JANUARY 2006

ARIZONA MountAineeR



The face climbing up to the bulge of this route is awesome. But getting over the bulge is what separates the men from the boys....! Mike led this beautifully. It is called Duh Bulge, 5.11, at The Ruins at Mt. Lemmon. *Photo by Valerie Bednar*

The Arizona Mountaineering Club

Meetings January meeting at the Washington Adult Center, 2240 W> Citrus Way, between Bethany Home and Blendale Aves. Off 23rd Ave at 7:00 p.m.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee 6519 W. Aire Libre Ave. Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

<u>Call:</u> (623) 878-2485

Email:

president@azmountaineeringclub.org board@azmountaineeringclub.org

Websites:

www.azmountaineeringclub.org or — www.amcaz.org

Mail:

Arizona Mountaineering Club 4340 E. Indian School Rd., Ste 21-164 Phoenix, AZ 85018

Board of Directors:

| President | . Jutta Ulrich 602-234-3579 |
|--|---|
| Vice-President | John Keedy 623-412-1452 |
| Secretary | . Robert England 480-821-4243 |
| Treasurer | . Clay Vollmer 602-595-7266 |
| Director 2-year | . Bill Fallon 602-996-9790 |
| Director 2-year | . Jeff Nagel 602-318-9538 |
| Director 1-year | Scott Hoffman 623-580-8909 |
| Director 1-year | . Wayne Schroeter 602-402-1631 |
| Past President | Bruce McHenry 602-952-1379 |
| Committees: | |
| Advertising | . Open |
| | |
| Archivist | Jef Sloat 602-316-1899 |
| | Jef Sloat 602-316-1899 Nancy Birdwell 480-821-1932 |
| Classification | |
| Classification Elections | . Nancy Birdwell 480-821-1932 |
| Classification Elections Equipment Rental | Nancy Birdwell 480-821-1932 Dave Van Hook . 602-790-6283 |
| Classification Elections Equipment Rental Email | Nancy Birdwell 480-821-1932 Dave Van Hook . 602-790-6283 Erik Filsinger 480-314-1089 |
| Classification Elections Equipment Rental Email Land Advocacy | . Nancy Birdwell 480-821-1932 . Dave Van Hook . 602-790-6283 . Erik Filsinger 480-314-1089 . Tricia Rudloff 623-580-7740 |
| Classification Elections Equipment Rental Email Land Advocacy Librarian | . Nancy Birdwell 480-821-1932 . Dave Van Hook . 602-790-6283 . Erik Filsinger 480-314-1089 . Tricia Rudloff 623-580-7740 . Erik Filsinger 480-314-1089 |
| Classification Elections Equipment Rental Email Land Advocacy Librarian Membership | . Nancy Birdwell 480-821-1932 . Dave Van Hook . 602-790-6283 . Erik Filsinger 480-314-1089 . Tricia Rudloff 623-580-7740 . Erik Filsinger 480-314-1089 . Richard Kocher 480-966-5568 |

Outings Frank Vers 480-947-9435

Programs....... Sheri Kenly...... 602-242-0504

Training & Schools.. Wayne Schroeter 602-402-1631

Basic Class...... Sally Larimer 480-425-9689

Anchors Class Robert England .. 480-821-4243

Lead Class...... Wayne Schroeter 602-402-1631

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php or at https://accessfund.org/join/indiv.php.

This Month in the AMC

HOT STUFF!!!

- 2..... Who does what, addresses and numbers
- 3..... Birthdays; Index
- 4..... Minutes: new members
- 5..... Treasurer's Report; Discounts, Rentals
- 6..... January Program AMC'ers in Italy
- 7..... President's Message
- 8..... J-Tree report; Elections
- 9..... Hiking Shack
- 10.... Stuff; Proposed Budget
- 11.... 2006 Budget
- 12.....Lead School
- 13.... Outings Contin
- 14.... Outings and meetings
- 15.... January Calendar

WINTER IS THE TIME FOR SUNNYSIDE CLIMBING

Pinnacle Peak Beckons

Lead School?? Already!?

Newsletter

The Arizona Mountaineer is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 6151 N. 8th Ave., Phoenix, AZ 85013 or through email to azmountaineer@azmountaineeringclub.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call the editor at (602) 246-9341. wvegors@cox.net

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

Feb. NL Deadline: 21 Jan.

JANUARY BIRTHDAYS

Natalie Wesner 2, Jeanette Christopher 4, Marcela Niemczyk 4, Lisa Barnes 6, Bill Fallon 6, Jodie Bostrom 7, John Carlisle 9, Michael Turvey 9, Nicole Bennett 10, Jack Carlson 10, Donald Rubin 10, Emily Theobald 11, Elizabeth Hardt 12, Tanya Sharp 13, Rich Kocher 18, Mick Strole 18, Kate Hansen 20, Monica Miller 21, Nathen Medlock 23, Kyle Keeley 24, William Briggs 25, Vicki Kooney 26, Paul Peterson 26, David Rice 26, Suzanne Cook 28, Kirra Kurvink 29, Dick Severson 29

Minutes of the AMC Board Meeting: 5 Dec, 2005

Board Members present: Jutta, Bruce, Clay, Jeff Nagel, and Robert

Committee present: Wally

General Members present: Frank Vers

Meeting called to order – 7:40

Reviewed minutes of Nov 7 board meeting. Motion to approve – Bruce Second – Robert Approved

Reviewed the Treasurer's report. Motion to approve – Clay Second – Robert Approved

President's updates – general discussion.

- Tricia Rudloff completed her transition to email coordinator. Many thanks to Jeff Hatfield for his great service during his tenure as the coordinator
- The January Board meeting will be held on January 9
- The January member meeting will be held at the Washington Center on 1/30/06

General Business, Committee Reports, and Old Business:

- Need to continue work on establishing 2006 meeting locations.
- Clay nominated Frank Vers to be the 2006 Outings Chairperson. Frank accepted for 2006, to begin immediately. Robert seconded the motion. Approved
- Frank initiated discussion regarding outing leader incentives. Following the discussion, Bruce made a motion to grant active outing leaders for 2005, a dues waiver for 2006. For 2005 only, active is defined as having lead at least one official AMC outing outside of a school setting (Basic School Grad Climbs). Similar incentives for 2006 with stricter rules regarding "active" were discussed.

- Robert made a motion to grant Board members, Committee chairpersons, and the Basic/Anchors/Lead school lead instructors a dues waiver following each year of active service to the club, and to begin with the 2006 calendar year for dues waivers in 2007. The discussion was tabled until the January 2006 Board meeting.

Meeting adjourned at approximately 9:00.

NEW MEMBERS

Fabian Anda Alexis Moniello
Kevin Anda Mary Novacek
Marlene Anda Timot
Karen Auerbach hy Roehr
Douglas Hall Jason Weaver
Rebecca Hall Tammy Weaver
Bernadine Lenahan Steve Zaporowski

DUES BE DUE

It is time to renew your membership for 2006. The membership year runs from January to December; \$30 for single or \$35 for family membership.

Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership 6519 W. Aire Libre Glendale, AZ 85306 Call 623-512-8465 if you have questions.

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know.

Climb safe and enjoy life!!

--Rogil

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 15% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.

OvertheCrux Inside Phoenix Rock Gym at 1353 E. University Dr., Tempe.. 480-890-0997. 15% off to AMC members.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 Gym membership 10% off for AMC members.

Rental Equipment

| EQUIPMENT MSR Alpine snowshoes | | | | |
|--------------------------------|------|---------|--------|----|
| Ice Crampons | | | | |
| Ice axes (70 cm) | 6 | 16 | 5 | 8 |
| Ice axes (90 cm) | 5 | 14 | 5 | 7 |
| Snow shovel | 1 | 8 | 3 | 4 |
| PortaLedge | | | | |
| Climbing shoes | .Var | ious si | zes Ca | 11 |

Equipment Rental Policy: All equipment rentals shall be only to current AMC members. AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals. Rental rates shall be as published in the AMC Newsletter. Two checks shall be collected from the renter. The first being for the rental amount. It will be placed into AMC accounts. The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment. If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required. The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment. An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items. Call Linda Locke at (602) 997-4235 for shoes. For everything else, call Erik Filsinger at 480-314-

Treasurer's Report

| Statement of Operations Jan 1 to November 30,20 05 | |
|---|---|
| Category Description | Amount |
| INCOME Access Advertising Dues 2005 Return of NSF expenses Friends of Queen Creek Interest Merchandise (Tee Shirts & Etc) Mountaineering Schools Rental Income (incl shoes) T&S School Rental Income AARS Spring AARS Fall Basic Spring Basic Fall Lead Spring Lead Fall Navigation First Aid Class Other | 591.00 1,012.00 129.00 255.00 2,475.00 |
| First Aid Class | 60.00 10.00 |
| TOTAL INCOME | 23,523.01 |
| EXPENSES Access Fund Payment | 302.60 1,030.00 113.00 320.00 4,337.25 400.00 50.00 93.30 3,795.55 234.18 4,573.23 73.00 7,639.65 |
| | = 1,207.71 |
| OVERALL FOR YEAR TO DATE | (764.90) |
| ACCOUNT BALANCES CD Account 1/21/06 | 10,966.47 21,088.20 2,048.25 |
| OVERALL TOTAL | 23,136.45 |

AMC'ers In Italy

John Keedy: A report on Climbing and Trekking the Via Feratta Routes in Italy this fall with Rogil and Debbie.

Will also cover preparations for the trip.



Washington Adult Center, 2240 Citrus Way (off 23rd Ave. between Bethany Home and GI;endale at 7:00 p.m. on Monday, January 30th, 2006

A sample of the many photos John Keedy took while in Italy.

President's Message

It's hard to believe this is the middle of December. I am always surprised when another year is over, even though it's been a busy one. For me this has been a year of changes and growth, and I know that many of you have also experienced changes, perhaps with family or work. Despite the uncertainties and some pain, I am looking forward to 2006 and the opportunities it will bring. I sincerely hope that you can find closure and new directions, and if it's "same old, same old" for you, perhaps you want to look for some challenges, in climbing and otherwise. If you're a rock person, consider ice climbing (great fun!) or one of the Colorado mountains. I (and my climbing partners) get to laugh quite a bit as I try to climb 10s and 10+ in the gym.

The AMC is gowing through some changes, too. Turnover in membership is natural, and we welcome many new members this year as we are seeing some familiar faces devote more time to family, work and other interests. We are in the process of discovering what club members hope to get most out of their affiliation with the AMC. We have welcomed several

new outing leaders this year; some of you have been on outings with them. Several of the club's committees have a new leaders, and I want to thank the new as well as the departing committee chairs, board members, and outing leaders. (That reminds me: Please pay your dues, \$30 per person, due in January so you can vote for the new board.)

On behalf of all of us I'd like to wish you happy holidays, peace and health and the very best for the next year. Hopefully you've noticed the good weather for climbing and hiking.

Jutta

DUES BE DUE At the January Meeting

Queen Creek climbing area access issue Climb it? Or mine it?



Recreational access to the Queen Creek climbing area is being threatened by a copper mine that has been proposed by the Resolution Copper Company.

Resolution Copper is trying to take over Oak Flat campground via a congressionally legislated land swap, which in turn would threaten access to all these areas: Queen Creek Canyon, Apache Leap, Devils Canyon, Hackberry Canyon, etc.

We need your help to keep this world-class climbing area (and home of the Phoenix BoulderStant) from disappearing forever into a big hole in the ground. Join the Priends of Queen Creek!

We are not opposed to mining. But we are FOR ACCESS! We need to make Resolution Copper develop their mine in such a way as to preserve recreational access to these public lands.

Be a Friend of Queen Creek. Act now to help preserve access to your public lands by authorithing to the Friends of Queen Creek FREE e-mail action list at infectional processors and processors are the processors of the processor of the processors of the processor of the processors of the processors of the processor o

myw.friendsofqueencreek.com

The AMC is represented on the Steering Committee of Friends of Queen Creek.

Joshua Tree 2005 - Trip Report

Wow what a weekend...! Great climbing and wonderful weather on Turkey Day at Short Wall, located in Indian Cove with side trips offered on Moose Dog Tower. The Dinner was wonderful, with all the trimmings and served with a great selection of California wines. Nothing like sipping wine and eating pumpkin pie and roasting your toes at the campfire under a mild starry night in Joshua tree.

Thanks to all who coordinated this event and took others climbing. We had visitors form California to Minnesota! Everyone had a blast.

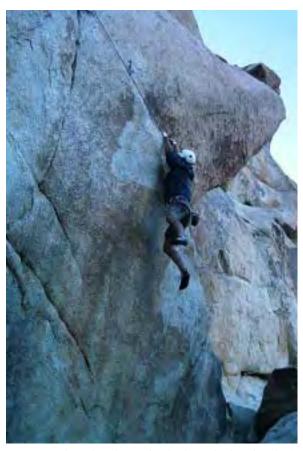
Special thanks to Clay Vollmer who has organized and cooked dinner for this event now for six out of 8 years. It takes the efforts of many to put this event together and I want to recognize several others.

Dave and Sally Larimer - Short Wall
Mike Knarzer for multi-pitch trips on Moose Dog
Tower, The Direct South Face, Lost Horse Wall
Rogil Schroeter - Feudal Wall
Scott Hoffman - AFPA Rock, The Blob
Gabe Howe - AFPA Rock

Dr. Eric Quinones—my partner for the weekend from California. Moose Dog Tower, Luck Charms AFPA Rock, Intersection Rock, The Flake, The Old Woman, Bearded Cabbage.

Joshua Tree Rocks...!

- Monica D. Miller -



AMC'er Alex Abigel tries his luck on the hand rail of Bearded Cabbagee, a 5.10c, that requires a heel-hook to leverage his body into position to sink a thumbs down hand jam to make the transition into the crack. What a move!! Photo by Monica D. Miller

Elections

As of "press time", both board and officer slots are open in AMC governance for 2006. At last report no one had announced for the office of Secretary.

Candidates so far: John Keedy for President, (VP in 2005), Robert England for Vice-President (Secy in 2005), and Clay Vollmer Treasurer (repeating 2005). Secretary is open.

Bill Fallon and Jeff Nagel continue as Board Members for another year and President Jutta Ulrich will fill the ex-prexy board slot. That leaves several board positions totally up for grabs for 2006. A couple of board members whose term expires have not announced.

At any rate, club rules state that any AMC member of one year can run for any position, contested or not. To get your name on the ballot, contact Dave Van Hook at davevanhook@yahoo.com.

The election will be held at the January 30th Members Meeting at the Washington Adult Center.



Arizona Hiking Shack 11649 N. Cave Creek Rd. Phoenix, AZ 85020 Phone: (602) 944-7723 www.hikingshack.com

We're located 1/8 mile south of Cactus on Cave Creek Rd.

Three great reasons to shop at the Arizona Hiking Shack for all your climbing gear

- The Arizona Hiking Shack has IN STOCK the largest selection of climbing gear in the Valley. Petzl. Metolius, Black Diamond, Misty Mountain, Omega, DMM, 5-10, Scarpa, La Sportiva, Yates, PMI, Sterling, 2-Cam, Climb Tech, Kong, Trango, Camp, Mammut, Boreal, Pica Mountaineering, and Trango are just a few of the brands we carry. If we don't have what you need in stock. . . we'll order it for you. . . with FREE shipping!
- 2. The staff at the Arizona Hiking Shack are climbers too. You get knowledgeable, friendly advice on gear, places to climb, and the absolute best fit on harnesses, shoes and helmets. The Arizona Hiking Shack is locally owned and has been selling gear to valley climbers since 1972. We take pride in helping to select the right hardware for your climbing adventures. (Besides most of us are AMC members also!)

At the Arizona Hiking Shack, AMC Members get a 15% discount on everything they buy, everyday of the Week, every week of the year. Why? Two Reasons First, we respect the job the AMC does. The AMC not only teaches people how to climb safely, they also teach an ethic of responsibility to the outdoors that is essential to keeping our climbing areas open. Second, you learn to climb in the valley. .. well, like it or not. .. we consider you one of OUR homeboys or girls and simply said, we want your business! Ultimately, we know you have many choices when it comes to purchasing your equipment and by having a great selection of gear, a knowledgeable staff, and totally killer deals, we hope you'll come shop with us.

STUFF

Here are the Alpine Seminarians at the conclusion of their November 5th exercise north of Piestewa Peak. Safety on loose rock and balancing speed with security were central lessons.



On December 9th about 50 AMC'ers drove up the north slope of Camelback to Marilyn Geninatti's home, lugging hot dishes and gifts to exchange, for our annual AMC party. This "representative" group chose to cluster by the patio fireplace. Thanks for the hospitality, Marilyn.

Proposed 2006 AMC Budget

Budget Notes:

The principle income assumption is that we can raise Training Income about 25% over 2005. A secondary income assumption is that Dues are raised in 2006 from \$25 to \$30 - Individual and from \$30 to \$35 - Family. (Such a motion passed at the November 7, 2005 Board meeting.)

The 2006 Budget has planned for \$4,580 more in expected expenses than in anticipated income. Total surplus at the end of 2005 is estimated at \$19,500. If 2006 actuals match the 2006 budget, our surplus will be reduced to less than \$15,000.

The Board recognizes that much effort will be needed to accomplish the goals and initiatives inherent in the budget. The Board will need the help of the Membership to realize the organizational and financial assumptions made.

Clay Vollmer, AMC Treasurer

| INCOME |
|--|
| Advertising320.00 |
| Dues 20056,720.00 |
| Interest240.00 |
| |
| T-Shirts (AMC)500.00 |
| T-Shirts Grand Canyon400.00 |
| TOTAL Merchandise900.00 |
| |
| Mountaineering Schools1,200.00 |
| |
| The Access Fund - fundraising200.00 |
| Other fundraising |
| TOTAL Organization Contributions300.00 |
| |
| Rental Equipment150.00 |
| T&S Schools Rental Income250.00 |
| TOTAL Rental Income400.00 |
| |
| Spring |
| Fall |
| TOTAL AARS3,750.00 |
| Spring6,080.00 |
| Fall6,080.00 |
| TOTAL Basic School12,160.00 |
| —–(Continued on page 11) |

AMC 2006 Proposed Budget — Continued from page 10

| Spring | Mountaineering150.00 |
|---------------------------------------|-----------------------------------|
| Fall | |
| TOTAL Lead School2,400.00 | Labels |
| | Other |
| Navigation Class200.00 | Postage |
| TOTAL Training Income18,510.00 | Printing |
| | TOTAL Newsletter |
| FROM Checking4,580.00 | |
| 8 | Certifications |
| TOTAL INCOME28,590.00 | First Aid Renewal |
| 20,000 | Incentives |
| EXPENSES | TOTAL Outing Leaders |
| Food | 1011E Guing Bouchs1,500.00 |
| Other | Food120.00 |
| Postage | Camping Fees |
| Printing | Entry Fees |
| Promotion | Other |
| Supplies | TOTAL Outings |
| Telephone | 101AL Outligs 1,120.00 |
| Website | Facility Rental |
| TOTAL Admin | Monthly Meeting |
| TOTAL Admin | Food |
| Bank Charges/NSF40.00 | |
| Balik Charges/NSF40.00 | Other |
| Manatainaanina | 101AL Programs |
| Mountaineering | T |
| Rental Equipment | Equipment |
| TOTAL Capital Expenditures700.00 | Facilities |
| D . 10 E . M | Wilderness First Aid Seminar |
| Rental Gear Equip. Maint50.00 | Food |
| Insurance5,000.00 | Navigation Class |
| 0 1 1 1 0 11 1 | Postage |
| Organizational Contributions900.00 | Printing |
| (continued on page 20) | T-Shirts & Incentives |
| 200.00 | TOTAL Training 10,750.00 |
| Operations | |
| Special Requests | TOTAL EXPENSES 33,170.00 |
| TOTAL Land Advocacy Committee1,100.00 | less INCOME (from above)28,590.00 |
| (Continued on page 10) | Over/(Under)(4,580.00) |
| Library | |
| T-Shirts AMC400.00 | |
| T-Shirts Grand Canyon275.00 | |
| TOTAL Merchandise Expenses675.00 | |

Lead Climbing School — Spring 2006

Arizona Mountaineering Club

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment

Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing

Sat Hands-on practice: natural pro placement (Prescott)

Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

| Feb 21 | Tuesday | 6:30 pm–9:30 pm | *Dreamy Draw Park |
|--------|-----------|-----------------|---|
| Feb 22 | Wednesday | 6:30 pm-9:30 pm | Dreamy Draw Park |
| Feb 23 | Thursday | 6:30 pm-9:30 pm | Dreamy Draw Park |
| Feb 25 | Saturday | 9:00 am-5:00 pm | Prescott (directions will be in syllabus) |
| Feb 26 | Sunday | 9:00 am–5:00 pm | Prescott or Scottsdale (directions will be in syllabus) |

^{*}To get to Dreamy Draw Park take SR 51 (Piestewa Peak Parkway) to Northern and turn east. This dead-ends at the Park. We will be at the big ramada next to the parking lot. Directions to the other locations will be given out then.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Call Nancy Birdwell at 480-821-1932 or email lead.school@amcaz.org for more information on costs and enrollment. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

- 1. All climbing gear (harness, prusiks, biners, etc.)
- 2. Helmet—mandatory for all on-rock sessions
- 3. Specifically needed:
 - 2 20' slings (untied length), preferably different colors
 - 2 10' slings (untied length), preferably different colors
 - Nut pick
 - Quickdraws with biners—at least 5 per person
 - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
 - Consider combining with another person to have enough gear
- 4. Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
- 5. Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

March 4 Strenuous 11-mile hike along the Superstition ridgeline. A classic hike for fit, experienced

hikers only. Contact Rogil 623-512-8465 at rogil@cox.net before Feb. 25.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, thought they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Feb 18-20 AMC Beginning Ice Climbing and Avalanche Awareness Course offered by Southwest Adven-

Zen-Lizard Systems Presents

X-Chalk

The world's first rock dimbing chalk that sooths hot and ripped up fingers—as you dimb! Also helps heal cuts and scratches. All natural—no chemicals. Available at the Phoenix Rock Gym, Climbmax, the Arizona Hiking Shack, and online at:

http://www.zen-lizard.com



tures, a guide service based in Durango, Colorado, President's Day Weekend (Feb 18-20). (This is not an official AMC event.) Learn the basics of ice climbing in a top rope situation. Group gear provided. Rentals available. 4 person minimum at \$205 per person for Basic Ice and \$60 per person for Avalanche Awareness. For further information on the class, contact Erik Filsinger at smorefil@aol.com.

Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

- Jan 28 **Party at Pinnacle Peak.** Join Monica Miller, Mike Knarzer, Scott Hoffman and Jef Sloat. We will be hosting some classic areas in the park like AMC Boulder, The Wedge, Loafers Choice and South Crack/Silhouette, to name a few. Limit 16. Sign up with Jef Sloat at jef.s@cox.net. Meet at 8:32 a.m. at Starbucks, N. Scottsdale Rd. and Loop 101 (7000 Mayo Blvd.) to gather and form car pools. Afterwards we will meet at Oggi's Pizza and Brewing at 8763 E. Bell Road.
- Jan 30 **Members Meeting** at the Washington Adult Center, 2240 W. Citrus Way, off 23rd Ave. between Bethany Home and Glendale Aves at 7:00. John Keedy will show pictures and relate AMC'ers climbs in northern Italy on the Via Ferrata routes, and their conditioning program.
- Feb 21 **Lead School.** Feb. 21,22,23,25,26
- Mar 01 Basic School Instructor Meeting.
- Mar 07 Basic School. Mar. 7,9,11,12,14,16,18
- Mar 25 Queen Creek Cleanup and Climb.
- Mar 29 Anchors School Instructor Meeting.
- Apr 04 Anchors School. Apr. 4,6,8,9

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

(Calendar continued on page)

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (480) 821-1932.

| Tom Conner 480-897-7623 | Tim Lange480-598-9124 | Tim Schneider 480-497-8377 |
|-----------------------------|---------------------------------|------------------------------|
| | David Larimer480-425-9689 | |
| Erik Filsinger 602-906-1186 | Sally Borg Larimer 480-425-9689 | Wayne Schroeter 602-402-1631 |
| Scott Hoffman 623-580-8909 | Tim Medlock480-963-3496 | Jef Sloat 602-316-1899 |
| Richard Horst 623-434-4769 | Monica Miller623-362-0456 | Mick Strole 520-856-3335 |
| David Johnson 623-486-7387 | Paul Norberg602-808-9244 | Frank Vers 480-947-9435 |
| John Keedy 623-412-1452 | Paul Paonessa602-493-7356 | Tim Ward 602-212-1929 |
| Mike Knarzer 602-751-1701 | Chris Query602-323-5927 | |

JANUARY 2006

AMC Outing Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|------------------|--|-----|---|------------------------------------|--|------------------------------|
| 1 | 2 | 3 | 4 Sunrise 7:33 Sunset 5:34 M-set 11:04p | 5 | 6 1st Qtr Moon | 7 |
| 8 | 9 | 10 | 11 Sunrise 7:33 Sunset 5:40 M-rise 3:11p | 12 | 13 | 14 Full Moon |
| 15 | 16 AMC Board | 17 | 18 Sunrise 7:32 Sunset 5:46 M-rise 9:52p | 19 | 20 | 21 |
| 22 Last Qtr M | 23 | 24 | 25 Sunrise 7:32 Sunset 5:46 M-rise 3:54a | 26 | 27 | 28 Pinnacle Peak Party |
| 29 New Moon | 30 AMC Mtg Keedy in Italian Alps | 31 | | out 10 minutes stern border; 10 | stial events occi earlier on Arizo later on its we | ona's |