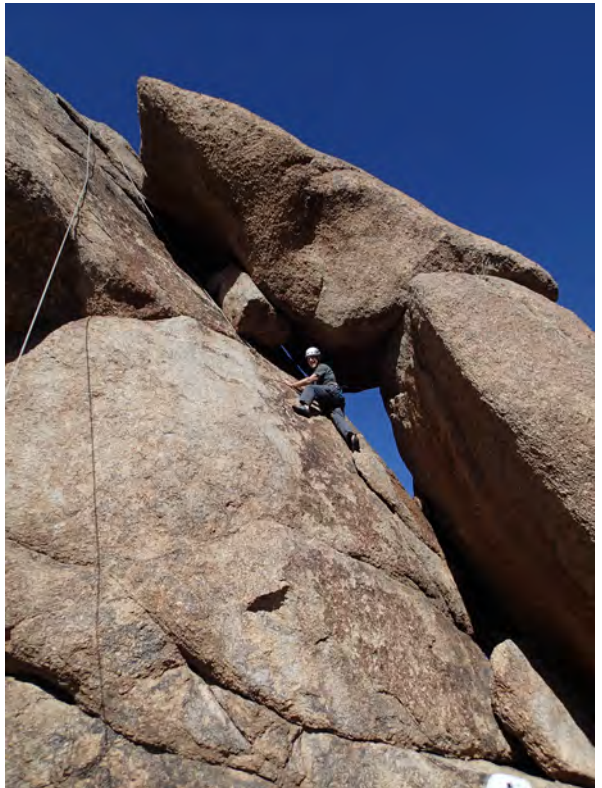
We headed north on 136th street towards the powerline road. If you haven’t been to Little Granite Mountain in a while, you’ll be interested to know this once dirt road is now paved, with custom homes all along its East side. Unfortunately, when we arrived at the powerline road, the once open road has now been closed with a locked gate. Recently this

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area was acquired by Scottsdale and became part of the McDowell Sonoran preserve, so it is not surprising that official access to this area is not yet settled. It was time for plan B.

We backtracked to 118th street, as this used to be an alternate entrance to the Little Granite Mountain area. Not surprisingly, this entrance was also barred by a locked gate. It was time for plan C. We decided to head for the McDowell mountain range and Morrell’s wall.

After turning south on 128th street and driving a few miles, our first surprise was the new Tom’s Thumb trailhead. The new trail-



Chuck on 'Back to the wall (5.8)'

continued on page 9

head sports a restroom, maps, and an enormous parking area. On a lovely Saturday in late February, it was clear that the existence of this new trailhead was no secret, as there were dozens of cars in the parking lot. There's even a map of the climbing areas, complete with trail access instructions. If you haven't climbed (or hiked) in the McDowell Mountains in a while, it's worth a revisit to this area.

Our destination was the Morrell's wall parking lot climbs. This area was named due to its proximity to the previous parking area. However, access now requires a 10 minute hike along easy to follow trails (complete with trail junction signs). Much effort has been undertaken to hide any evidence that there was a parking area at the base of the wall. I can imagine that someday future Arizona climbers will wonder why 'parking lot' was ever included in the name of this climbing wall.

After arriving we set up top ropes on "7 up" (5.7), "Lost" (5.8), and "Back to the Wall" (5.7). "7 up" was my favorite, since it features thin hand holds but excellent feet. It really requires you to trust your magic climbing



Susan finishing 'Back to the wall (5.7)' with Suzanne on belay

shoes and confidently weight them. Others on our team enjoyed "Back to the Wall", which required a mix of face climbing and chimney technique.

To be clear, there still appears to be rock climbing access to Little Granite Mountain for hikers and mountain bikers from the 136th street entrance, but be prepared for a much longer approach than you may have been used to before the road closure. I am hopeful that the wonderful trail maintenance and sign placement done by the AMC and Access Fund volunteers on the McDowell Mountain climbing areas could be repeated for the Little Granite mountain area.

~Scott Frankel



The new Tom's Thumb trailhead

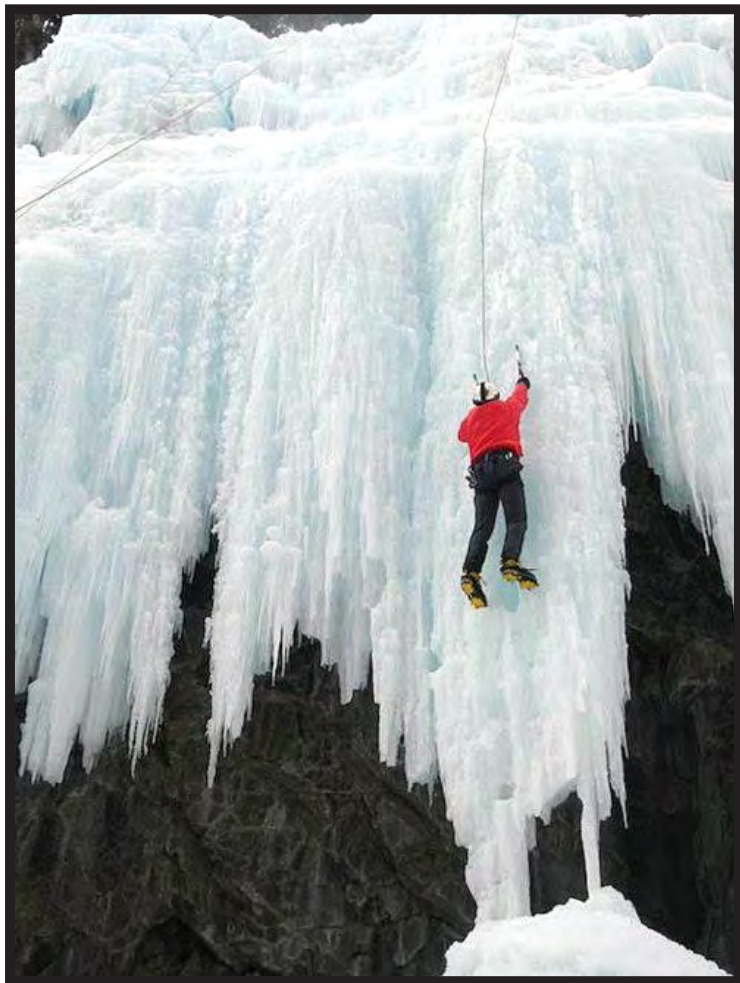
AMC

Ice Climbing in Ouray, Colorado

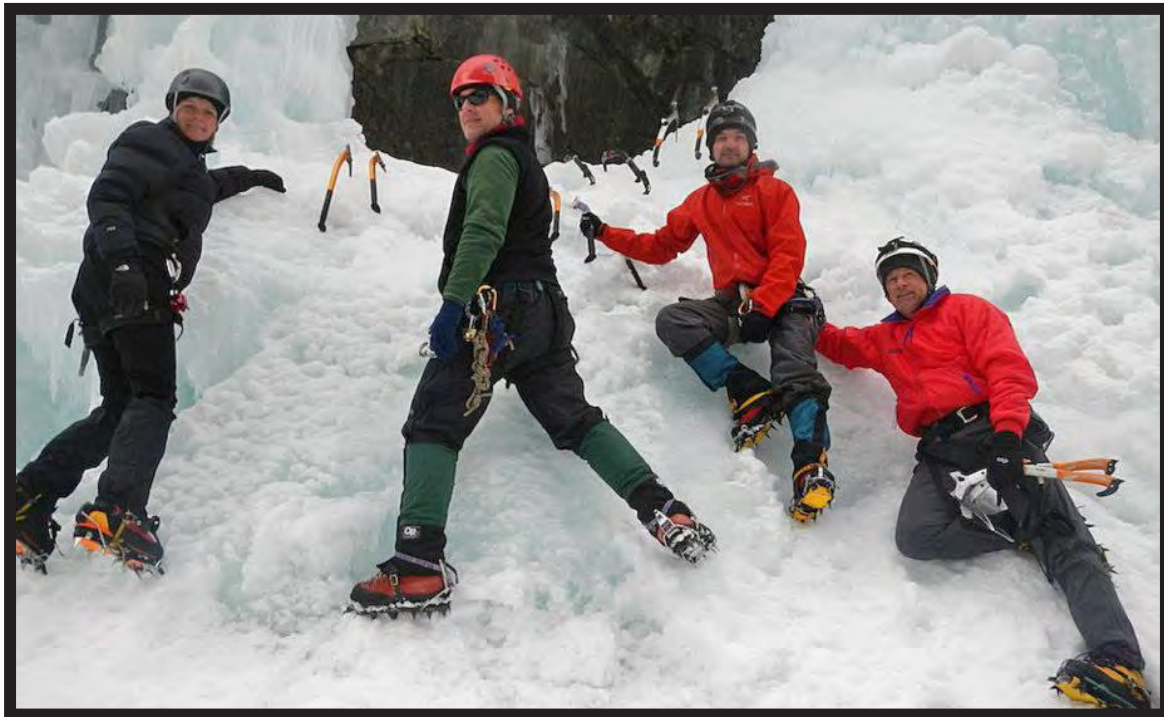
February 15-18, 2013

Participants: Bruce McHenry, Gavin Storey, Mark Christiani, Laura Howey, Al Potter

Photos courtesy of Al Potter



From CW: 1) Al checking out a new route 2) Mark and Gavin 3) Mark's first time climbing ice...took him a while to get the hang of it...like maybe 10 seconds max....



Top: Just about ready to call it a day. Bottom: Dinner time at Ouray Brewing Company before heading off to the hot springs Sunday night ...Bruce, Al, Laura, Angela, Gavin and Mark...

AMC'S BI-ANNUAL QUEEN CREEK CLEAN-UP & CLIMB

Please Join Us In Some Good Clean Fun!

Saturday, April 6th 2013



For many years, AMC has maintained a small section of Route 60 near the Oak Flats campground and the amazing Queen Creek climbing area. Tiina and John Perlman will be heading up the clean-up activity and David McClintic is the climbing outing leader.

For more details and to RSVP to this event go to AMC's Meetup group at:

<http://www.meetup.com/Arizona-Mountaineering-Club/>

For more information contact

Dave McClintic at david.mcclintic@cox.net or Tiina Perlman at finkati@yahoo.com



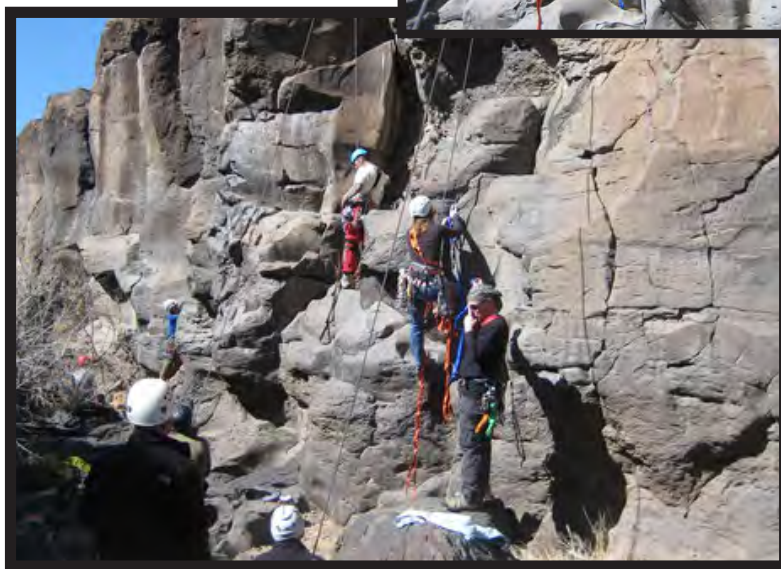
Congratulations Lead School Graduates

Students

David Anderson
Anthony Cadorin
David Chan
Mal Hooper
Paul Laughlin
Thomas Loeff
Chara Price
Jose Sosa
Alex Taylor

Instructors

Mike Knarzer
Chelsea Beechel
David Cameron
Bill Fallon
Jacob Hancock
Mike Lust
Nancy Lust
Douglas Matson
Erin Matson
Rogil Schroeter
Curtis Stone



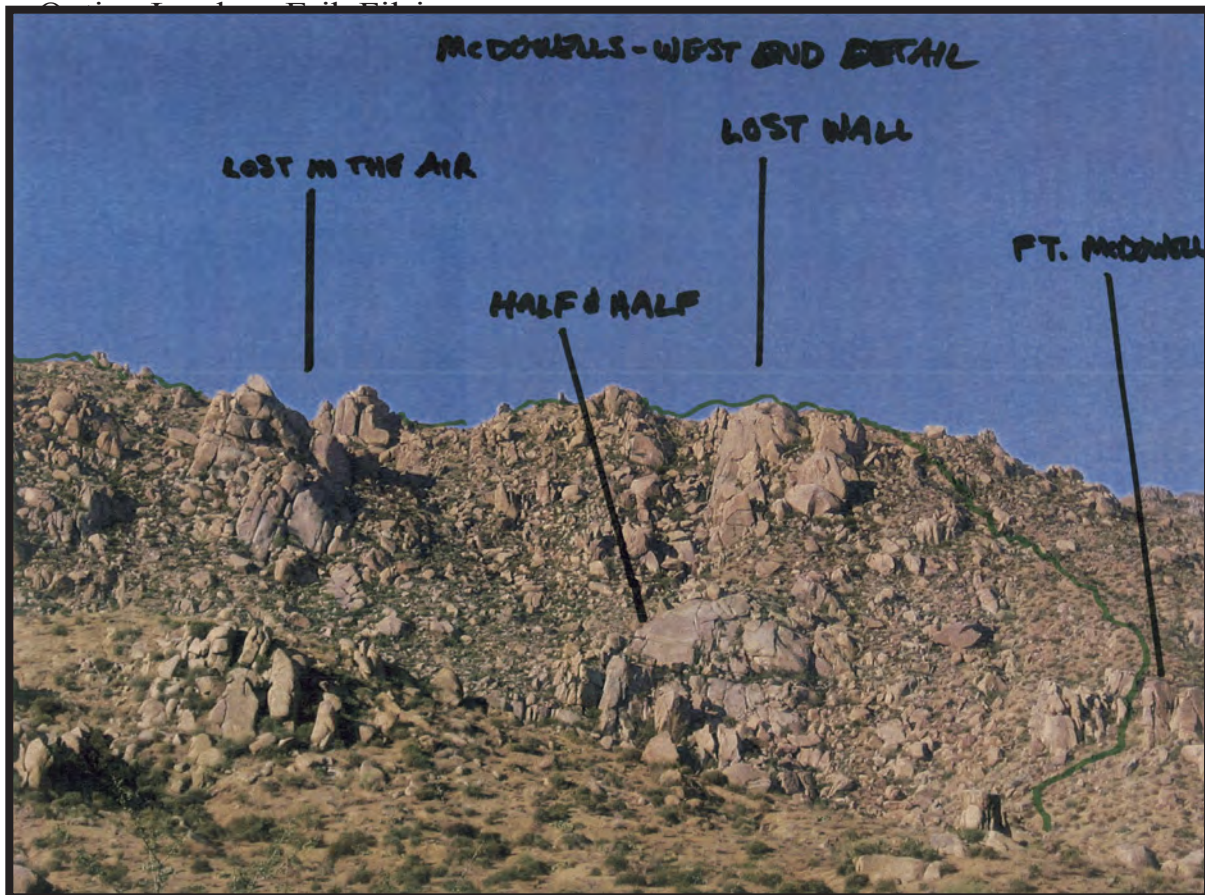
Photos: Erin Matson

Stewardship Day

April 6, 2013

Join with fellow AMC members, as well as members of the Arizona Section of the American Alpine Club, in a Adopt-A-Crag Day in the McDowell Sonoran Preserve. We will be maintaining the Climber Access Route from the Fort McDowell crag up to Half and Half Wall and Lost Wall. We will also be installing trail signs obtained from a grant the AMC received from the Access Fund. The half day of work will be followed with climbing at Half and Half Wall and Fort McDowell.

For details and to sign up, please visit the AMC Meet-Up site at <http://www.meetup.com/Arizona-Mountaineering-Club/events/104248802/>





**SAVE
THE DATE
SEPTEMBER 28-29
2013**

**DON'T MISS
AMC'S ANNUAL
GRAND
CANYON
CLEAN-UP, CLIMB
& CHILI COOK-OFF**



AMC 2013 Calendar

APRIL

3 Anchors School Instructor Meeting
6 Queen Creek Cleanup and Climb
6 McDowell Trail Maintenance
8 AMC Board Meeting
9 Anchors School - Apr 9, 11, 13, 14
22 AMC Member Meeting

MAY

6 AMC Board Meeting
20 AMC Member Meeting
25-27 Memorial Day Weekend - Alpine Climb
27 Memorial Day (Monday)

JUNE

10 AMC Board Meeting
24 AMC Member Meeting - Swap Meet

JULY

Jul 4 Independence Day (Thursday)
Jul 8 AMC Board Meeting
(No Member Meeting in July)

AUGUST

12 AMC Board Meeting
26 AMC Member Meeting

SEPTEMBER

2 Labor Day (Monday)
9 AMC Board Meeting
10 Lead School - Sep 10, 11, 12, 14, 15
23 AMC Member Meeting
28 Grand Canyon Clean Up

OCTOBER

9 Basic Outdoor Rock Climbing School
Instructors Meeting
14 Columbus Day AMC Board Meeting
15 Basic Outdoor Rock Climbing School -
15, 17, 19, 29, 22, 24, 26
28 AMC Member Meeting

NOVEMBER

2 Queen Creek Cleanup and Climb
4 AMC Board Meeting
6 Anchors School Instructor Meeting
11 Veterans Day (Monday)
12 Anchors School - Nov 12, 14, 16, 17
18 AMC Member Meeting –Activities Expo
28 Thanksgiving at Joshua Tree

DECEMBER

2 AMC Board Meeting
7 Alpine Rock Seminar
13 Holiday Party

Billboard- Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.

*AMC is also on meetup. For official and unofficial outings go to:
<http://www.meetup.com/Arizona-Mountaineering-Club/>*

Tuesdays **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465

Wednesdays **Ape Index Gym Climbing -** Rogil Schroeter (623) 512-8465

Thursdays **Phoenix Rock Gym Climbing -** AMC Members \$10 admission with ID card.
Curtis Stone - Kim McClintic

May 4 **Salome canyon:** Short (5 mile) canyoneering trip. Hot hike, icy swims, slippery footing, bouldering & one rappel. Contact Rogil@cox.net or 623-512-8465.



We've got room!



We can even put our tents on the floor now!



AMC Anchors School: Spring 2013

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

| | |
|-----------|---|
| Tuesday: | Learn anchor components, anchor types, knots and hitches. |
| Thursday: | Learn anchor system characteristics and construction. |
| Saturday: | Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision. |
| Sunday: | Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing. |

Class schedule:

| | | | |
|----------|----------|-----------------|--|
| April 9 | Tuesday | 6:00 pm–9:30 pm | *Scottsdale Cactus Park |
| April 11 | Thursday | 6:00 pm–9:30 pm | Scottsdale Cactus Park |
| April 13 | Saturday | 8:00 am–4:00 pm | Climbing area to be announced during class |
| April 14 | Sunday | 7:00 am–5:00 pm | Climbing area to be announced during class |

***Cactus Park is located on the northeast corner of Cactus Rd. and Scottsdale Rd in Scottsdale.**

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$95 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2013. Register by the Paypal link on the website (<http://www.amcaz.org/anchorsRegistration.asp>) or if you need to send a check you can contact Nancy Lust amcanchorsschool@gmail.com for the address. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Lust by email: Anchors.School@amcaz.org for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4', 6', 10' 6mm prusiks (untied length)
- 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
- 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.

(The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.