

The Arizona **MOUNTAINEER**

January 2008



**The Matterhorn viewed from the Europaweg Trail
Charlie Schulz recounts his trek on the Haute Route - Page 7**

The Arizona Mountaineering Club

Meetings: The **November** member meeting location is: Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253. , AZ 85004 at 7:00 p.m. See calendar for day/date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy 623-412-1452
Vice-President Bill Fallon..... 602-996-9790
Secretary Erik Filsinger..... 480-314-1089
Treasurer Clay Vollmer..... 602-595-7266
Director Dan Beatty 480-917-7795
Director Danny Gonzales . 602-550-8371
Director Justin Iske 480-225-7739
Director Sheri Kenly 602-799-1288
Director Dave McClintic ... 480-607-0890

Committees:

Archivist Jef Sloat 602-316-1899
Classification Nancy Birdwell ... 480-821-1932
Elections Dave Van Hook... 602-790-6283
Equipment Rental Erik Filsinger..... 480-314-1089
Email Robert England... 480-688-5412
Land Advocacy Erik Filsinger..... 480-314-1089
Librarian Richard Kocher ... 480-966-5568
Membership Rogil Schroeter... 623-512-8465
Mountaineering Erik Filsinger..... 480-314-1089
..... Bruce McHenry ... 602-952-1379
Newsletter..... Robert England... 480-688-5412
Outings Frank Vers 480-947-9435
Programs Sheri Kenly 602-799-1288
Public Relations Open
Training & Schools.. Bill Fallon..... 602-996-9790
..... Clay Vollmer 602-595-7266
Basic Class Bill Fallon..... 602-996-9790
Anchors Class Justin York 480-229-8660
Lead Class Mike Knarzer 602-751-1701
T-shirts Sally Borg 480-425-9689
WebSite Kirra webadmin@amcaz.org
T-shirts Sally Larimer 480-425-9689
Website Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

This Month in the AMC

Who does what, Addresses, Phone Numbers	2
Hot Stuff, Library, Birthdays, News Letter Info	3
Treasurer's Report, Discounts, Rentals	4
AMC Board Minutes	5
New Members, President's Corner, 2008 Dues, AMC Club Gear	6
Walking the Haute Route	7
Mars Attacks	10
Anchors Class - Fall 2007, January Program Info	11
January Program - Descent	12
Lead School - Spring 2008	13
Outing Leaders	14
Thanksgiving at Joshua Tree in Pictures	15
Calendar of Events	16
January Calendar	17
Holiday Party (2007) Details	18

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

HOT STUFF !!!

Elections

Canyoneering
Arizona -
By Tim Lange

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

February Newsletter Deadline Wednesday - January 23

FEBRUARY BIRTHDAYS

George Martin 3, Marcela Niemczyk 4, Bill Fallon 6, Jodie Bostrom 7, Craig Parrish 7, Jack Carlson 10, Laura Lambert 12, Michelle Lindsey 15, Martin Czerwonka 18, Rich Kocher 18, Giacomo Mendel 18, Mick Strole 18, Steve Oloier 19, Chris Sweeney 19, Kate Hansen 20, Monica Miller 21, Erin Stretton 21, Nathen Medlock 23, Suzanne Cook 28, Kirra Kurvink 29, Chris Meyer 29, Dick Severson 29

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

AZ Cliffhanger - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5	\$32	10	16
Ice Crampons	5	\$26	8	13
Ice axes (70 cm)	6	\$16	5	8
Ice axes (90 cm)	5	\$14	5	7
Snow shovel	1	\$8	3	4
PortaLedge	1	\$100	30	50
Climbing shoes	Various sizes Call			

Equipment Rental Policy:

-All equipment rentals shall be only to current AMC members.

-AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.

-Rental rates shall be as published in the AMC Newsletter.

-Two checks shall be collected from the renter.

-The first being for the rental amount. It will be placed into AMC accounts.

-The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.

-If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.

-The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.

-An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-**For Shoes** - Call Linda Locke (602) 997-4235.

-**For everything else**, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended October 31, 2007

INCOME

Admin (holding TRSM deposits)	-250.00
Advertising	315.00
Dues 2007	6,662.00
Interest	561.36
T-Shirts (AMC)	18.00
T-Shirts (Grand Canyon)	100.00
Mountaineering Schools	210.00
Rental Equipment	50.00
T&S Schools Rental Income	80.00
AARS Spring	1,650.00
AARS Fall	2,195.00
Basic Spring	3,515.00
Basic Fall	4,790.00
Lead Spring	675.00
Lead Fall	0.00
Other	270.00
TOTAL INCOME	20,841.36

EXPENSES

Admin	992.53
Equipment Maintenance	101.92
T-Shirts (Grand Canyon)	349.25
Insurance	3,405.60
Land Advocacy	383.82
Mountaineering	565.97
Newsletter	2,004.02
Outings	234.73
Outing Leaders	105.40
Programs Monthly Meeting	3,077.86
Training	4,170.12
TOTAL EXPENSES	15,391.22

OVERALL TOTAL..... **5,450.14**

ACCOUNT BALANCES

Checking (on 10/31/2007)	15,959.26
CD Account (on 8/17/2007)	11,060.47
TOTAL CASH ASSETS	27,019.73

AMC Outing Gear..... 2,147.40

OVERALL TOTAL **29,167.13**

Joshua Tree
Weekend Vacation Rental

*No wind, No Sand, and Close to the Crags!
Sleeps 6, All Amenities, Reasonable Rates.
Perfect for your next club outing!
Book your next trip online with us.*

Woof! Woof! Pet friendly too!
www.JoshuaTreeVacationHomes.com

Board Meeting Minutes - December 3, 2007

Minutes – December 3, 2007
Office of Site Consultants Inc.

Board members present: John Keedy, Clay Vollmer, Erik Filsinger, Sheri Kenly, Dan Beatty, Robert England, Danny Gonzales, and Dave McClintic

Members present: Jodie Bostrum and Grant Loper

Call to Order: A Quorum being present, the Meeting was called to order at 7:03 p.m. by President Keedy.

Minutes of the November 12, 2007 board meeting were reviewed and approved as amended to show that Bill Fallon and Dave McClintic were in attendance.

Treasurer's Report: Present by Clay Vollmer. Motion made, seconded, and voted for approval. It was noted that the 2008 AMC Budget was presented at the November member meeting.

Committee Reports

Programs: Sheri Kenly reviewed several speakers she is attempting to line up over the next several months. She is looking for someone to take over obtaining local speakers so that she can focus on the 4 or so national level speakers for the year.

Land Advocacy: John Keedy discussed the Queen Creek Stakeholders Meeting he attended and Erik updated the group on the latest Queen Creek developments. Erik asked that Board members consider becoming Stewards of the McDowell Sonoran Preserve.

Membership: 382

Mountaineering: Erik Filsinger reported that Southwest Adventures is lined up to offer a basic ice climbing class again in the Spring.

Elections: Grant Loper was elected the new Elections chair and is preparing the list of candidates for presentation to the membership in the December meeting and elections thereof in the January member meeting.

Equipment Committee: Jodie Bostrum was elected the new equipment chair and will begin her duties with an effort to collect the AMC rock climbing equipment for an inventory.

Old Business

AMC 2008 Calendar of Events: President Keedy distributed and the Board approved the 2008 Calendar of Events. It will be updated from time to time but will also be placed on the website at the earliest convenience.

Email policy: Dan Beatty will present his draft policy at a future meeting.

New Business:

Christmas Party. The party is set for December 21 at Gainey Ranch.

Adjournment: The meeting was adjourned at 9:00 p.m.

An **Executive Session** was held during the meeting to discuss two categories of issues arising from member's experiences at Joshua Tree.

NEW MEMBERS - Climbers - Please Welcome:

Rusty Hamlin

John Yanke

President's Corner

What a fantastic year this has been. Looking over all the activities we have had in 2007, we had lots of activities and lots of Outings. We have a core of sixteen dedicated Outing Leaders who have earned close to 100 outing credits as of the end of November. We have had some very interesting activities as well, the Deep Water outing, a "twofer" of the Hand and Crying Dino in one day, Spider Walk and Rosetta Stone, just to name a few. I also know that a lot of people are doing very fun and challenging climbing on their own. I am glad the AMC has had a part in getting people started climbing, mountaineering, and ice climbing.

Our cleanup and trail maintenance activities went well this year at Queen Creek, Grand Canyon, the North Mc Dowells and Pinnacle Peak. Our rock climbing classes have been conducted expertly by our dedicated lead instructors. We are so fortunate to have them conducting the three classes, Basic, Anchors and Lead. Those many folks that have come out to help the new students "learn the ropes" are greatly appreciated. Without you we just couldn't do it. Our Arizona Mountaineer newsletter is better than ever with lots of pictures and articles about what you all are doing. Keep contributing.

The AMC played a significant part in delaying the Southeast Arizona Land Exchange and Conservation Act again this year as we have in previous years. A great big **Thank you** to all those who wrote letters and made calls about the issues. The AMC entered written testimony into the Congressional Record concerning this legislation and I know that it made an impact. We continue to work with other interested agencies and groups for the benefit of climbing in Arizona. No action was taken on the bill by Congress in 2007 other than holding a hearing. Next year will be see increased focus on this issue from both sides of the issue. I know we can count on you for continued support.

There are so many people deserving of thanks for all the successes in 2007 that I hesitate to start naming them individually, lest I forget someone. Just know that you are appreciated and that your continued support is recognized. It is a pleasure to work with such dedicated people.

John Keedy

2008 Dues

It is time to renew your membership for 2008. The membership year runs from January to December; \$30 for single or \$35 for family membership. Please make your check payable to AMC and bring to the next meeting or send to:

AMC Membership
6519 W. Aire Libre
Glendale, AZ 85306

If your name, address, phone or email have changed, please enclose corrections with your check. If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know. Call 623-512-8465 if you have questions.

AMC Club Gear

Along with many other AMC responsibilities, Sally Borg has willingly supported the AMC by storing and managing club equipment. That responsibility will now transfer over to Jodie Bostrom. If you have club equipment (i.e. ropes, carabiners, helmets, etc.) that need to be returned, please contact Jodie at jodiebostrom7@msn.com to arrange for a time to drop it off. Thank you Sally for all that you have done and still do! Your leadership and support is appreciated.

Walking the Haute Route

The Walker's Haute Route is a trekking route from Chamonix, France to Zermatt, Switzerland or as it is also often described, a walk from Mont Blanc to the Matterhorn. The 180 kilometer route crosses eleven mountain passes, the highest at nearly 3000 meters, while climbing in total over 12,000 meters and descending over 10,000 meters. The route passes through the greatest grouping of 4000 meter peaks in the Alps. The route was developed over 100 years ago and continues to be one of the more challenging mountain treks in the Alps.

Being a few years older than the average AMC member, I have spent the last few years pursuing trekking adventures rather than significant climbing challenges. Although I enjoy hearing and reading about climbing and especially mountaineering adventures, my skills and abilities limit my possibilities in that regard. But, I can and do travel to see and hike near some of the mountains I've heard or read about.

I started planning this self-guided trek in March, 2007 and left for Switzerland in July. Once in Geneva I checked some of my gear at the train station, very conveniently located at the airport, and then headed off to Chamonix. In Martigny it is necessary to change trains and pickup the train on to Chamonix. Having traveled in this area a couple years ago when I had hiked the Tour du Mont Blanc, I was familiar with the railroad route.

In Chamonix there are a number of hotels to stay in and this was to be my jumping off place for this trek. I used a Cicerone Guide called Chamonix-Zermatt written by Kev Reynolds to lay out my route and to make arrangements for housing in various inns and mountain huts along the way. I have found this to be a very reliable set of guides for trekking on European mountain routes.

The first days walk can end in Argentiere, just a couple hours up the valley from Chamonix but most walkers continue on through Argentiere and Le Tour, over the first pass, the Col de Balme at 2204 meters on the Swiss border and on to Trient. This part of the route provides great views back down the valley with the Mont Blanc massive towering over the towns in the Chamonix valley.



Mont Blanc towering over the Chamonix Valley looking from near the Col de Balme

Trient has only one small hotel and is used not only by Haute Route trekkers but also by folks walking the Tour Du Mont Blanc. A very small town with only the hotel and the adjoining grocery store for services means you will meet other trekkers. I was the first arrival for the day and after a great lunch, cleaned up and napped (another pastime some of us older folks enjoy). That evening at dinner I met, as was true along the whole of the route, folks from all over Europe and some other Americans. Unfortunately this group of Americans did not do us proud. They were loud and obnoxious.

(Continued on page 8)

Walking the Haute Route (continued)

(Continued from page 7)

The next morning there are two routes to the next town, Champex Lac. One is over the Fenetre D'Arpette at 2665 meters, a classic mountain pass with a challenging climb over scree and along side the Glacier du Trient and below the snow covered Aiguilles Dorees and Pointe d'Orny. The last time I traveled over this pass in rain, sleet and fog until starting down when the sky cleared and the views were spectacular.

I chose the second route which I had not used before and this route provided a spectacular view over the Rhone river valley and into the Bernese Alps beyond. The trek still climbs up over a pass, the Col de La Forclaz and up onto a high meadow at 1987 meters. Along this stretch of trail I met another group of Americans doing the route in reverse, from Zermatt to Chamonix. They also provided me an update on the snow and ice I would run into on the trail between the Cabane Mont Fort hut and the Cabane De Prafleuri hut. It was also the time I ran across a group of American women who were trekking the route with guides and a van support vehicle. They did not stay in the mountain huts but in village inns and hotels along the way.

Champex Lac is a small town near a lake (Lac). It has a number of hotels and places to eat and shop for food. This is the last town that shares any of the Tour du Mont Blanc route with the Haute Route. Here I met an American couple from Minnesota that were on the same plan and route as I. We would meet several more nights along the way.

The next part of the trek took me down into a valley, Val de Bagnes and the town of Sembrancher. This valley is a large ski area and as such is crisscrossed by ski trails, mountain bikers and lots of people and cars. Some people walk this part but not being particularly fond of all that and the paved bike route the trail follows, I caught the train up the valley to Le Chable and the ski lift up to Clambin and the picked up the trail again on to Cabane du Mont Fort. This is the first of the true mountain huts I would use along this route. Sitting at 2457 meters the views of the other side of Mont Blanc and the next days route up around Col Termin at 2648 meters were both thrilling and intimidating.

Mountain huts are what makes trekking in Europe so civilized. Being 62 years old, and having hiked and backpacked for over 50 years, I've gotten tired of climbing in and out of tents on the ground, carrying packs weighing anywhere from 25 to 65 pounds and eating what some might say doesn't even qualify as food. The mountain huts provide bedding accommodations of various levels, great dinners and lunches, beer, wine and other spirits as well as a welcoming shelter in very primitive and obscure places. So I can still enjoy getting out to the remote mountain areas with out having to carry

much more than bad weather gear, a change of clothes and lunch. What a great way to travel.



Looking back at the Col de Louvie just to the left of the center peak

The night had been all thunder storms and rain but the morn was fresh and sunny as I headed out. This section is very isolated and ties together two mountain huts by passing over three mountain passes. The highest being the Col de Louvie at 2921 meters. This pass and the last pass, the Col de Prafleuri were snow covered and required some careful walking. And I got lost. Not "lost" lost but off the trail enough so that I had an hours back tracking to get back on course.

I arrived at the next hut, Cabane De Prafleuri in time for a late lunch and just before the rain started falling. But the best news was that as others rolled into the hut, they all also admitted to having gotten lost as well. My self image was restored.

The trip continued on in a similar manner on through to Zermatt. The most exciting portion as far as exposure occurs on the last two days. The route from St. Nicklaus and up to Gasenried and on to the Europaweg was only developed in the 1990's. Before that, the trail proceeded directly up the valley to Zermatt. The Eu-

ropaweg alternative takes you up on the eastern side of the valley and provides for a challenging two day alternative trek into Zermatt with the Matterhorn clearly visible at the southern end of the valley.

This part of the route cuts through a couple mountain tunnels, over some very narrow mountainside trails with cables

(Continued on page 9)

Walking the Haute Route (continued)

(Continued from page 8)

for aid, across a shaky swinging bridge, around an area where the trail has already been wiped out by rockfall and avalanches as well as across some areas where signs tell you to proceed quickly without stopping because of rockfall dangers in the area. It made for an exciting end to the trek and one that I won't soon forget.

Charlie Schulz



Cabane De Prafleuri in the morning mist



The Haute Route

*Map used with permission from Wilderness Travel
www.wildernesstravel.com*



Me and St Bernard on the Europaweg Trail

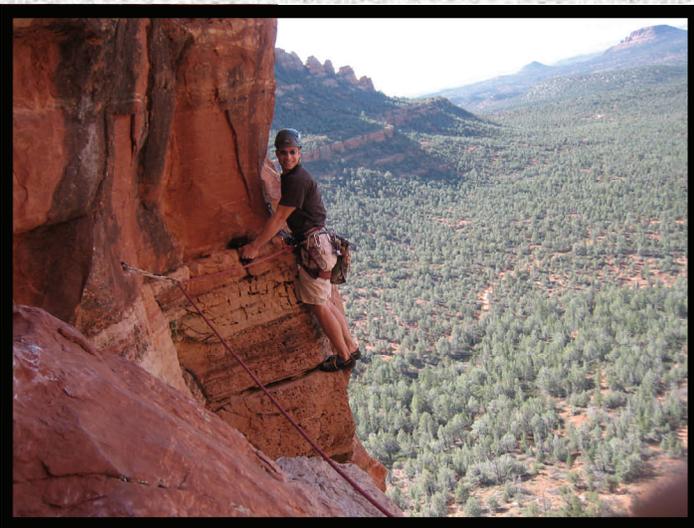
Mars Attacks

After taking the fall AMC Anchor's Class, Pete Fuessle and Martin Czerwonka both showed an interest in experiencing a multi-pitch climb. so Matt Percy and I decided to invite them to one of the best moderate multi-pitch climbs in Red Rock Country (IMHO)! On 11.18.2007, Pete, Martin, Matt and I headed to Sedona to climb Mars Attacks.

Mars Attacks is located on a formation called The Fin, which is a big, red wall that sits above Dry Creek Road, just north of Devil's Bridge. The approach to Mars Attacks is relatively easy. The consensus rating on mountainproject.com is 5.8+, but you be the judge. I have climbed it ten times, and most fellow climbers feel it is closer to a 5.9/5.9+. The first pitch is a bolted slab that trends to the right to a two bolt belay found just in front of an alcove. Pitch two is a bolted traverse with high exposure that follows a limestone band right to a small two bolt belay at the "money" crack system. The third trad pitch follows the crack system with some offwidth, jams, stemming and chimney moves. This pitch leads to a two bolt belay on a nice ledge rock left. The final pitch continues up the crack system (trad) to a bolted face and slight runoff to a two bolt belay. The rap anchors are rock right from the top of the fourth pitch ~45 feet. Two 60m ropes are required for the two rappels to the ground. The first rap takes you to a narrow "chicken" ledge (rock left) with three bolts. The second rappel takes you to the ground. The rappels are on vertical walls - be sure to tie knots at the end of your ropes for the first rap, and use your autoblock and/or a fireman's belay.

Although Pete and Martin are fairly new climbers, they were all in for this adventure. Matt and I hope we recruited two new climbers into the world of multi-pitch!

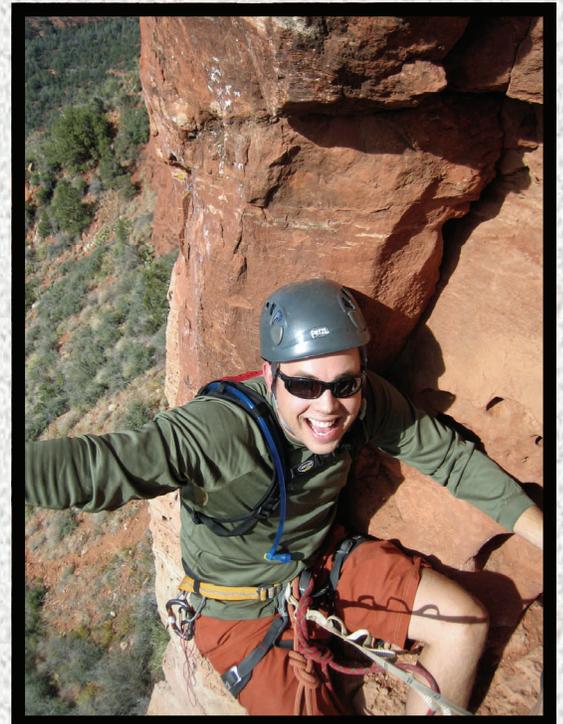
Jodie Bostrom



Martin on the P2 traverse



Matt, Martin & Pete on the "chicken" ledge after the first rap



Pete hamming it up on the P2 belay ledge

Anchors (Fall 2007)

Congratulations to the Fall 2007 Anchors School Grads
And
Thank You to all of the Instructor volunteers

Students		Instructors	
Kim Buffalo	Ted Osmond	Bill Arndt	John Kynyk
Martin Czerwonka	Jan Raven	Ronald Auerbach	Erin Livingston
Chanda DeLong	Wolfgang Rupp	Nancy Birdwell	Dominic Mancini
Pete Fuessle	Todd Storey	Jodie Bostrom	Chris Meyer
Gary Heintz	Denise Stravia	David Cameron	Monica Miller
Morgan Herlitzke	Chad Taylor	Mark Christiani	Sonia Overholser
Frank Hertz	Rocky Taylor	Eric Evans	Matt Percy
Dan McFeely	Stephen Van Her-	Bill Fallon	
Dennis McFeely	pen	Shannon Flowers	
Trevor Moody	Robin Walker	Tom Folwell	
Christa Nobbe	Dale Wiggins	Jason Garvan	
Brian O'Connor		Daniel Gonzales	



Come and start off 2008 by attending the first AMC meeting of the year on January 28th at 7:00 p.m.

Participate by:

Electing the AMC Board for the year.

Checking out the library's stock of climbing adventures; videos; dvd's; and guides galore.

Watch adventures: This month's program is not confirmed as of the newsletter deadline, but it will be announced via email at least two times prior to the meeting.

Catching up on your friends latest outings and find out the newest outings so you can get on the list first.

Join us afterwards at a local watering hole to be announced at the meeting. It's time we start hanging out after meetings like the old days!

See you at the Monday, January 28th meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go South to Stanford and then head East. From Camelback use 40th St. and turn West on Stanford. Follow signs to the auditorium.

On Monday, January 28 at 7:00 p.m. AMC Programs Presents:

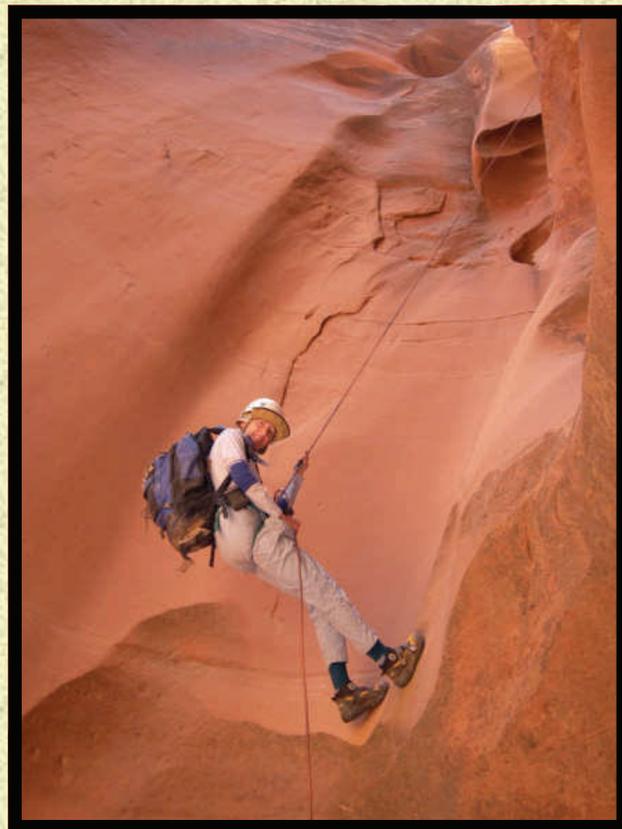
DESCENT

A canyoneering film created by Tim Lange (AMC member and Canyoneer)

Starring AMC Members:

Kathy Sharp, Jef Sloat Philip Goebel, Kim Peterson, Scott Parsons,
Tom Kirsch, Sheri Kenly and Mark Lucas.

Join us on one of our annual trips into the backcountry wilderness of Southern Utah to explore and descend multiple canyons. You will experience entire canyons from route finding, anchor building, 200' free hanging rappels into grottos, petroglyphs, to route finding out again. View *Mindbender*, *Not Mindbender*, *Bluejohn*, *Slideanide* and other canyons. Watch our scamblicious techniques as we climb, slide, crawl, stem, swim, squeeze, rappel and, in general, try to get down each canyon.



See you at the Monday, January 28th 7:00 p.m. meeting! Remember it is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go South to Stanford and then head East. From Camelback use 40th St. and turn West on Stanford. Follow signs to the auditorium.

Lead Climbing School

Arizona Mountaineering Club

Spring 2008

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue Lecture, slide show: introduction, the lead fall, equipment
Wed Lecture, slide show: equipment (continued); the process and techniques of leading
Thu Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat Hands-on practice: natural pro placement (Prescott)
Sun Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Feb 19	Tuesday	6:30 pm–9:30 pm	*North Mountain Park
Feb 20	Wednesday	6:30 pm–9:30 pm	North Mountain Park
Feb 21	Thursday	6:30 pm–9:30 pm	North Mountain Park
Feb 23	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Feb 24	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. Ramada location to be announced.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2008. Register by sending a check payable to AMC Lead School to Nancy Birdwell 1654 W. Boston St, Chandler, AZ, 85224. No credit cards accepted. (Please note: the registration fee is fully refundable if you cancel.) Call Nancy Birdwell at 480-821-1932 or email info@amcaz.org for more information. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

All climbing gear (harness, prusiks, biners, etc.)

Helmet—mandatory for all on-rock sessions

Specifically needed:

2 20' slings (untied length), preferably different colors

2 10' slings (untied length), preferably different colors

Nut pick

Quickdraws with biners—at least 5 per person

All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.

Consider combining with another person to have enough gear

Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday

Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.AzMountaineeringClub.org.

Outing Leaders

Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.

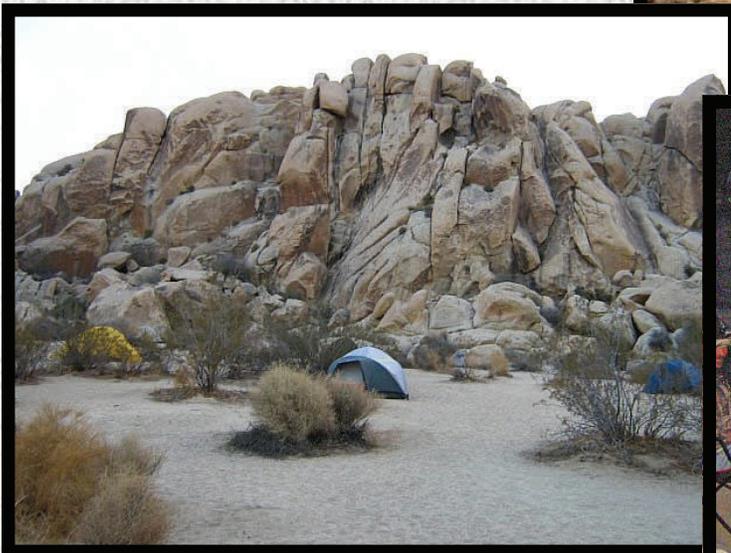
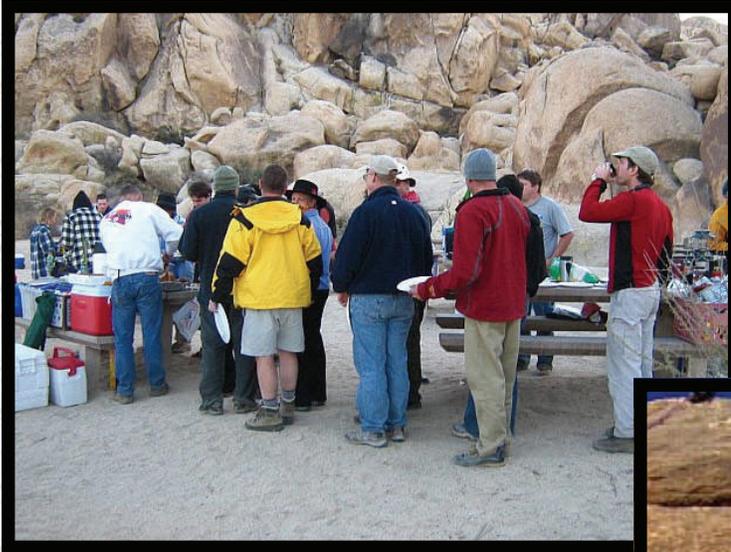
Outing Leader

Contact Information

Sally Borg.....	480-425-9689	sallyborg@cox.net
Robert England	480-688-5412	robert_england2@yahoo.com
Bill Fallon.....	602-996-9790	bill.fallon@cox.net
Erik Filsinger.....	-----	smorefil@aol.com
Jason Garvin.....	480-734-6801	beach_bum43@hotmail.com
Scott Hoffman	623-580-8909	
Richard Horst	623-434-4769	
John Keedy.....	623-412-1452	
Mike Knarzer	602-751-1701	getout@cox.net
Tim Lange	480-598-9124	
David Larimer	602-258-0373	
Bruce McHenry	602-952-1379	
Tim Medlock.....	480-963-3496	
Monica Miller	623-362-0456	
Jeff Nagel	602-312-9538	
Matt Percy	480-326-3463	percy.matthew@gmail.com
Rogil Schroeter	623-512-8465	rogil@cox.net
Jef Sloat.....	602-316-1899	
Paul Valenzuela.....	602-705-3106	
Frank Vers.....	480-947-9435	
Justin York.....	480-229-8660	

Your Name Here!

Thanksgiving at Joshua Tree National Park in Pictures



Photos by Gary Heintz

Calendar of Events

AMC Outings

***Please note:** It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.*

***Footnotes:** Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.*

Jan 19 Zonerland: Frank Vers and Richard Horst will host this outing to a little known area in the Superstitions. This is a great undocumented area with stellar rock. Come out and climb arguably the best 5.9 in the state, "Tone of the Bell" Routes are 5.9 to 5.11. Contact Frank for more information: 480-947-9435

Mar 7-10, 2008 Ouray Ice Park – Top Rope Ice Climbing. Ouray, CO Fun Ice Climbing in the School Room! Great place for beginning Ice Climbers. Specific requirements for participants. Contact Bruce McHenry at bamchenry@att.net. Limit 6

***Group outings** are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.*

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Jan 19 Strenuous 11+ mile hike along the Superstition ridgeline. Fit, experienced hikers only please. Contact Rogil 623-512-8465 & rogil@cox.net or Bill Fallon 602-996-9790 & bill.fallon@cox.net before Jan 12

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

January 2008

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Sunrise 7:33 Sunset 5:32 M-rise 2:31 A	3	4	5
<p>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</p>						
6	7	8 <i>New Moon</i>	9 Sunrise 7:33 Sunset 5:38 M-set 6:59 P	10	11	12
13	14 Board Meeting	15 <i>1st Quarter</i>	16 Sunrise 7:32 Sunset 5:44 M-set 1:27 A	17	18	19 Superstitions Ridgeline Hike
20	21	22 <i>Full Moon</i>	23 Sunrise 7:30 Sunset 5:51 M-rise 7:21 P	24	25	26
27	28 Member Meeting - Elections	29	30 Sunrise 7:26 Sunset 5:57 M-rise 1:17 A <i>Last Quarter</i>	31		



AMC Holiday Party **Friday, December 21, 2007**

Location: Gainey Ranch Estate Club
7720 East Gainey Ranch Road
Scottsdale, AZ 85258

Time : 6:30 PM 'til 10:30 PM

AMC will provide a spiral cut Ham, bread, soft drinks, plates and utensils.
Please bring a dish to share and BYOB.

Crazy Christmas Gift Exchange

Bring a wrapped gift to exchange. Price limit \$10.00

Directions:

From the 101 – Take Via de Ventura exit to East Gainey Ranch Road. Take a right or go North. (It is the fifth light west of the 101.) From Scottsdale Road – Take E. Doubletree Road East toward Hayden. East Gainey Ranch Road is the fourth light, this time go left or North. Stop at the guard gate and tell them you are there for the AMC party at the Estate Club. They can give you directions or if they don't....or if you forget....Go about 3/4 of a mile. There is a sign on the right pointing to the Estate Club, Tennis Facilities etc. Though the sign is on the right, the street is to the left. Take the street and you will see the tennis courts on the left. The Estate Club is just past the Tennis courts on the left. If you have any questions call Dave McClintic at 602-885-5194.