

The Arizona MOUNTAINEER

March 2009



Photo contest winner in the climbing category:
Benjamin Smith belaying at Mathis Crest in
Tuolumne, California (near Yosemite).

Photo by Erin Livingston

The Arizona Mountaineering Club

Meetings: The member meeting location is:
Phoenix Country Day School, 3901 E. Stanford Drive,
Paradise Valley, AZ 85253 at 7:00 p.m.
See calendar for day/date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President Grant Loper602-684-3042
Vice-President Robert England....480-688-5412
Secretary Erik Filsinger.....480-314-1089
Treasurer..... Jodie Bostrom.....
..... bostrom.jodie.amc@gmail.com
Director Eric Evans623-237-3165
Director Bill Fallon.....602-996-9790
Director Danny Gonzales ..602-550-8371
Director Kim McClintic480-213-2629

Committees:

Archivist Jef Sloat.....602-316-1899
Classification Nancy Birdwell ...602-770-8326
Elections Dave Van Hook...602-790-6283
Equipment Rental Erik Filsinger.....480-314-1089
Email Robert England....480-688-5412
Land Advocacy Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership..... Rogil Schroeter....623-512-8465
Mountaineering Bruce McHenry ...602-952-1379
Asst. Chair Grant Loper602-684-3042
Newsletter..... Robert England....480-688-5412
Outings Frank Vers480-947-9435
Programs..... Sheri Kenly.....602-799-1288
Training & Schools.. Bill Fallon.....602-996-9790
Outdoor Climbing Bill Fallon602-996-9790
Anchors Class..... Justin York480-229-8660
Lead Class Mike Knarzer602-751-1701
T-shirts..... Sally Borg.....480-425-9689

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*, The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Member Gear for Sale

- * **Backpack** – ARC'TERYX Borea – Men's Large
(Excellent condition – new cost \$350) **\$150**
- * ESPRIT Dry **Ropes** – Two Half Ropes 8.5 – 60meter
(used once – new \$320) **\$150**
- * EDELRID Climbing **Helmet** – Green **\$25**
- * **Ladders** for Aid Climbing –Like new (new \$75 pr.) **\$35**
- * Titanium Backpack **Cookware** – set of 2 (new \$60) **\$25**
- * **Espresso Maker** /Backpacker w/2 cups (new \$30) **\$10**
- * **Climbing Shoes** – La Sportiva Hitops – men's 10 **\$15**
La Sportiva Slippers – men's 10 **\$15**
- * **Approach Shoes** La Sportiva – men's 10 (new \$120) **\$35**
- * **'Stabilicers'** – Ice soles made to strap over boots **\$10** pair
2 pair – Men's small & Women's medium

All gear has been stored inside and well cared for.
Call Sherrie @ 520-240-6997

Library

You must be an AMC member; i.e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

April Newsletter Deadline: Wednesday - 18 Mar

MARCH BIRTHDAYS

Dan Anderson 1, Jordan Dille 1, Bruce McIntyre 1, Ken Larsen 2, Kay Alderton 3, Chris Head 3, Kerry Korth 4, Richard Horst 6, Celestina Vo 6, Levi Williams 6, Matt Thompson 7, Michele Bobik 9, Wayne Schroeter 9, Grant Tewksbury 9, Ronald Auerbach 11, Todd Gertsch 11, Dan Beatty 12, Elisa Loper 13, Forest Brown 14, Roger Fuller 15, Mark Mendel 15, John Perlman 16, Nick Hoffman 20, Traci Alletto 22, Elizabeth Vito 25, Gordon Miller 26, Eve Hoffman 27, John Kynk 27, Bryon Adams 28, Michael Amicone 28, Tommy Kelly 29

Discount Directory

The following merchants currently offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.
- **Solid Rock Indoor Climbing Gym - 2 Locations**
 - * 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
 - * 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5...	\$32	10	16
Ice Crampons	5...	\$26	8	13
Ice axes (70 cm)	6...	\$16	5	8
Ice axes (90 cm)	5...	\$14	5	7
Snow shovel	1...	\$8	3	4

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MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended October 31, 2008

INCOME

Advertising	80.00
Dues 2008 & 2009	8788.00
Interest	470.78
Rental Equipment	196.00
T-Shirts (AMC)	9.00
T-Shirts (Grand Canyon)	397.00
Mountaineering Schools	175.00
AARS Spring	1575.00
AARS Fall	1350.00
Basic Spring	4130.00
Basic Fall	5280.00
Lead Spring	1050.00
Lead Fall	975.00
TOTAL INCOME	24,475.78

EXPENSES

Admin	1,437.86
Bank Charges	-4.00
Depreciation	4,940.91
Insurance	1,591.51
Land Advocacy	1073.11
Library	32.38
Mountaineering	600.76
Newsletter	3484.00
Outings	607.40
Promotional Activities	853.87
Programs Monthly Meeting	5307.90
Rental Gear Maintenance	15.00
Training	1990.06
TOTAL EXPENSES	21,930.76

OVERALL TOTAL 2,545.02

ACCOUNT BALANCES

Checking (on 10/31/2008)	9,747.09
CD Account (matures 8/16/09)	15,000.00
TOTAL CASH ASSETS	24,747.49

AMC Outing Gear	3,467.43
OVERALL TOTAL	28,214.92

NEW MEMBERS: Climbers - Please Welcome

Kathleen Corl
Chris Curtis
Zoie Dilley
Talia McCurry

James Muilenberg
Chrys Rinderknecht
Joshua Sherko
Catherine Swanson

AMC Board Meeting Minutes - February 9, 2009

Attendees: Grant Loper, Robert England, Danny Gonzales, Eric Evans, Jodie Bostrom, John Keedy, Clay Vollmer, Kim McClintic, Bill Fallon

Pres Keedy conducted installation of new officers.

Pres Grant called meeting to order at 1910.

Minutes of previous meeting approved as published

Reports:

A. Treasurers Report approved as submitted

B. Discussion over Program chair. Need to identify another chair. Membership chair may also be in doubt.

C. Mountaineering

1. Rainier Climb scheduled last week of June. Discussion held, 2 or three rope teams. Fitness evaluation in April.
2. Introduction of team mountaineering concept. Paul Silvia joining the team with Bruce and Grant. Time frame fall 2009.
3. Grant working with Dr in Telluride on Mountain Sickness Seminar.
4. Creating Mountaineering Leader approval process.

D. Access

John discussed about McDowell Preserve rock climbing meetings and outcomes. AMC has agreed to be the City of Scottsdale's Partner in the North Access Area. This will involve assisting with trail building and maintenance as well as education and compliance measures with regard to the Preserve management policies and implementation with the climbing community. Separately John has been asked to serve as the Rock Climbing Patrol Chair for the McDowell Sonoran Conservancy. Erik Filsinger is working with Scott Hamilton, the City's Trail Coordinator, to schedule AMC assistance with building the appropriate climber paths in the North Access Area.

E. T & S

1. Lead starts next week-Mike has gear lined out. Basic March 10 have 10 confirmed so far. Don't have fliers yet. Purchased gear for \$3000. Party will be at Jodie's house.
2. Anchors will be in April. North Mtn. Park not taking reservations. First come/first serve on Ramadas
3. Land Navigation class Thurs Apr 2 and Sat Apr 4-Grant to teach

F. Outings - Jodie planning Mt Hayden Outing June 20&21

G. Classification - Wolfgang Rupp in queue. Needs Apprentice outings.

H. Newsletter

1. No issues.
2. Many years of NL on web site. AAC has copies back to 1966 as well. Robert working with AAC.
3. Robert needs approval to upgrade Adobe software of \$600.00. Grant will put on agenda for next Membership Meeting.
4. Discussion on AMC History. Grant to work with Robert later this week.
5. Apr 25 is AMC Anniversary Climb day. Pinnacle Peak has approved outing, Preserve has not responded. Also informal evening event may be planned at Greasewood Flats

I. Membership No Report

New Business

1. Grant suggests meeting agenda to be $\frac{3}{4}$ business and $\frac{1}{4}$ planning for future. Grant proposed a mission statement. Board is asked to study and provide input to a mission statement.
2. Eric and Robert will look into a means to pay dues over internet.
3. Process of outing approval over internet. No action

Meeting adjourned at 2059

On Monday, March 23rd at 7:00 p.m. AMC Programs welcomes our own adventurer:

Tyler Williams

Author of the new book:
Arizona Summits – South:
A Guide to Mountains, Peaks and High Points.

Summit routes in the guide are categorized as; drives, hikes, scrambles, and climbs. Everything from scenic paved roads to gripping fifth-class rock climbs are covered in this exciting new guidebook. Dedicated peak baggers will recognize some of Williams' airy destinations, but much of the book's content will be new territory for Arizona mountaineers. Standard routes like Mazatzal Peak and Baboquivari are listed, but you will also learn of lesser known destinations like Castle Dome Peak, Harquahala Mountain, and the pinnacled spire of Eagle Tail Peak.

Tyler Williams is an adventure writer and photographer based in Flagstaff, Arizona. Tyler's first book—*Canyoneering Arizona*—was published in 1998. His second book, *Grand Canyon River Hikes*, was a growth of his experience as professional river boatman in Grand Canyon. These were followed by: *Whitewater Classics* in 2004 and in 2007: *Paddling Arizona*. Tyler regularly writes and photographs for *Backpacker*, *Paddler*, and *Kayak Session* magazines. View his website at: www.funhogpress.com.



See you at the Monday, March 23rd 7:00 p.m. meeting! It is at Phoenix Country Day School 3901 E. Stanford Drive P.V. 85253 It is between Lincoln and Camelback. From Lincoln use 36 St. and go south to Stanford and then head east. From Camelback turn left on 40th St. followed by a left on Stanford. The auditorium entrance faces the parking lot.



The Arizona Mountaineering Club - www.amcaz.org

Hart Route (5.2)

Would the bees come out to visit?

We had arranged to climb the popular beginner trad lead known as the Hart route. However, we were well aware of the recent problems with bees on this route. Would the weather be cold enough to keep us safe? Unseasonably warm weather greeted us on a beautiful Sunday morning, keeping our anxiety level high.

Karen and I were joined by Team Sue (Susan and Suzanne) at the Echo canyon parking lot. Suzanne's father was kind enough to drop us off, as it was already a busy day for hikers looking to summit Camelback mountain. Karen would be one of those hikers today, as a bum shoulder has kept her from climbing recently. We all hiked up the short approach to the "Walk up Gully" that leads to the base of the Praying Monk. As Karen hiked up to the top of Camelback, we started our own quest to reach the top of the Camel's head.

The Walk up Gully (class 4) was uneventful, but gave us a chance to warm up. After gathering the rope, we headed up to the base of the Hart route. While walking to the start, we discussed our emergency plans in case the bees decided to make a surprise appearance.

The Hart route has a reputation for being a nice beginner lead climb for those looking to improve their trad skills. As I lead the first pitch, I was thinking how much I agreed with that reputation. The first pro placement looked like it was custom made for my stopper. The climbing was easy and the pro placement was straight forward. There were even surprise bolts once in a while to mix things up.

We could see the first two pitches, and since we had a full length climbing rope, we decided to combine them. While this simplified the logistics, it added quite a bit of rope drag to the second half of the climb. When I reached the Palo Verde tree, I belayed Suzanne up while enjoying the views. It had rained recently, which cleared out the typical Phoenix brown cloud. I enjoyed clear views of downtown Phoenix and Paradise Valley while Suzanne was reaching the top of the pitch.

She was dragging a rope behind her, so we switched belays as Susan started her ascent. It didn't take long for Susan to join us at the top of the second pitch, so we coiled the rope and moved to the start of the final pitch.

After reaching the base, I dropped the rope and managed to tangle it completely. Suzanne and Susan spent the next 15 minutes untangling the mess I had made, and with every minute that passed I felt more and more embarrassed. Unfortunately for me there was no place to hide my embarrassment in this narrow valley!

Eventually after some mild swearing from Suzanne and apologies from me, everything was set for the last climb of the day. This section is a nice face climb, which I enjoyed immensely. My only regret upon reaching the top to set up the belay was that the final pitch wasn't longer.

After finishing the climb, our next worry was finding the rappel. The guide book lists the rappel as being at the top of Pedrick's Chimney (5.1). Luckily this wasn't hard to find and we were soon rappelling off the large eye bolt. We need every millimeter of that 60 meter rope to reach the ground, but we made it.

As we walked away from the final rappel, we noticed that Gargoyle wall was quite popular today, as there were quite a few climbers around. Congratulating ourselves for the early start, we waved goodbye to the invisible bees as we walked the short distance back to the parking area, already thinking about what climb would be next.

By Scott Frankel

Pictures on the next page

Hart Route (5.2) (continued)



Scott on rappel

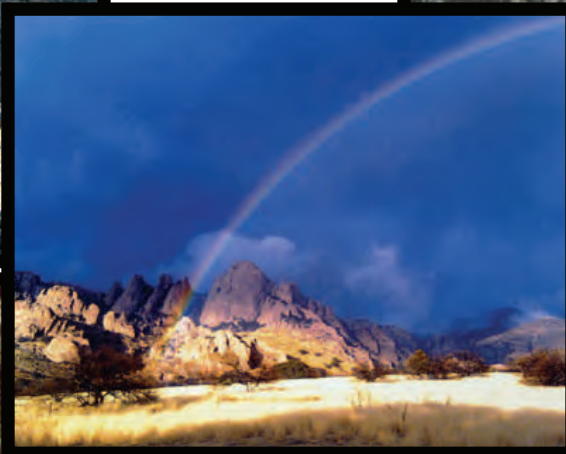


Susan on the 1st pitch



Suzanne on rappel

Photo Contest Winning Pics



OUTDOOR ROCK CLIMBING

FOR THE BEGINNING OUTDOOR CLIMBER

Arizona Mountaineering Club - Spring 2009

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Mar 10	Tuesday	5:30 pm–10:00 pm	* North Mountain Park, Ramada tbd
Mar 12	Thursday	6:00 pm–10:00 pm	North Mountain Park, Ramada tbd
Mar 14	Saturday	8:00 am–5:00 pm	tbd
Mar 15	Sunday	8:00 am–5:00 pm	tbd
Mar 17	Tuesday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 19	Thursday	6:00 pm–10:00 pm	Phoenix, Solid Rock Gym
Mar 21	Saturday	all day	Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Havasupai Ramada is the first Ramada as you come in the park.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

Technical climbing gear that will be used for the school (**and is yours to keep**): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)

Harness and helmet provided free by the AMC for the duration of the class if needed

Basic climbing textbook

Instruction through all phases of the class

Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the **second** night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$175 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through December, 2009.

Registration: The class is limited to 40 students. To reserve a spot, send a check for \$175, \$205 or \$210 (see Class Fee above) made out to AMC Basic School. Include your clearly printed name, address and current phone number (s). Mail to: **AMC Basic School, 15508 W Bell Road #101-150, Surprise, AZ 85374**. No credit cards accepted.

Questions??? Contact **Eric Evans** by email at AMCBasicSchool@gmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$175 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Climbing Anchors School

Arizona Mountaineering Club - Spring 2009

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

Tuesday:	Learn anchor components, anchor types, knots and hitches.
Thursday:	Learn anchor system characteristics and construction.
Saturday:	Gain experience setting anchors by practicing “hands-on” scenarios under instructor supervision.
Sunday:	Apply newly learned skills setting real anchors on an optional climbing day. This session is a climbing outing where students set the anchors under instructor supervision and then spend the day climbing.

Class schedule:

Apr. 14	Tuesday	6:00 pm–9:30 pm	*N. Mountain Park (Phoenix), Yavapai Ramada
Apr. 16	Thursday	6:00 pm–9:30 pm	N. Mountain Park, Yavapai Ramada
Apr. 18	Saturday	8:00 am–4:00 pm	Climbing area to be announced during class
Apr. 19	Sunday	7:00 am–5:00 pm	Climbing area to be announced during class

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park and drive around the loop to the last parking area at the end of the loop.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rapel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (\$30 for an individual and \$35 for a family). Membership is good through Dec., 2009. Register by sending a check payable to AMC Anchors School to PO Box 11883, Tempe, AZ 85284. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: Anchors.School@amcaz.org for more info. The number of students will be limited to 36.

Equipment required for the class:

- 2 non-locking "D" or oval carabiners (at least 2, bring more if you have them)
 - 3 locking carabiners (at least 3, one of which should be a parabiner)
 - 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
 - 1 climbing harness
 - 1 ea 4', 6', 10' 6mm prusiks (untied length)
 - 2 ea 5', 10', 20' slings (1" tubular webbing, untied length, AKA runners)
 - 1 or 2 personal anchor slings (commercial daisy chains or 4' sewn Spectra runners or equivalent)
 - 1 helmet—**required for Saturday and Sunday sessions**, helmets are available if you do not have one.
- (The slings and harness are the only additional equipment needed over the Basic School requirements)

This class is designed to teach you how to set top-rope anchors. In order to become independent and set your own anchors, you should start acquiring anchor gear. These purchases will be limited by how much money you want/have to spend and how much interest you have in climbing independently. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people's gear. If you don't know how to mark gear, check with an instructor before doing so to avoid weakening equipment due to improper marking.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D's, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5', two 15' slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

MARCH MADNESS SHOE SALE!



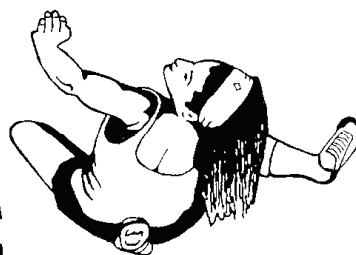
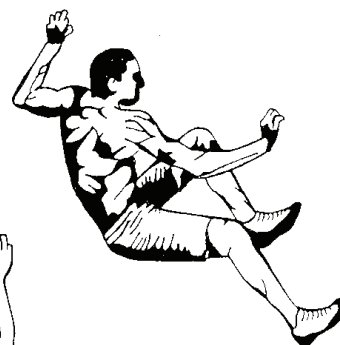
**15%-50% OFF
ALL SHOES**

AZ CLIFF HANGER



Located inside the Phoenix Rock Gym
www.azcliffhanger.com - Marty Karabin
1353 E. University Dr. Tempe, AZ 85281
Ph: 602-642-9507 Fax: 480-237-0095

THRASH & DANGLE FEST



WWW.PHOENIXROCKGYM.COM

APRIL 25
2009

CLIMBING COMPETITION - SATURDAY NIGHT, LIMITED TO
THE FIRST 100 COMPETITORS REGISTERED - \$25.00 TO GET IN.
CASH PRIZES, MFG PRIZES, RAFFLE, MUSIC, FOOD, TONS OF FUN!
SIGN IN 5-6 PM / COMP TIME 6-9 PM / PRIZES AWARDS 9-10 PM
TO REGISTER - PHXROCKGYM → 480-921-8522 / 1353 E. UNIVERSITY, TEMPE.

Outing Leaders

Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Information

Sally Borg.....	480-425-9689.....	sallyborg@cox.net
Jodie Bostrom		bostrom.jodie.amc@gmail.com
Robert England	480-688-5412.....	robert_england2@yahoo.com
Bill Fallon.....	602-996-9790.....	bill.fallon@cox.net
Erik Filsinger.....		smorefil@aol.com
Jason Garvin.....	480-734-6801.....	beach_bum43@hotmail.com
Richard Horst	623-434-4769.....	
John Keedy	623-412-1452.....	jwkeedy@cox.net
Mike Knarzer	602-751-1701.....	thrashndangle@gmail.com
Tim Lange	480-598-9124.....	
Grant Loper	602-684-3042.....	grant.loper@loperandassociates.com
Bruce McHenry	602-952-1379.....	
Chris Meyer.....	602-692-5912.....	
Monica Miller	623-362-0456.....	
Jeff Nagel	602-312-9538.....	
Matt Percy	928-420-2065.....	percy.matthew@gmail.com
Rogil Schroeter	623-512-8465.....	rogil@cox.net
Frank Vers.....	480-947-9435.....	climbrosx@gmail.com
Clay Vollmer.....	602-595-7266.....	skatrash@cox.net
Justin York	480-229-8660.....	

Your Name Here!

Outdoor Rock Climbing School Instructor Meeting

The instructor meeting for the Spring 2009 Outdoor Rock Climbing School will be at *Jodie Bostrom's* house at 6:02pm on Wednesday, 4th March, 2009. We'll assemble gear packs for the class and organize harnesses. We'll go over the class outline and get people lined up for demos. **Pizza and soda will be provided by the club.** Attending the instructor meeting is not mandatory, but it's sure helpful. You don't have to call, just show up! If you can't make it, just show up for the class at North Mountain Park on 10th March, and we'll put you to work.

Directions to Jodie's: 856 E Edgemont Ave , Phoenix , AZ 85006 Take I10 to 7th Street . Turn North on 7th Street to Thomas. Turn right (East) on Thomas, take the first right on 8th St, and the first left onto Edgemont Ave.

Calendar of Events

AMC Outings and Events

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Mar13-16 Ice Climbing. Ouray Ice Park - Top Rope Ice Climbing. Ouray, CO Fun Ice. Climbing in the School Room! Great place for beginning Ice Climbers. Specific requirements for participants. Contact Bruce McHenry bamchenry@att.net. Limit 6

Mar 28 Queen Creek Cleanup and Climb. No Limit. Contact Jodie Bostrom for details bostrom.jodie.amc@gmail.com.

Apr 2-4 Glacier & Snow Skills Seminar. Contact Bruce McHenry at bamchenry@att.net. Limited size – sign up early! See additional information at the bottom of the page.

April 11 - Wasteland. Contact Jodie Bostrom for details (bostrom.jodie.amc@gmail.com).

April 12 - Zappa Wall. Contact Jodie Bostrom for details (bostrom.jodie.amc@gmail.com).

May 22-25, 2009 Colorado Mountain Climbing Outing. Contact Bruce McHenry at bamchenry@att.net.

May 30 - Mars Attacks. Contact Jodie Bostrom for details (bostrom.jodie.amc@gmail.com).

May 31 - Overlook. Contact Jodie Bostrom for details (bostrom.jodie.amc@gmail.com).

June, 2009. Rainier Outing. Contact Grant Loper for more information. grant.loper@loperandassociates.com

June 20/21st - Mt Hayden. Contact Jodie Bostrom for details (bostrom.jodie.amc@gmail.com).

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Mountaineering Update

Gear For Rent – The club now has available for rent avalanche kits and curved ice tools. The avalanche kits contain a 265cm avalanche probe and aluminum snow shovel w/collapsible handle. The probe folds up (like tent poles) into a carrying case which straps onto the shovel. Ice tools for rent are a pair of Black Diamond Vipers w/leashes and a pair of Petzl Azters w/leashes.

Upcoming Events

March 13-16, 2009. Ouray Ice Climbing Outing

Apr 2-4 Glacier & Snow Skills Seminar. Basic techniques for the alpine and mountain environment: Using ice axe and crampons, snow travel, self-arrest, snow anchors, and crevasse rescue. Thursday evening April 2 will be discussion, concepts, introduction to equipment. Saturday April 4 Seminar will be training and practice at Flagstaff Snowbowl. Specific requirements for participants. Cost is \$50 for new students, \$25 for refresher students. Contact Bruce McHenry at bamchenry@att.net. Limited size – sign up early!

May 22-25, 2009. Colorado Mountain Climbing Outing

June, 2009. Rainier Outing

March 2009

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Board Meeting	3	4 Sunrise 6:53 Sunset 6:28 M-set 1:47 A 1st Qtr	5	6	7
8	9	10 ORC	11 Sunrise 6:44 Sunset 6:33 M-rise 7:34 P Full Moon	12 ORC	13 Ouray Ice Climbing	14 ORC Ouray Ice Climbing
15 ORC Ouray Ice Climbing	16 Ouray Ice Climbing	17 ORC	18 Sunrise 6:34 Sunset 6:39 M-rise 1:35 A Last Qtr	19 ORC	20	21 ORC
22	23 Member Meeting	24	25 Sunrise 6:25 Sunset 6:44 M-set 6:06 P	26 New Moon	27	28 Queen Creek C&C
29	30	31		NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.		

OUTDOOR ROCK CLIMBING

FOR THE BEGINNING OUTDOOR CLIMBER

Presented By The

**ARIZONA
MOUNTAINEERING
CLUB**



www.amcaz.org

- Since 1964 -



Instruction (4 evenings, 3 weekend days) includes the basics of climbing equipment, climbing technique, knots, rappelling, belaying, and self-rescue.

The class fee is \$175.00, plus \$30.00 for membership (\$35.00 for families), covers equipment provided by the AMC and equipment that you get to keep including: a belay/rappel device, carabiners, prusik cords, climbing text and AMC membership for the remainder of the year.

Class Size is Limited to 40 - Reserve your spot now!

Mail a \$75.00 check, payable to the "AMC," to:

AMC Basic School

15508 W Bell Rd, #101-150

Surprise, AZ 85374

Applicants should provide, name, address, phone, e-mail address, waiver and membership form from the webpage.

For additional information, contact Eric Evans

AMCBasicSchool@gmail.com),

or visit our website at www.amcaz.org

Spring 2009 - Class Schedule

- Mar 10 - Tue - 5:30 - 10:00 PM
- Mar 12 - Thu - 6:00 - 10:00 PM
- Mar 14 - Sat - 8:00 AM - 5:00 PM
- Mar 15 - Sun - 8:00 AM - 5:00 PM
- Mar 17 - Tue - 6:00 - 10:00 PM
- Mar 19 - Thu - 6:00 - 10:00 PM
- Mar 21 - Sat - All Day - Grad Climb

AMC Members Enjoy

- Basic to advanced rock climbing training
- Monthly meetings, outings
- Special Annual Events:
 - Grand Canyon Cleanup
 - Thanksgiving at Joshua Tree NP
- Camaraderie with other climbers
- The Arizona Mountaineer newsletter

