

The Arizona **MOUNTAINEER**

November 2008



Technical Outdoor Climbing Student
On Rappel



The Arizona Mountaineering Club
www.amcaz.org

The Arizona Mountaineering Club

Meetings: The member meeting location is:
Phoenix Country Day School, 3901 E. Stanford Drive,
Paradise Valley, AZ 85253 at 7:00 p.m.
See calendar for day/date.

Board Meetings: Board meetings are open to all
members and are held two Mondays prior to the Club
meeting.

Dues: Dues cover January through December. A single
membership is \$30.00 per year: \$35.00 for a family.
Those joining after June 30 pay \$15 or \$18. Members
joining after October 31 who pay for a full year will
have dues credited through the end of the following year.
Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing,
mountaineering and other outdoor skills schools each
year. Browse the AMC website for information on
schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy 623-412-1452
Vice-President Grant Loper 602-684-3042
Secretary Erik Filsinger 480-314-1089
Treasurer Clay Vollmer 602-595-7266
Director (1Y) Dan Beatty 480-917-7795
Director (1Y) Jodie Bostrom 623-308-5089
Director (2Y) Robert England 480-688-5412
Director (2Y) Bill Fallon 602-996-9790
Director (1Y) Danny Gonzales 602-550-8371

Committees:

Archivist Jef Sloat 602-316-1899
Classification Nancy Birdwell 602-770-8326
Elections Dave Van Hook 602-790-6283
Equipment Rental Erik Filsinger 480-314-1089
Email Robert England 480-688-5412
Land Advocacy Erik Filsinger 480-314-1089
Librarian Richard Kocher 480-966-5568
Membership Rogil Schroeter 623-512-8465
Mountaineering Bruce McHenry 602-952-1379
 Asst. Chair Grant Loper 602-684-3042
Newsletter Robert England 480-688-5412
Outings Frank Vers 480-947-9435
Programs Sheri Kenly 602-799-1288
Training & Schools.. Bill Fallon 602-996-9790
 Technical Outdoor Climbing Class Bill Fallon
 602-996-9790
 Anchors Class Justin York 480-229-8660
 Lead Class Mike Knarzer 602-751-1701
T-shirts Sally Borg 480-425-9689

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to
maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions,
please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing
areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to:
The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club
Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*,
The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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HOT STUFF !!!

Anchors School

Awesome Outings

The Seventh Summit

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

December Newsletter Deadline: Wednesday - Nov 12

NOVEMBER BIRTHDAYS

Charles Schulz 3, Frederick Simpson 3, Michael Kelly 4, Calvin Norman 6, Michael Tribuno 6, Larry Grant 8, Carla Howard 9, Zebadiah Hutchison 9, Susan Morris 13, Bill Berkley 14, Sheri Kenly 14, Benjamin Smith 14, Dillon Brooks 16, Todd Storey 18, Bruce Robbins 19, Candice Yuca 21, Mark Gordon 23, Stephen Patterson 23, Clay Vollmer 23, Gregory Gertsch 24, Robert Holderman 24, Stephen VanHerpen 24, Jeff Howard 25, Debra Carpenter 27, Sandy Draus 28, John Granger 28, Greg King 30

Discount Directory

The following merchants currently offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.
- **Solid Rock Indoor Climbing Gym - 2 Locations**
 - 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
 - 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4

Equipment Rental Policy:

- All equipment rentals only to current AMC members.
- AMC members renting equipment arrange pick-up and drop-off with Rental Committee Chair.
- Rental rates shall be as published in the AMC Newsletter.
- Two checks shall be collected from the renter.
 - The first being for the rental amount. It will be placed into AMC accounts.
 - The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.
- If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.
- The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.
- An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.
- Call Bruce McHenry (602) 952-1379.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended September 30, 2008

INCOME

Dues 2008	7481.00
Interest	205.22
Rental Equipment	136.00
Mountaineering Schools	175.00
AARS Spring	1575.00
Basic Spring	3970.00
Basic Fall	1500.00
Lead Spring	1050.00
Lead Fall	975.00
TOTAL INCOME	17,067.22

EXPENSES

Admin	944.42
Bank Charges	-4.00
Insurance	661.51
Land Advocacy	593.98
Library	32.38
Mountaineering	84.36
Newsletter	2549.99
Outings	209.69
Promotional Activities	853.87
Programs Monthly Meeting	2630.72
Training	4875.95
TOTAL EXPENSES	13,432.87

OVERALL TOTAL..... **3,634.35**

ACCOUNT BALANCES

Checking (on 5/31/2007)	7,830.67
CD Account (matures 11/17/08)	10,000.00
CD Account (matures 11/16/08)	10,000.00
TOTAL CASH ASSETS	27,830.67

AMC Outing Gear	1,473.48
OVERALL TOTAL	29,304.15

NEW MEMBERS

Climbers - Please Welcome:

Colleen Anderson
Jon Elmore
Nestor Garcia
Dorte Kehoe
Nikki Khraizat
Michael Kitchen
Doug LaCombe

Amy McCurry
Don McCurry
Jessie McCurry
Wuteh McCurry
Jeanne Thompson
Rebecca Williams

AMC Board Meeting Minutes - October 13, 2008

Board members present: Clay Vollmer, Dan Beatty, Erik Filsinger, Grant Loper, John Keedy, Robert England, Danny Gonzales

I. Call to order. Grant Loper, V.P., called the meeting to order at 7:03 p.m.

II. Minutes: The minutes of the September 8, 2008 Board meeting were approved as submitted.

III. Treasurers Report: Clay Vollmer presented the Treasurers Report. There was a discussion of the larger variances in Revenues and Expenses. The Treasurers Report was approved as submitted.

IV. Committee Reports

Programs: There was a discussion of upcoming programs. The Board is still looking for a new Programs Chair. The Board may have to target specific individuals who would be good at this role.

Mountaineering: Grant Loper discussed the winter plans of the committee. They may investigate holding the Snow Skills class earlier in the year.

Land Advocacy: Erik Filsinger and John Keedy provided the board with updates on the latest offer from Resolution Copper. Comparisons were made to the original offers in 2005 and 2006 and where the discussions have gone. Erik also discussed the working relationship with City of Scottsdale for rock climbing in the Preserve.

Training and Safety: Clay Vollmer discussed the AMC rock climbing classes. Technical Outdoor Climbing class has 31 students enrolled. New gear purchases were discussed. It is unlikely that the State Land in Scottsdale will be available for the foreseeable future due to Dust Control issues.

Outings. Clay Vollmer gave a report on the Grand Canyon Clean-Up. Erik Filsinger lead a discussion of the AMC Policies defining an Active Outing Leader.

Classifications: Grant Loper has submitted his Outing Leader application materials and will follow-up with the committee chair, Nancy Bidwell, to facilitate their processing. The Board will hold an electronic vote so that timely action may occur.

Newsletter: Robert England summarized the status of the newsletter.

Old Business:

Documents on the website. The Board discussed the status of the review of website documents and what Jody and John will come up with. Grant and Erik will assist as needed and then the basic idea will be implemented with the assistance of Clay Vollmer.

New Business:

Draft Budget for 2009: The Board will present an annual budget for 2009 to the membership in November for member approval in December. The Board worked on a draft budget which will be reviewed at the next Board meeting and published in the next Newsletter.

Executive Session. The Board adjourned to an Executive Session.

Equipment procedures. This item was tabled until the next meeting.

Adjournment: The meeting was adjourned at 9:13 p.m.

Wanted - Membership Chairperson

I need to give up my position as Membership chair, at least for a while, as I plan to do some traveling at the end of next year.

Membership chair is not simple, but it is fun. High responsibility position. You collect data, keep it updated, and send out multiple reports each month for the other committees.

I will spend a year if needed walking you through the job. I have the job description written down in detail.

You will need PC, printer & email that handles attachments. WORKS DB editor would be good too, but we should be able to convert to another data base manager if necessary.

Attending general meetings is important too, especially in Dec, Jan & Feb.

If you think you would like to take on this job, please contact Rogil at 623-512-8465 or rogil@cox.net

Gear For Sale

- | | |
|--|---|
| <ul style="list-style-type: none">• 3rd Tools for ice climbing – 1 Camp and 1 Charlet Moser - \$75 each (\$150 new)• Ice screw – 17 cm – DMM - \$20• Ice screw – 17 cm - Grivel 360 (express placements) - \$30• 4 Titanium (light) ice screws – mid-length - \$10 each• Petzl Ecrin Roc Helmet. Red. \$40.• Black Diamond Helmet – Green - \$30• Walrus – Rapeede 2 person Four Season tent - \$125• 2 pairs rock shoes (need a gym pair?) – M's 9 or W's 10• Foam sleeping pads - \$10 each• Haul Bag - \$75• Many Figure-8 rappel/belay devices. \$5@• 1 Etrier. New. \$20 | <ul style="list-style-type: none">• 1 WildCountry nut picks. New. \$5@• Metolius gear sling. New. \$15• 11 Oval Carabiners. \$4@• Pearabiners \$5@• Black Diamond ATC XT belay/rappel device \$5• Winter clothing/mountaineering wool, Gore-Tex, etc gloves, hats - steal pricing• Down vest - \$20• 2 lengths of 100' static cord. 8 mm. \$30 each (30 cents/foot). Brand new. Never used.• 87 ' of 9 mm static cord. \$25, brand new. Never used.• Many different lengths, e.g., 10', 12', 20' of 1" webbing. New. Never used. 20 cents/foot |
|--|---|
- Ask – I have other stuff too! Contact Erik Filsinger
-

Mountaineering Events

Mountaineering Seminars

- Wednesday, October 22 – “Brain Cells into Thin Air” – High Altitude Physiology.
- Thursday, November 20 – “Are You Cold?” – Winter Mountaineering.

The seminars will be held at the Pyle Community Center , Tempe Parks & Recreation, 655 E Southern Ave., the SW corner of Southern and Rural Road in Tempe . 6:45-8:45 PM. For more information contact Bruce McHenry, AMC Mountaineering Co-Chair, at bamchenry@att.net

Upcoming Mountaineering Outings

November 8, 2008. Alpine Rock - The AMC Mountaineering Committee will offer the 1-day Alpine Rock Seminar on Saturday, November 8. The hands-on seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. Topics to be covered will include: Mountainous terrain, weather, altitude, judgment, equipment and team considerations. During the field exercise, alpine rope work, including double rope techniques, route finding, alpine considerations for anchoring and belaying, alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced.

The Seminar will be offered locally at a place yet to be determined. It is recommended that participants have taken the AMC Basic, Anchors, and Lead Schools . This is not an introductory seminar. Rather, it is designed for those who are already accomplished in their craft but want to apply it in the mountains. If you are interested in the topic but not sure you are ready, the Alpine Rock seminar is offered yearly in the fall.

For details or questions contact Bruce McHenry, AMC Mountaineering Co-Chair, at bamchenry@att.net. Fees will be \$50 for new students and \$25 for refresher students. Number of participants limited.

January, 2009. Winter Camping – Practice winter camping and expedition techniques. Date is TBD – if we get enough snow...we will go!

March, 2009. Ouray Ice Park – ice climbing in Ouray.

On Monday, November 17th at 7:00 pm:
AMC Programs presents:

Carstensz Pyramid- “The Seventh Summit” Kurt Gusinde



A mountain climber and world adventurer, Kurt shares video and slides from his recent expedition to the highest peak in the Australasian continent – Carstensz Pyramid. Considered the true “Seventh Summit”, Carstensz Pyramid is the most difficult of the “Seven Summits” to access. The climb itself is on beautiful, sharp limestone. Somewhat technical, ascending includes a Tyrolean traverse; descending involves 15 repels. For over 25 years, Kurt has climbed numerous North American peaks as well as several of the highest peaks around the world. His “*Summit Dream*” is to continue to climb the highest peak on each continent and complete his goal of climbing the 16 major glaciated peaks in the Northwest. With 6 of the 7 continental summits tackled, Kurt will climb Mt. Everest this spring.

For more information on Kurt, go to:
www.summitdream.com

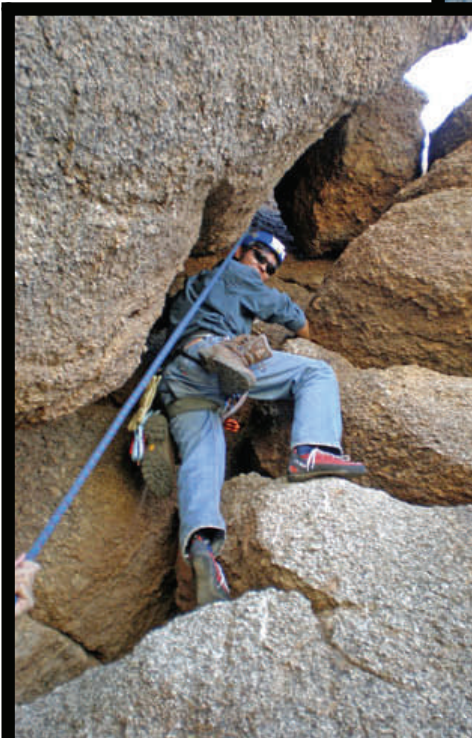
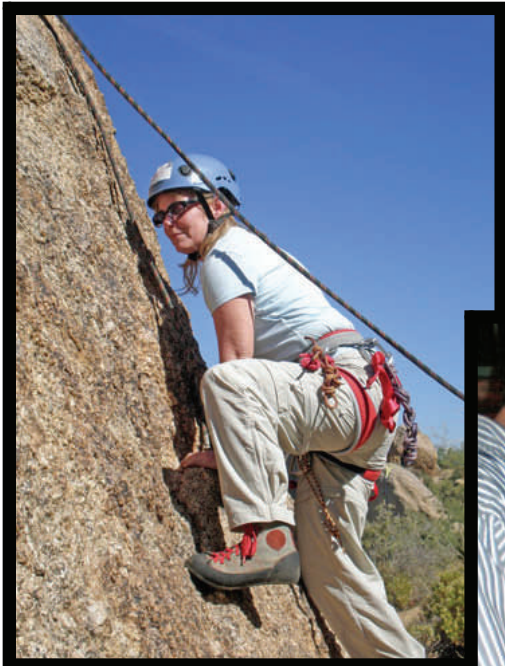
See you at the Monday, November 17th 7:00 p.m. meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go south to Stanford and then head east. From Camelback turn left on 40th St. followed by a left on Stanford. The auditorium entrance faces the parking lot.



The Arizona Mountaineering Club
www.amcaz.org

Technical Outdoor Climbing School

Photos by Stephen VanHerpen



Grand Canyon Cleanup

Photos by Louise Johnson



Anchors School - Instructor Meeting

AMC'rs, want to increase your climbing karma? Here is your opportunity! Give back to the club by helping us teach anchors class this fall. Not only will you be sharing your passion for climbing, but you will refresh your memory of building anchor systems efficiently - one of the most important skills to climb safely.

Details: Weekday sessions will cover anchor principles and anchor construction. These will be held at N. Mtn Park on November 11 and 13 (6-9:30). Weekend sessions will cover hands-on anchor construction in real situations, culminating in a "grad anchor" and climbing on Sunday. These will be held in Prescott on November 15 and 16. We always have an awesome class so let's strive to do the same this fall.

PLEASE RSVP TO JUSTIN at justin.j.york@asu.edu so we can get a head-count and start thinking about station assignments.



New England Ropes - Recall

New England Ropes Recalls Climbing Lines Due to Fall Hazard

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using recalled products immediately unless otherwise instructed.

Name of Product: Maxim Apogee and Maxim Pinnacle Dynamic Climbing Lines/Ropes

Units: About 530

Manufacturer: New England Ropes, of Fall River, Mass.

Hazard: The climbing lines can break, posing a serious fall hazard for climbers.

Incidents/Injuries: None.

Description: Two types of climbing ropes have been included in this recall, the Maxim Apogee 9.1mm and Maxim Pinnacle 9.5mm. The Maxim Apogee 9.1mm is a 48 carrier climbing rope. The colors are yellow and black, and red and yellow. The model numbers are 3411-91 and 3415-91, with date codes 060801 thru 080601. The UPC codes are: 75396312299, 75396312298, 75396312301, and 75396312300. The Maxim Pinnacle 9.5mm is a blue 48 carrier climbing rope. The Model number is 3403-95, with date codes 070201 thru 080601. The UPC codes are 75396312292 and 75396312293. The date codes and the UPC codes are on the original packaging.

Sold at: Retailers nationwide from August 2006 through June 2008 for between \$180 and \$262.

Manufactured in: United States

Remedy: Consumers should immediately stop using the recalled dynamic climbing lines and contact the manufacturer for a free replacement.

Consumer Contact: For more information, consumers can contact New England Ropes toll-free at (866) 617-9038 anytime or visit the firm's Web site at www.neropes.com/Climbing.aspx

<http://www.cpsc.gov/cpscpub/prerel/prhtml08/08346.html>



J-Tree Thanksgiving - Sharing Childcare

If you are going to the Annual Joshua Tree Thanksgiving outing with children, and are interested in sharing daycare with other climbers that are bringing their brood, please contact Tiina Perlman. (602)284-9165 or e-mail finkati@yahoo.com.

Climbing Anchors School

Arizona Mountaineering Club - Fall 2008

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Learn anchor components, anchor types, knots and hitches.
Thursday: Learn anchor system characteristics and construction.
Saturday: Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.
Sunday: Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Nov 11	Tuesday	6:00 pm–9:30 pm	*N. Mountain Park (Phoenix), Ramada TBD
Nov 13	Thursday	6:00 pm–9:30 pm	N. Mountain Park, Ramada TBD
Nov 15	Saturday	8:00 am–4:00 pm	Climbing area to be announced during class
Nov 16	Sunday	7:00 am–5:00 pm	Climbing area to be announced during class

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Ramada location is TBD.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rapel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$15 for an individual and \$18 for a family). Membership is good through Dec., 2008. You can pay full membership (\$30 for an individual and \$35 for a family) and be paid up thru December 2009. Register by sending a check payable to AMC Anchors School to PO Box 11883, Tempe, AZ, 85284. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: Anchors.School@amcaz.org for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4', 6', 10' 6mm prusiks (untied length)
 - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
 - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

NOVEMBER



SHOE SALE

15%
OFF

AZ CLIFF HANGER

SAVE
QUEEN
CREEK

Located inside the Phoenix Rock Gym
www.azcliffhanger.com - Marty Karabin
1353 E. University Dr. Tempe, AZ 85281
Ph: 602-642-9507 Fax: 480-237-0095

NEW STUFF



←
ROAD
AREA

BLUE
RIDGE
RESERVOIR
→





Arizona Hiking Shack
11649 N. Cave Creek Road
Phoenix, AZ 85032
Voice: (602) 944-7723
email: sales@hikingshack.com

on the web:
www.hikingshack.com
www.ahsrescue.com

Hours:
Monday – Friday 10am – 7pm
Saturday 9am – 5pm
Sunday 11am – 4pm

our fantastic
FALL SALE
incredible bargains

25% to 75%
off

Climbing gear - Clothing - Backpacks

Hiking Boots - Tents - Sleeping Bags

- Odd lots and what nots -

- Deals not to be believed -

Three Days Only
Friday - Saturday - Sunday
November 28th - 30th

Yes that's Thanksgiving weekend, so fill up on
Turkey, then come fill up on gear!

Outing Leaders

Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Information

Sally Borg.....	480-425-9689	sallyborg@cox.net
Jodie Bostrom	623-308-5089	jodiebostrom7@msn.com
Robert England	480-688-5412	robert_england2@yahoo.com
Bill Fallon.....	602-996-9790	bill.fallon@cox.net
Erik Filsinger.....		smorefil@aol.com
Jason Garvin.....	480-734-6801	beach_bum43@hotmail.com
Richard Horst	623-434-4769	
John Keedy	623-412-1452	jwkeedy@cox.net
Mike Knarzer	602-751-1701	thrashndangle@gmail.com
Tim Lange	480-598-9124	
Bruce McHenry	602-952-1379	
Chris Meyer.....	602-692-5912	
Monica Miller	623-362-0456	
Jeff Nagel	602-312-9538	
Matt Percy	928-420-2065	percy.matthew@gmail.com
Rogil Schroeter	623-512-8465	rogil@cox.net
Frank Vers.....	480-947-9435	climbrox@gmail.com
Clay Vollmer.....	602-595-7266	skatrash@cox.net
Justin York.....	480-229-8660	

Your Name Here!

Calendar of Events

AMC Outings and Events

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Oct 22 - "Brain Cells Into Thin Air" - High Altitude Physiology. Mountaineering Seminar (See page 6 for details)

Nov 1st - Queen Creek Clean Up & Climb. Let's give something back by removing the roadside trash along US 60 just north of Superior (approximately a one hour commitment). This even is hosted by John & Tiina Perlman. Climbing at the Pancake House/Throne Area will be hosted by Jodie Bostrom & Monica Miller. We will be meeting at US 60 & Stapley at 8 am. For those further east, meet at the turnout to the Oak Flat Campground at 9 am. Email jodiebostrom7@msn.com if you plan to hang out, and Jodie will forward more detailed instructions for the meeting location.

Nov 8 Ewephoria. Multi-pitch outing at West Cochise Stronghold. 700 feet of beautiful, lichen-painted granite crack and face climbing. Cruise to the top of Sheepshead Dome with one of the best moderate routes in Cochise! You will need to be able to camp (primitive) Friday night. Cochise Stronghold is a 3 hour drive from Phoenix. If interested, contact Justin at jjyork@asu.edu. Limit 3.

Nov 8 The Wasteland. Multi-pitch outing on The Wasteland @ East Cochise Stronghold. This climb is considered "the best 5.8 in the STATE". If you are interested, email jodiebostrom7@msn.com. It is required that you primitive camp at Cochise on Friday, and it is suggested that you camp on Saturday night. If you stay on Saturday night, Justin York and I will be co-leading a top rope outing on Zappa Wall the following day (Nov 9th). Those on the Saturday outings are first takers on Sunday's outing at Zappa Wall. Cochise is approximately a 3 to 3.5 hour drive from Phoenix. Limit 3.

Nov 8 Alpine Rock - The hands-on seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. For details or questions contact Bruce McHenry, AMC Mountaineering Co-Chair, at bamchenry@att.net. Fees will be \$50 for new students and \$25 for refresher students. Number of participants limited.

Nov 9 Zappa Wall. Justin York and Jodie Bostrom will be co-leading a top rope outing on Zappa Wall @ East Cochise Stronghold. The climbs are LONG & AMAZING! We will be primitive camping on Saturday night, which is highly recommended. Come out for the best climbing Arizona has to offer! Email jodiebostrom7@msn.com if interested. Limit 12.

Nov 11 Climbing Anchors School (November 11, 13, 15, 16)

Nov 20 "Are you cold?" - Winter Mountaineering Seminar (See page 6 for details)

Nov 27 - Thanksgiving at Joshua Tree National Park. Contact Clay Volmer.

Nov 29 - Night on Weaver's Needle. Climb and spend the night on this Arizona Classic. Long hike in, easy climbing. Limit 2. Contact Robert England

Jan '09 Winter Camping - Practice Winter Camping and expedition techniques. Date is TBD - If we get enough snow we will go.

Mar '09 Ouray Ice Park - Ice climbing in Ouray.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

November 2008

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.						1 Queen Creek Cleanup & Climb
2	3 Board Meeting	4	5 Sunrise 6:51 Sunset 5:32 M-set 11:52 P	6 1st Qtr	7	8 Alpine Rock, Ewephoria, The Waste-land
9 Zappa Wall	10	11 Anchors	12 Sunrise 6:58 Sunset 5:27 M-rise 4:51 P	13 Full Moon Anchors	14	15 Anchors
16 Anchors	17 Member Meeting	18	19 Last Qtr Sunrise 7:04 Sunset 5:23 M-set 12:56 P	20 Winter Mountaineering Seminar	21	22
23	24	25	26 Sunrise 7:10 Sunset 5:21 M-set 5:11 P	27 New Moon J-Tree Thanksgiving	28	29 Weaver's Needle
30						