

The Arizona Mountaineer

November 2009



**AN INSTRUCTOR VOLUNTEER WORKING
A ROUTE AT MAGMA GARDENS, QUEEN
CREEK DURING THE FALL OUTDOOR ROCK
CLIMBING SCHOOL**

Photo by Ron Auerbach

The Arizona Mountaineering Club

Meetings: The member meeting location is:

Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253.

The meeting time is 7:00 to 9:00 PM.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

BOARD OF DIRECTORS

President	Grant Loper	602-684-3042
Vice-President	Robert England	480-688-5412
Secretary	Erik Filsinger	480-314-1089
Treasurer	Jodie Bostrom	
	bostrom.jodie.amc@gmail.com	
Director	Eric Evans	623-237-3165
Director	Bill Fallon	602-996-9790
Director	Danny Gonzales	602-550-8371
Director	Kim McClintic	480-213-2629
Past President	John Keedy	623-412-1452

COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Birdwell	602-770-8326
Elections	Dave Van Hook	602-790-6283
Equip. Rental	Bruce McHenry	602-952-1379
Email	Robert England	480-688-5412
Land Advocacy	Erik Filsinger	480-314-1089
Librarian	Richard Kocher	480-966-5568
Membership	Rogil Schroeter	623-512-8465
Mountaineering	Bruce McHenry	602-952-1379
Asst Chair	Grant Loper	602-684-3042
Newsletter	Robert England	480-688-5412
Outings	Frank Vers	480-947-9435
Programs	Grant Loper	602-684-3042
Trng & Schools	Bill Fallon	602-996-9790
Basic	Bill Fallon	602-996-9790
Anchors	Justin York	480-229-8660
Lead	Mike Knarzer	602-751-1701

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive Vertical Times, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The Arizona Mountaineer is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to: AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to robert_england2@yahoo.com. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Hot Stuff !!!

Queen Creek Cleanup
and Climb

J-Tree
Thanksgiving

Thieving Snow Foxes!

Library

You must be an AMC member; i. e., your name must be on the most current membership list. The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes. The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

DEC NL Deadline: 11 Nov

November Birthdays

John Hottenstein 2, Charles Schulz 3, Michael Kelly 4, David Tai 9, Zebadiah Hutchison 9, Susan Morris 13, Benjamin Smith 14, Bill Berkley 14, Sheri Kenly 14, Bruce Robbins 19, Candice Yuca 21, Colten Kollenborn 22, Clay Vollmer 23, Mark Gordon 23, Stephen Patterson 23, Robert Holderman 24, Ron Klingler 24, Stephen VanHerpen 24, Debra Carpenter 27, Isabelle Plante 28, Matt Crego 28, Sandy Draus 28, Shannon Denning 29

Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership to AMC members.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off membership to AMC members.
- **Solid Rock Gym** - 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
- **Solid Rock Gym** - 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended September 30, 2009

INCOME

Advertising.....	20.00
Dues 2009	4441.00
Interest.....	306.37
T-Shirts.....	60.00
Rental Equipment.....	258.00
AARS (Anchors) School.....	1575.00
ORC School	6202.00
Lead School	975.00
Other Income	36
TOTAL INCOME	13,837.73

EXPENSES

Admin	621.45
Bank Charges.....	0.00
Capital Expenditures.....	1067.69
Equipment Maintenance	35.00
Insurance.....	2838.00
Land Advocacy	171.03
Library.....	77.09
Newsletter	2374.60
Outings.....	260.94
Programs Monthly Meeting	2882.99
Training.....	3687.37
T-Shirts.....	870.33
TOTAL EXPENSES	14,886.49

OVERALL TOTAL.....(1,048.76)

ACCOUNT BALANCES

Checking	8,546.64
Accounts Receivable.....	00
CD Account	15,000.00
TOTAL CASH ASSETS	23,546.64

AMC Outing Gear..... 3,467.43
OVERALL TOTAL 27,014.07

AMC Board Minutes - 12 October 2009

Board Members Present: Grant Loper, Robert England, Bill Fallon, John Keedy, Eric Evans, Erik Filsinger

Call to Order: President Loper called the meeting to order at 7:06 p.m.

Minutes of the September 15 Board meeting were approved as published.

Treasurer's Report: Approved as submitted.

2010 Budget: President Loper will disseminate a draft 2010 Budget electronically. The goal will be to finalize at the next Board meeting for Member vote during the December Member meeting. Cautions were made to trim budget line items to essentials due to economic times and memberships.

Committee Reports:

Programs: Chair Loper discussed upcoming programs.

Mountaineering: Co-Chair Loper outlined AMC winter activities for 2010, including New Year ice climbing trip to Ouray. These activities will be communicated through standard AMC channels.

Land Advocacy: Vice Chair Keedy gave updates on the McDowells and on Queen Creek. Chair Filsinger further discussed opportunities and constraints.

T&S: There were only 3 students in this Fall's Lead School. The Board will need to discuss and address the causes and alternatives. There are 28 students signed up for Outdoor Rock School. Everyone is geared up for it. Loper and England will continue to work on an Outing Leaders Career Path and look into

additional ways to generate experiences that attract and retain members for the club.

Outings: John Keedy discussed the 2009 Adopt-A-Crag Event to be held in the North Access Area of the McDowells October 31. Outing Leaders are needed for the afternoon climbing at the Morrell Parking Lot Area. Contact John or Erik for additional information. Robert England will hold an open day of rock climbing after January 1 at a local crag. The goal will be to set up ropes and let visitors know about the AMC and the opportunities it affords its members.

Classification: Grant Loper will contact Nancy to check on the status of Dave McClintic's OL application. To date, it has not been sent to the OL's for their review, so Grant will determine if it is complete yet or not.

Newsletter: There was a discussion of the benefits and limitations of continuing hard copy dissemination of the AMC monthly newsletter. It was moved, seconded and approved to go to an electronic only newsletter for members beginning January 1, 2010. However, the approved motion as maintained a printing of newsletters for distribution to the various rock gyms and stores that have been a successful source of information sharing.

Website: Robert England discussed various items concerning website development. He will get back with the Board electronically with additional information they will need to make an informed decision.

New Business:

Housing Club Equipment: Robert England

AMC Board Minutes - 12 October 2009 (cont.)

discussed several alternatives for housing club ropes and equipment so that it can be more properly stored. He has implemented a better check out and return system so that we can track club gear better.

Email Administrator: President Loper and Robert England will coordinate on finding additional personnel for this important position. The Board will review any candidates before appointing a replacement.

2010 Calendar: President Loper and Robert England handed out a draft 2010 calendar for Board review and input.

Incentives for OL's: The idea was presented and discussed to develop a quarterly raffle for OL's who take Outings that quarter. Each OL would receive one raffle ticket for each Outing they took. A drawing at the quarterly member meeting would be used to award some gear to the OL whose ticket was drawn. President Loper will investigate further and bring a proposal back to the Board for review.

Meeting was adjourned at 9:00 p.m.

NEW MEMBERS: *Climbers - Please Welcome*

Ashlee Beishline
Nick Cap
Nicole Carver
Alison Cook-Davis
Lori Del Secco
Michael Faux
Steve Hovanec
Cat Isfan

Heather Isfan
Lia Mann
Lance Morris
Ubon Nawayot
Ray Richardson
Brian Scharpf
Ryan Zahn

Climbing Anchors School

Arizona Mountaineering Club - Fall 2009

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Anchor components, anchor types, knots and hitches.
Thursday: Anchor system characteristics and construction.
Saturday: Set anchors in “hands-on” scenarios.
Sunday: Set real anchors on an optional climbing day.

Class schedule:

Nov 10	Tuesday	6:00 pm - 9:30 pm	*N. Mountain Park (Phoenix), Yavapai Ramada
Nov 12	Thursday	6:00 pm - 9:30 pm	N. Mountain Park, Yavapai Ramada
Nov 14	Saturday	8:00 am - 4:00 pm	Climbing area to be announced during class
Nov 15	Sunday	7:00 am - 5:00 pm	Climbing area to be announced during class

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through December 2010. Register by sending a check payable to AMC Anchors School to Kim McClintic, 7760 E. Gainey Ranch Rd, #25, Scottsdale, AZ, 85258. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Kim McClintic by email (canyonkim@gmail.com) for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4', 6', 10' 6mm prusiks (untied length)
 - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
 - 1 helmet—required for Saturday and Sunday sessions, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

In order to become independent and set your own anchors, you should start acquiring anchor gear. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people’s gear.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D’s, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

November Program - Mt Rainier

On Monday, November 26th, at 7:00 p.m.:

AMC Programs Presents:

AMC CLIMBERS ON MT RAINIER

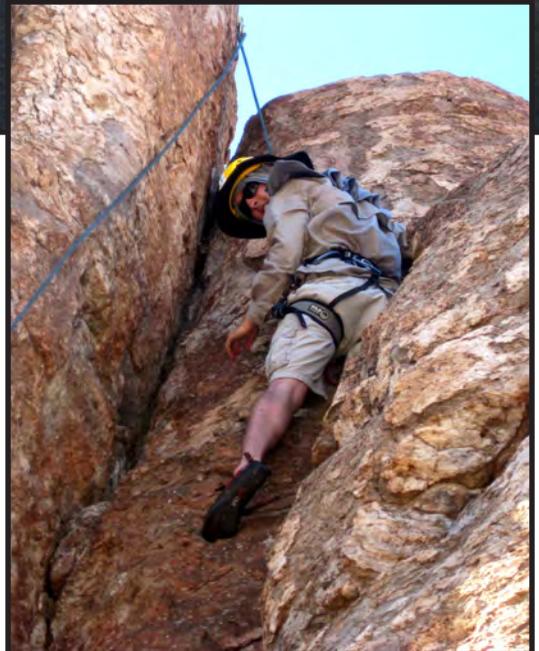


On the first day of summer 2009 an AMC team of seven began their climb of 14,410 ft. Mt. Rainier in Washington State. At the November meeting, the team's own members will recount their multi day journey through white-outs, high winds, late season snows, a thieving snow fox and camping on the Ingraham Glacier. After two summit attempts (both productive) six out of seven team members made the summit and all team members returned safely.

Come hear the differing perspectives on the climb from male and female climbers, alpine veterans and those new to the mountains when the 2009 Rainier Team comes to tell their climber's tale.

See you at the Monday, November 26th 7:00 p.m. meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go south to Stanford and then head east. From Camelback turn left on 40th St. followed by a left on Stanford. The auditorium entrance faces the parking lot.

Outdoor Rock Climbing School Photos - Fall 2009



Photos by Ron Auerbach

Member Ad - Help Wanted: Tree House Removal

One of Wally Vegor's (AMC Founding member) neighbors has asked him for help to remove an old tree house in her yard that is approximately 30' off the ground. If you're interested in putting your climbing skills to a different use, and want to know more, please contact Wally Vegors at your earliest convenience. (wvegors@cox.net)



AZ CLIFF HANGER

- VERTICAL TOOLS -



SAVE QUEEN CREEK

AMC ICE COURSE



Dates
February 13-14th
2010
Ouray, CO
\$ 295 per person



online registration at www.swaguides.com

970-259-0370

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Info

Jodie Bostrom	bostrom.jodie.amc@gmail.com	
Robert England	480-688-5412	robert_england2@yahoo.com
Bill Fallon	602-996-9790	bill.fallon@cox.net
Erik Filsinger	smorefil@aol.com	
Jason Garvin.....	480-734-6801	beach_bum43@hotmail.com
Richard Horst.....	623-434-4769	
John Keedy.....	623-412-1452	jwkeedy@cox.net
Mike Knarzer	602-751-1701	thrashndangle@gmail.com
Grant Loper.....	602-684-3042	grantloper@loperandassociates.com
Bruce McHenry.....	602-952-1379	
Monica Miller	623-362-0456	
Jeff Nagel	602-312-9538	
Matt Percy	928-420-2065	pearcy.matthew@gmail.com
Rogil Schroeter	623-512-8465	rogil@cox.net
Frank Vers	480-947-9435	climbros@gmail.com
Clay Vollmer	602-595-7266	skatrash@cox.net
Justin York.....	480-229-8660	

Your Name Here!

Calendar of Events - Outings/Schools/Events

Oct 31 - Adopt-A-Crag - McDowell Mountains. Contact Robert England (robert_england2@yahoo.com) for more information.

Nov 7 - Queen Creek Cleanup and Climb - Twice a year, the AMC heads out to Superior, AZ to cleanup a small section of Route 60 near Oak Flat Campground in Superior, AZ. Queen Creek provides us with great areas to climb and this is an opportunity to give something back. John and Tiina Perlman are running the cleanup, and Jodie Bostrom is coordinating the climbing event at The Pond. The cleanup outing is unlimited, and the climbing event is limited to 14 climbers. Please contact Jodie @ bostrom.jodie.amc@gmail.com.

Nov 7 - The Mace 5.9 - Limit 4. Frank will lead his 16th annual outing to this classic Sedona climb. 4 pitches plus the step across to the main summit. Sign the register and enjoy 360 degree views of Sedona. Do the jump across,(or Rap) You must have this climb on your resume!" Contact Frank Vers for information

Nov 10-14 - Anchors School.

Continued on next page

Calendar of Events - Outings/Schools/Events

Dec 12 - Alpine Rock - The AMC Mountaineering Committee will offer the 1-day Alpine Rock Seminar on Saturday, December 12. The hands-on field seminar is for folks with solid rock climbing skills who may be interested in taking their adventures into alpine and mountainous conditions. Topics to be covered include: Mountain terrain, weather, altitude, judgment, equipment, and team considerations. Field exercises include alpine rope work, route finding, alpine considerations for anchoring and belaying, and alternatives for descending will be discussed and demonstrated. Silent communication will be shown and practiced. The Seminar will be offered locally at a place to be determined. It is recommended participants have taken AMC ORS, Anchors, and Lead Schools or equivalent. For details or questions contact Bruce McHenry bamchenry@att.net . Fees will be \$50 for new students and \$25 for refresher students. Number of participants is limited.

Dec 30 - Jan 3 - Ouray Ice Climbing. It's hot – let's start thinking about ICE CLIMBING! This is a 5 day event, 2 travel days, 3 days of climbing. We will climb 2 days in the Ice Park and one day in the back country. A condo will be rented and shared. Special requirements for participants. Limit 6. Contact Outing Leaders for details Richard Horst horstrichard@aol.com or Bruce McHenry bamchenry@att.net

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger: When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays **Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.**

Wednesdays **North Mountain hikes after work. Rogil Schroeter (623) 512-8465**

Nov 6-8 **Red Rocks Conservation Area, NV - climbing/camping. Contact Nicole Rodriguez for more information: nicool2@hotmail.com. (Note: Put "Red Rocks Climbing" in the subject line of your message so the email doesn't end up in junk mail.)**

Commercial Event:

Feb 13-14, 2010 - AMC Intro to Ice Climbing – by Southwest Adventures Guides. Learn ice climbing in Ouray , CO. \$295. Contact Southwest Adventure Guides 970-259-0370. Or register online at www.swaguides.com

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Board Meeting 	3	4 Sunrise 6:50 Sunset 5:33 M-rise 6:59 P	5	6	7 QC Cleanup and Climb
8	9 	10 Anchors	11 Sunrise 6:56 Sunset 5:28 M-rise 1:41 A	12 Anchors	13	14 Anchors
15 Anchors	16 Member Meeting 	17	18 Sunrise 7:03 Sunset 5:24 M-set 6:50 P	19	20	21
22	23	24 	25 Sunrise 7:09 Sunset 5:21 M-set 12:28 A	26 J-Tree Thanks- giving	27	28
28	30			<div style="border: 1px solid black; padding: 5px;"> <p>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</p> </div>		



**Arizona Mountaineering Club
4340 E. Indian School. Ste.21-164
Phoenix, AZ. 85018**