

The Arizona Mountaineer

October 2013



A Grand Adventure - Climbing Grand Teton
Story on page 15 by Scott Frankel
Cover- Clouds over the Middle Teton
(Inset) Our crew in front of the Teton range
(L to R) Susan, Suzanne, Scott, Karen



The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center
1700 North Granite Reef Road
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
PO Box 30163
Mesa, AZ 85275-0163

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

The AMC Land Advocacy Committee: The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at smorefil@aol.com.

Newsletter: The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at SHarnage@aol.com. All submissions are subject to approval by the AMC newsletter committee: *Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich.*

BOARD OF DIRECTORS

President	Bill Fallon	602-996-9790
Vice-President	John Gray	480-363-3248
Secretary	Erik Filsinger	smorefil@aol.com
Treasurer	Thad Colgrove	602-795-2167
Director-2	Eric Evans	602-218-3060
Director-2	Cheryl Beaver	cherylbeaver@cox.net
Director-2	Douglas Matson	douglas.matson@gmail.com
Director-2	Gavin Storey	gavinxd@yahoo.com
Director-1	David Arthur Sampson	dasampson@gmail.com

COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Lust	602-770-8326
Climbing Shoe		
Rental	Linda Locke	602-371-9300
Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
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Trng & Schools	Bill Fallon	602-996-9790
ORC	Bill Fallon	602-996-9790
anchors	Eric Evans	602-218-3060
Lead	Mike Knarzer	602-751-1701

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Lust at (602) 770-8326.

Outing Leader

Contact Info

Steven Crane	480-812-5447 stevencrane@live.com
Eric Evans	602-218-3060 eae100@yahoo.com
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Erik Filsinger	smorefil@aol.com
John Keedy.....	623-412-1452 jwkeedy@cox.net
Mike Knarzer	602-751-1701 thrashndangle@gmail.com
Douglas Matson	480-648-3009 douglas.matson@gmail.com
David McClintic.....	602-885-5194 david.mcclintic@cox.net
Bruce McHenry.....	602-717-8956 bamchenry@att.net
Chris Meyer	Sun2stone@cox.net
Jeff Nagel	602-318-9538 azfreedheart@yahoo.com
Rogil Schroeter	623-512-8465 rogil@cox.net
Curtis Stone.....	602-370-0786 curtis_j_stone@yahoo.com
Frank Vers	480-947-9435 climbrox@gmail.com

Treasurer's Report

Arizona Mountaineering Club

Income Statement

Period Ended August 2013

INCOME

Advertising	0.00
Dues	4,275.00
Grants Received	0.00
Interest	22.45
Mountaineering Schools	1,190.00
Rental Equipment	233.00
AARS Fall	190.00
AARS Spring	2,090.00
Basic Fall	585.00
Basic Spring	5,380.00
Lead Fall	760.00
Lead Spring	760.00
Training Other	5.00
Merchandise & Other	1,862.00
TOTAL INCOME	17,352.45

EXPENSES

Admin	1,686.54
Promotional	1,526.86
Bank chgs	417.22
Capital Expenditures	0.00
Equipment Maintenance	27.61
Grants Expended	0.00
Insurance	0.00
Land Advocacy Committee	75.70
Library	0.00
Newsletter	810.13
Outings	73.59
Outing Leaders	250.00
Programs Monthly Meeting	2,014.94
Training	5,183.67
TOTAL EXPENSES	12,066.26

OVERALL TOTAL **5,286.19**

ACCOUNT BALANCES

Checking & PayPal	20,647.01
Accounts Receivable	0.00
CD Account	15,000.00
TOTAL CASH ASSETS	35,647.01
AMC Outing Gear	0.00
OVERALL TOTAL	35,647.01

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Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 www.hikingshack.com. Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

NOVEMBER NEWSLETTER SUBMISSION DEADLINE: OCTOBER 1ST

Advanced Rock Climbing Seminars

On behalf of the AMC—and the AMC Board, in particular—I am excited to announce the initiation of an advanced rock climbing series seminar program. As chair of this program I would like to invite all AMC members to provide suggestions for seminars that you, personally, would like to see implemented. This could include crack climbing techniques, multi-pitch tips, sport climbing skills, to name a few. Please email suggestions to dasampson@gmail.com. I will also provide an opportunity for you to express your interests for a seminar at our monthly meetings.

Our first scheduled seminar will be two one-day seminars on Self Rescue. This class will offered by Erik Filsinger with the help of Cheryl Beaver and will be held on 9 November and again on 10 November, 2013. Please contact Erik at smorefil@aol.com for more information.

Submitted by: David Arthur Sampson
amcaz.org 4



AMC Board Minutes - September 9, 2013

Call to order: Bill Fallon called the meeting to order at 7:00 p.m.

Board Members present: Cheryl Beaver, Bill Fallon, Douglas Matson, David Sampson, Erik Filsinger, Gavin Storey, John Gray, Thad Colgrove

Board Members absent., Eric Evans

Committee Chairs present: David McClintic

Minutes: The Minutes of the **August 12, 2013** Board meeting were approved as published.

Treasurer's Report: Treasurer's Report for August was approved.

Committee Reports:

Membership – The current number of dues paid members stands at 259.

Programs – Kim McClintic submitted a written report concerning upcoming member meeting programs.

Outings –Recent past activities included: “Rock Climbing 101” clinics at REI – 8/13 Tempe, 8/14 PV – Bill Fallon, GC Clean-up training sessions, 8-24 and 9-7 – John Gray, Alpine Seminar Series – September 4 – Erik Filsinger and Jeff Crosby

Upcoming activities include: Lead School – Sept.10,11,12,14,15 – Mike Knarzer, Grand Canyon Clean-Up, Sept 28,29 – John Gray, Alpine Seminar Series October 2 – Jeff Crosby.

Erik Filsinger and David McClintic will discuss the 2013 Outing Leader Activity report and decide responsibilities for completing.

Land Advocacy – Erik gave an update on the QCC and of work with the City of Scottsdale.

Mountaineering – Erik reviewed activities that will be offered by the Mountaineering Committee. These include an Alpine Seminar Series to be held monthly and led by Jeff Crosby. Other activities include monthly offerings of Alpine Rock, Winter Camping, Ice Climbing, Glacier Travel and Snow Skills, and mountain climbs beginning in December.

T & S – Bill reviewed the Fall rock climbing schools.

Newsletter Committee – Cheryl gave a brief report on this newsletter for this month.

Technology Team – No report (see Web Site Update below).

AMC Board Minutes - September 9, 2013 (cont)

New Business

Board openings - The Board discussed potential Board member openings and procedures for filling them at the next Member meeting.

Canyoneering Committee – Bill and Erik discussed options for the AMC formation of a Canyoneering Committee. It was moved, seconded and approved to:

1. Form an AMC Canyoneering Committee modeled on the AMC Mountaineering Committee.
2. Appoint Matt Kalina as the Chair of the new AMC Canyoneering Committee with the first assignment to be to develop policies and procedures for his committee.

Reel Rock Tour Film presentation – The Board voted to sponsor a table at the film showing to occur September 26

Archive Policy and Procedure – The Board approved the archive policy and procedure as amended.

Email procedure – The Board approved the email procedure as submitted.

Holiday Party – Curtis Stone will host the AMC Holiday Party

Old Business

AMC 50th Birthday Party - Erik discussed some options for the AMC's 50th Birthday Party next year with the Board. He will include an item in the 2014 budget for some activities to make it special.

OL apprentice process – The ad-hoc committee of David McClintic, David Sampson, and Douglas Matson provided a proposal for new OL qualification & outing docs. The Board discussed these documents and the excellent work produced so far. After the comments it was decided that a revised report and recommendations will be presented at a future Board meeting.

Adjourn

The meeting was adjourned at 9:00 p.m.

Respectfully submitted by Erik Filsinger, AMC Secretary

AMC

Member Program

Monday, October 28th

Kurt Gusinde and his “Summit Dream” Denali (Mt. McKinley) Mountain of Extremes

Mountain climber and adventurer, Kurt Gusinde shares video and slides from his expedition to the highest peak in North America – Denali, at a height of 20,320 feet. From top to bottom, Denali rises nearly 18,000 feet – an elevation gain unsurpassed anywhere in the world. Denali is a mountain of extreme conditions: 100 mph winds and -40 degree temperatures or quite hot with sunshine lasting up to 20 hours a day.

For over 25 years, Kurt has climbed numerous North American peaks as well as several of the highest peaks around the world. His “Summit Dream” is to continue to climb the highest peak on each continent and complete his goal of climbing the 16 major glaciated peaks in the Northwest.

Guests are welcome. Please join us
at Granite Reef Senior Center
1700 N. Granite Reef Rd., Scottsdale

*If you have questions, contact Kim McClintic at (480) 213-2629 or
email canyonkim@gmail.com. RSVP on meetup
<http://www.meetup.com/Arizona-Mountaineering-Club/>*



AMC Climbing Anchors School - Fall 2013

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Learn anchor components, anchor types, knots and hitches.
Thursday: Learn anchor system characteristics and construction.
Saturday: Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.
Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Nov. 12	Tuesday	6:00 pm–9:30 pm	* Scottsdale Cactus Park
Nov. 14	Thursday	6:00 pm–9:30 pm	Scottsdale Cactus Park
Nov. 16	Saturday	7:00 am–4:00 pm	Sullivan’s Canyon, Chino Valley
Nov. 17	Sunday	9:00 am–5:00 pm	Promised Land, Chino Valley (Weather permitting)

*** Cactus Park is located on the northeast corner of Cactus Rd. and Scottsdale Rd in Scottsdale.**

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$95 plus membership if not already a member (\$30 for an individual and \$35 for a family). Full Membership is good through the end of next year - 2014. Register by the Paypal link on the website (<http://www.amcaz.org/anchorsRegistration.asp>) or if you need to send a check you can contact Nancy Lust amcanchorsschool@gmail.com for the address. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Lust by email: amcanchorsschool@gmail.com for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4’, 6’, 10’ 6mm prusiks (untied length)
 - 2 ea 5’, 10’, 20’ slings (1” tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4’ sewn Spectra runners or equivalent)
 - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people’s gear. If you don’t know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D’s, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5’, two 15’ slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

AMC'S BI-ANNUAL QUEEN CREEK CLEAN-UP & CLIMB

**Please Join Us
In Some Good
Clean Fun!**

**Saturday
November 2nd**

For many years, AMC has maintained a small section of Route 60 near the Oak Flats campground and the amazing Queen Creek climbing area. Tiina and John Perlman will be heading up the clean-up activity. Stick around for some great climbing afterward. David McClintic is the climbing outing leader.



**You
never
know
what
you'll
find.**

**Cool Clean-Up
T-shirts Available
for \$10.00!**

For more details and to RSVP to this event go to AMC's Meetup group at:

<http://www.meetup.com/Arizona-Mountaineering-Club/>

For more information contact:

Tiina Perlman at ***finkati@yahoo.com*** or Dave McClintic at ***david.mcclintic@cox.net***



SAVE THE DATE

photo: C. Canevit

AMC Thanksgiving at Joshua Tree

Nov 26th - Dec 1st, 2012

Climb and Dine Joshua Tree Style

Bring a dish to share.

Group campsite reserved at Indian Cove

Sign-up on meetup

*[http://www.meetup.com/
Arizona-Mountaineering-Club](http://www.meetup.com/Arizona-Mountaineering-Club)*

*For additional information contact the event
host Tina Perlman at finkati@yahoo.com or
the outing leader Dave McClintic at [david.
mcclintic@cox.net](mailto:david.mcclintic@cox.net)*

AMC Mountaineering

Committee Activities

2013-2014

The Mountaineering Committee is planning some exciting activities this coming year. Check them out and sign up through the AMC Meet-Up site.



Alpine Seminar Series - The first Wednesday of each month. We kicked off the Alpine Seminar Series in September with a large group of AMC alpinists. Jeff Crosby will lead this informative series of talks based on Chapters from Mountaineering: Freedom of the Hills. Jeff is soliciting speakers to cover each evenings topics.

Alpine Rock Class - Saturday, December 7. Given that most mountain climbs have elements of rock climbing in the ascent, Erik Filsinger will share the keys to moving efficiently in the alpine environment over rock sections. It will be held in the Phoenix area.

Winter Camping Class - Saturday, January 11 to Sunday, January 12, 2014. Erik Filsinger will lead a trip to Mt. Humphreys that will focus on skills related to camping in the snow. It is hoped that sufficient snow will exist to practice alternative snow shelters and snow caves.

Beginning Ice Climbing - Saturday, February 15 to Monday, February 17 – Bruce McHenry will take AMC'ers to Ouray Ice Park to learn ice climbing.





photo: C. Beaver

Glacier Travel Class - Saturday, April 19 to Sunday, April 20 – Erik Filsinger will hold a snow skills, glacier travel, and crevasse rescue class on Mt. Humphreys.

Top Rope Ice Climbing Outing - Saturday, March 7 to Monday, March 10 – Bruce McHenry will lead an ice climbing outing to Ouray.



Colorado Mountain Climb - Saturday, May 24 to Monday, May 26 (Memorial Day Weekend)– Erik Filsinger will take an outing to Southwest Colorado to climb a mountain in practice for AMC alpinists pursuing other mountain climbs in 2014.



Submitted by Erik Filsinger
AMC Mountaineering Committee Chair

AMC Seeks Canyoneering Advisors

Are you an active canyoneer? Are you interested in the fascinating logistics of trip planning? Consider an exciting opportunity to apply your skills and experience to review trip plans for canyoneering treks announced through the Arizona Mountaineering Club.

Members of the brand-new AMC Canyoneering Committee will use their expertise to review trip plans, outing schedules, policies and procedures.

While technical canyoneering is a fast-growing adventure sport in the United States, the Grand Canyon State and nearby Southern Utah are two of the top regions in the world of canyoneering.

The AMC has recognized this growth and membership potential by branching out into programs featuring technical canyoneering, which have been among the most attended by both the canyoneering and climbing communities.

As a continued step in supporting the sport in the organization, the board of directors of the AMC established the Canyoneering Committee Sept. 9, 2013.

Please contact Matt Kalina, Chairman, AMC Canyoneering Committee, at MattKalina@yahoo.com.

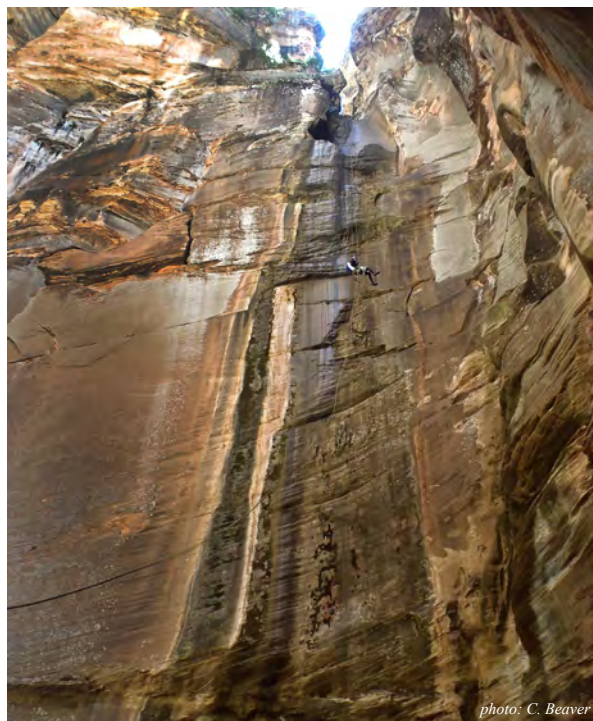


photo: C. Beaver

The big rappel at Sundance Canyon

Alpine Seminar Series 2013-2014

Arizona Mountaineering Club and American Alpine Club AAC – Arizona Chapter



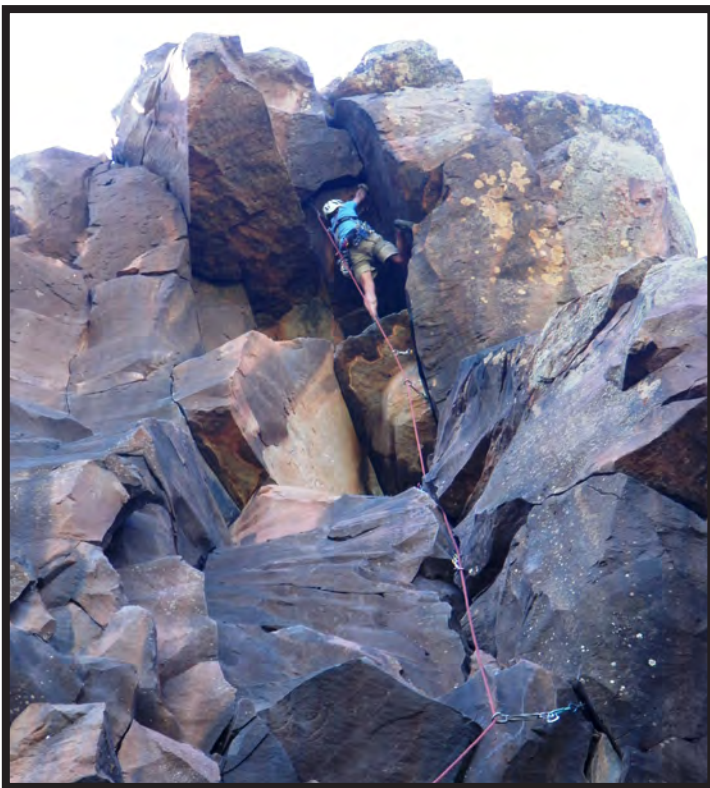
Come and join us for the Arizona Mountaineering Club and American Alpine Club Alpine Seminar Series. These seminars are open to anyone who is interested in learning about and discussing alpine climbing and mountaineering. These seminars are participant led presentations followed by an informal open discussion. Each month's seminar topic is selected from the book *Mountaineering: Freedom of the Hills*. This is an excellent opportunity to meet and learn from others with similar interests.

The meetings will be held the first Wednesday evening of each month. Individual topics will be announced through our Meetup site with details on the meeting location. Jeff Crosby, AMC and AAC member, will be coordinating the sessions sponsored by the AAC and the Mountaineering Committee of the AMC.

The next meeting will be held Wednesday, October 2, from 7:00 p.m. to 9:00 p.m. at 113 South Rockford Drive, Tempe, Arizona, 85281. Jeff will talk about clothing systems. Bring any gear that you would like to swap or sell.

The Overlook

We got a late start. Well, given the time of year it was not actually a late start at all. It was, after all, June 30, 2013 and reasonable hot in the Valley of the Sun. We timed our departure to arrive at the Overlook just as the wall was going into the shade. Well, we arrived at about 12:30 pm. It was a typical busy day there, with many tourists and clear skies. We were being lazy on that day so we decided to drop our gear off at the “curb” because (as usual) we were parking outside the gate. Of course, when you travel with Nestor, standard gear includes a cooler full of cold drinks and food. Faith and I waited while Nestor moved the vehicle to the spot across the street. After he returned we hauled the gear (including the cooler) to the bottom of the crag. Well, I need to say that Nestor hauled the cooler! I carried my pack. The sun was still on the wall when we got to the bottom. Should we wait? Faith said no, we should climb. So, we listened to her. Nestor geared up to lead Obediah. At least the start of the climb was in the shade and even portions higher up. The green Alien protected the lower thin moves; Nestor you missed that huge foot placement! No! Oh, cool. No worries. A yellow Alien enabled him to reach the ledge and the rest was cake. Nestor did great. It was the first time he lead that climb (Obediah, and its’ variation, are two of my favorites).

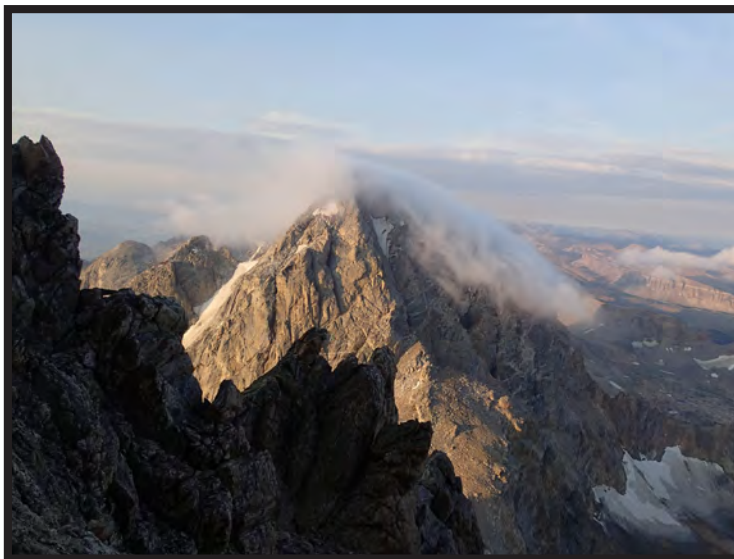


We moved on to Orange Out Direct (photo). It was my first time back to the climb since 2006. I was last on the route with Jody B. That information alone should tell you something about how long ago it actually was. I recall struggling on many of the moves (I was not a crack climber at that time! Am I now?), and deviating off to the right at the top to exit because I was uncomfortable with the bulge/ chimney top-out. Today, I was confident and not deterred. I geared up with my standard rack (Yosemite style, as Catherine would say—both of her habit of carrying plenty of gear, and mine—although, I do carry less gear now) cruising up to the bulge and finding a place to stop and rest. A #1 camalot placed lower in the crack, and then a #2 (placed higher) nicely protects the bulge sequence. I did not step left; many apparently do as determined by the amount of chalk on the rock, leaving the crack to find solace in the face moves. I kept to the crack, finding a couple of nice hand jams to pull up and over to gain the ledge above. Wow, that was a strong-arm move. I thought that the moves were rather strenuous for a 5.9. The “roofy” chimney moves are easily protected but a bit overhanging. Just the way I like it! All air; nothing to hit! Nestor took a few photos of me (apparently, I was unaware until he showed them to me). Hey! Aren’t you supposed to be belaying me! I finished the climb in good form and brought Nestor up. We did a couple of more climbs to finish the day. This was another awesome day at the Overlook.

~ David Sampson

A GRAND ADVENTURE – CLIMBING GRAND TETON

We started at the Lupine Meadow trail-head (6,732 ft) in the Grand Teton National Park, weighed down with heavy backpacks but buoyed by our excitement of the coming adventure. The seven mile, 4200 ft climb to our campsite would have been adventurous under any circumstances, but it took on a deeper importance in our overall goal to stand at the top of the Grand Teton. We were accompanied by the professionals of the Jackson Hole Mountain Guides as we hiked high above Bradley Lake and Taggart Lake towards Garnet Canyon. The trail up Garnet Canyon is a popular one, so we had plenty of company on a warm sunny day in August. It took us about seven hours of hiking to reach the permanent high camp of the Jackson Hole Mountain Guides company, known as High Camp. High Camp



Clouds over the Middle Teton



Middle Teton rises above High Camp

was at 11,000 ft, nestled between the Teton Glacier and the Middle Teton Glacier, with views of Disappointment Peak, the Middle Teton, and the Grand Teton. We spent the rest of the day admiring the views and intensely studying the face of the Grand Teton from our campsite. The peak of Grand Teton was a mere 1.5 miles away. The plan was to wake up at 3am to start our final push to the 13,775 ft summit. I wondered why would we need such an alpine start to walk 1.5 miles? We went to sleep early that night, eventually waking up to the sounds of rain on our tent at about 1am. The volume of rain convinced us that a summit try was highly unlikely, so we settled back to sleep. At 3am our guides woke us up, as the weather had cleared enough to try to summit. On

the trail by 4am, we put on our head lamps and started towards the lower saddle. It took us about an hour to get from our 11,000 ft base camp to the lower saddle (11,600), as we had to drop down about 300 feet to Garnet Canyon before climbing back up to the saddle. To the south, we enjoyed unobstructed views of Middle Teton and to the west high above the Teton valley we could see more cloudy weather. Our big worry was if the weather would cooperate. Getting caught on the Grand Teton during a lightning storm could be disastrous.

From the lower saddle, we headed North up the slopes of the Grand. From here, the vast majority of time



Suzanne and Susan on the summit

A GRAND ADVENTURE – CLIMBING GRAND TETON (CONT)

we were third class scrambling through boulder fields, with very short fourth class or easy fifth class stretches. The harder sections we short roped, as the moves were easy, just with serious exposure. As we climbed higher, we were happy to see the cloud cover thin and the danger of rain (or possibly snow) dissipating along with the clouds. Our progress was slow, as despite our attempt at high altitude training in the weeks leading up to the trip, we still were breathing heavily during this strenuous section.

From the upper saddle (13,160 ft), we could see climbers lining up at the Owen-Spalding route (5.4, three pitches) for their bid at the summit. The Owen-Spalding is the easiest and most popular route to the top of the Grand Teton. While the Owen-Spalding route headed off to the west side of the mountain, we would be headed east, to the less traveled Pownall-Gilkey route (5.8, three pitches). The benefit of this was we would have a much less crowded climbing experience, but the technical climbing on the route would be harder.



Susan dressed for an early morning in Garnet Canyon



Scott on the long scramble towards the high saddle

More challenging, we would be climbing this section in approach shoes and not climbing shoes. Finally, this route receives little sun, so the temperatures with the wind chill were quite cold and we wore gloves to keep our hands warm for the technical climbing sections.

The first pitch was a traverse. This section was exposed, but easy. We reached the base of the 5.8 section of climbing, which is a steep crack system. Our guides lead this section and we followed, trying to keep our hands warm for long enough to ascend the section.

Thankfully, none of us had any problem with this pitch and it went quickly enough for us to get the gloves back on our hands to keep them warm. The final technical climbing pitch was another crack system with some face climbing, but it was an easier pitch (5.6). At this point the technical climbing was over, however we weren't finished yet.

We continued third class scrambling along the Exum Ridge towards the summit. The exposure was nearly as tremendous as the views, as the clouds were finally clearing. We reached the top and found we had the astounding views all to ourselves. I was taking photos like a crazed paparazzi, knowing that these pictures couldn't possibly do justice to the views we were enjoying. It was noon. We had been hiking, scrambling and climbing for eight hours.

Begrudgingly, we left the summit and scrambled down to the feature on the Owen-Spalding route known as Sar-



Karen enjoying the exposed fourth class climbing

A GRAND ADVENTURE – CLIMBING GRAND TETON (CONT)

gent's chimney. This is the primary rappel spot from the top and can easily become a bottleneck, with rappellers from all routes attempting to descend while climbers try to ascend. We thanked our slow pace for arriving at this rappel without needing to share it with any other climbers. The two rappels (each about 100 ft long) went smoothly and were very enjoyable. Although we were tired, we needed to keep alert, as it is very easy to allow weary legs to slip, causing a potentially painful and certainly dangerous fall even on the easier descending terrain.

We stumbled into camp about 4pm, after twelve hours of hiking, scrambling, and climbing. Exhaustion overcame us, as we quickly washed up and crawled into our tents for some well deserved rest. Sleep would not come, as we relived the climb in our heads while waiting for dinner time. There was no thought of the coming hike down the next day or the logistics of heading back home to Phoenix... just clear visions of a perfect day on top of the Grand Teton.

~ Scott Frankel

Our crew in front of the Teton range (L to R) Susan, Suzanne, Scott, Karen



Finally... Scott on the summit



AMC 2013 Calendar

OCTOBER

2	Alpine Seminar Series
9	Basic ORC Instructors Meeting
14	Columbus Day AMC Board Meeting
15	Basic Outdoor Rock Climbing School - 15, 17, 19, 29, 22, 24, 26
28	AMC Member Meeting

NOVEMBER

2	Queen Creek Cleanup and Climb
4	AMC Board Meeting
6	Anchors School Instructor Meeting

9	Rescue Seminar
10	Rescue Seminar
11	Veterans Day (Monday)
12	Anchors School - Nov 12, 14, 16, 17
18	AMC Member Meeting –Activities Expo
28	Thanksgiving at Joshua Tree

DECEMBER

2	AMC Board Meeting
7	Alpine Rock Seminar
13	Holiday Party

Billboard- Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.

Tuesdays	North Mountain hikes after work. Rogil Schroeter (623) 512-8465
Wednesdays	Ape Index Gym Climbing - Rogil Schroeter (623) 512-8465
Thursdays	Phoenix Rock Gym Climbing - AMC Members \$10 admission with ID card. Curtis Stone - Kim McClintic
October 5	Strenuous Grand Canyon rim-to-river-to rim day hike. Contact Rogil@cox.net or 623-512-8465

Go to the AMC meetup for a complete list of outings and activities.

Up to date information and registration will be available.

<http://www.meetup.com/Arizona-Mountaineering-Club/>

October Birthdays

Dorothea Jackson 1, Patricia Mansfield 3, Kim McClintic 7, David Anderson 10,
Paul Laughlin 10, Cat Isfan 11, Rogil Schroeter 12, Tracy Janule 13,
Maureen Nowland 13, Linda Locke 14, Kevin Pugh 15, Kevin Kriegel 18, Bill Jay 19,
David Van Hook 23, Jacqueline Ekama 27, Aaron Locander 28, Mike Lust 30

Welcome New Members!

Robin Osterhoudt, Matt Loriss, Sean Young, Kelly Guido,
Heidi Rood, Patricia Mansfield



We've got room!



We can even put our tents on the floor now!





NO EXPERIENCE REQUIRED! You will learn and practice all the skills necessary for safe top-rope rock climbing including:

Gear selection (shoes, harness, helmet) & climbing equipment (ropes, carabiners, belay & rappel devices) • Climbing knots and personal anchor systems • Climbing techniques, belaying, and rappelling • Escaping the belay and critical self-rescue skills and techniques

**40 HOURS IN 7 SESSIONS,
INCLUDING 4 EVENINGS
AND 3 FULL DAYS OUTSIDE
ON THE ROCK**

All equipment is provided and you get to keep five carabiners, belay & rappel device, prusiks, webbing and a comprehensive manual.

CLASS SIZE IS LIMITED

Register now to reserve your spot in the AMC Basic Outdoor Rock Climbing School!

Fall 2013 class schedule:

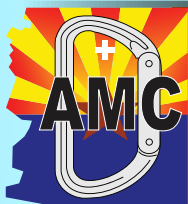
Oct 15 & 17 (Tues/Thurs) 6 am – 10 pm

Oct 19 & 20 (Sat/Sun) 8 am – 5 pm

Oct 22 & 24 (Tues/Thurs) 6 – 10 pm

Oct 26 (Sat) – All day graduation climb & evening celebration

An AMC membership and a fee of \$195 is required to participate. See our website at <http://www.amcaz.org/> for complete details and registration.



**LEARN TO CLIMB ROCK WITH
THE ARIZONA MOUNTAINEERING CLUB**

AMC is the oldest and largest climbing club in Arizona, an all-volunteer organization dedicated to teaching safe rock climbing and mountaineering skills.

AMC members receive a 15% discount at Arizona Hiking Shack and 10% at AZ On The Rocks Gym, Climbbmax Gym and Phoenix Rock Gym

