

A full-page photograph of a person rappelling down a steep, reddish-brown rock face in a canyon. The person is wearing a white helmet and a blue shirt, and is positioned in the lower center of the frame. The rock face is composed of large, layered sandstone blocks. The lighting is warm, suggesting a sunset or sunrise. The overall scene is dramatic and adventurous.

The Arizona Mountaineer

March 2010

Tom Kirsch on rappel in
Pine Creek Canyon
Zion National Park, Utah

AMC Photo Contest Winner 2009

Photo by David McClintic

The Arizona Mountaineering Club

Meetings: The member meeting location is:

Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253.

The meeting time is 7:00 to 9:00 PM.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

BOARD OF DIRECTORS

President	Robert England	480-688-5412
Vice-President	Bill Fallon	602-996-9790
Secretary	Erik Filsinger	smorefil@aol.com
Treasurer	Kate Nason	480-286-8222
Director-2	Eric Evans	602-218-3060
Director-2	John Gray	xxx-xxx-xxxx
Director-1	Steve Crane	xxx-xxx-xxxx
Director-1	Kim McClintic	480-213-2629
Director-1	Curtis Stone	602-370-0786

COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Birdwell	602-770-8326
Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
Email	Curtis Stone	602-370-0786
Land Advocacy	Erik Filsinger	480-314-1089
Co-Chair	John Keedy	623-412-1452
Librarian	Richard Kocher	480-966-5568
Membership	Rogil Schroeter	623-512-8465
Mountaineering	Bruce McHenry	602-952-1379
Newsletter	Robert England	480-688-5412
Outings	Frank Vers	480-947-9435
Programs	Kim McClintic	480-213-2629
Trng & Schools	Bill Fallon	602-996-9790
ORC	Bill Fallon	602-996-9790
Anchors	Justin York	480-229-8660
Lead	Mike Knarzer	602-751-1701
Web Site	Robert England	480-688-5412

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to: The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive Vertical Times, The Access Fund newsletter. One can also join electronically at https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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Newsletter

The Arizona Mountaineer is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to: AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to robert_england2@yahoo.com. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Hot Stuff !!!

**The
Newsletter
is going
Digital!**

Library

You must be an AMC member; i. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

APR NL Deadline: 17 MAR

March Birthdays

Kay Alderton 3, Kathleen Corl 5, Linda Wisman 8, Wayne Schroeter 9, Ronald Auerbach 11,
Dan Beatty 12, Elisa Loper 13, Nick Hoffman 20, Eve Hoffman 27, John Kynyk 27

Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. Gym membership 10% off for AMC members.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership to AMC members.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off membership to AMC members.
- **Solid Rock Gym** - 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
- **Solid Rock Gym** - 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

EQUIPMENT	Qty	\$Dep	1-3day	4-7day
MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

Treasurer's Report

Arizona Mountaineering Club Income Statement

Period Ended January 31, 2010

INCOME

Dues 2009	300.00
<u>AARS Fall.....</u>	<u>75.00</u>
TOTAL INCOME	375.00

EXPENSES

Admin	179.43
Newsletter	448.76
<u>Programs Monthly Meeting.....</u>	<u>295.64</u>
TOTAL EXPENSES	923.83
OVERALL TOTAL.....	(548.83)

ACCOUNT BALANCES

Checking	2,805.08
<u>CD Account</u>	<u>15,000.00</u>
TOTAL CASH ASSETS	17,805.08
<u>AMC Outing Gear.....</u>	<u>3,467.43</u>
OVERALL TOTAL	21,272.51

AMC Board Minutes - February 8, 2010

Board Members Present: Robert England, Bill Fallon, Erik Filsinger, Kate Nason, Eric Evans, John Gray, Steven Crane, Curtis Stone, Kim McClintic

Call to Order: Robert England called the meeting to order at 7:00 p.m.

Installation of Officers: As provided in the AMC By-Laws the Board meeting following the election of the new Board represents the date at which the new Board takes office. This was noted and the new Board members installed. (Election results are presented elsewhere in this newsletter.)

Review of Protocol: President England stated that the Arizona Mountaineering Club is a non-profit corporation operating under the laws of the State of Arizona. As a business it must comply with its governing documents, namely its Articles of Incorporation, By-Laws and Standing Rules. The protocol for Board meetings is to have a quorum and to discuss items on an agenda for the meeting. These are organized under various traditional topics such as call to order, approval of the minutes from the past meeting, acceptance of the treasurers report, committee reports, old business and new business. He further clarified that from time to time topics can be requested to be handled during Executive Session. Generally Executive Sessions are reserved for confidential topics that require sensitive handling for the benefit of the issues or parties involved.

Minutes: The Minutes of the January 11, 2010 meeting of the Board were approved. The Board will investigate and discuss a possible protocol for approval of Board meeting minutes prior to publication in the newsletter. There are a variety of factors to weigh and consider.

Treasurer's Report: Not having made the transition yet in the position of Treasurer, the February Treasurer's Report item was tabled for review and approval at the next Board meeting.

Committee Reports:

- Programs – Kim McClintic discussed the exciting program coming up for February with Pat Ament. Various local climbing entities are assisting with bring the program to the rock climbing community. A major effort will be made to get the word out so that AMC'ers and others will know about the program and hopefully attend. Possible program activities for March and April were also discussed and will be finalized.
- Mountaineering – John Grey described the very successful Snow Skills class that was offered on Mt. Humphreys.
- T&S – Bill Fallon discussed the plans for the Lead, Outdoor Rock Climbing and Anchors schools for this Spring. Plans are moving along. Due to potential budget cuts with the City of Phoenix it may be necessary to locate alternative sites for the evening classes.

AMC Board Minutes - February 8, 2010 (cont.)

- Outings – Several AMC Outings are listed separately in this newsletter and on the web site.
- Newsletter – Robert England gave an update on the newsletter. The Board affirmed the desire to move toward an electronic distribution policy for monthly newsletters with hardcopy exceptions being examined and handled.
- Land Advocacy – Erik Filsinger provided an overview of the past and current status of the proposed mine and land exchange at Queen Creek. He also discussed the ongoing work with the City of Scottsdale with regard to the McDowells.

Old Business:

- Gear Storage. There was a brief discussion of gear storage. It will continue to be examined.
- First Aid for Outing Leaders. Kim McClintic will investigate a lead she discussed for a qualified instructor to offer a refresher class to Outing Leaders. The Club pays for the fees of Outing Leaders in good standing. Generally the past sessions have also allowed for the attendance of other AMC members to get their First Aid and CPR certification by paying a small class fee.
- A small committee of Kim McClintic, John Keedy and Danny Gonzales will take the lead of developing a relationship and programming with the Superior Explorers Club.

New Business:

- Elections Committee Chair. John Keedy was nominated to be the Elections Committee Chair. He was approved by the Board.
- Impromptu Survey – Robert England discussed the results of an impromptu survey conducted at the last member meeting on how attendees heard about the program and what club outings they would like to see in 2010.
- Annual Birthday Party – Robert England discussed the idea of the club developing an Annual Birthday Party for the AMC each Spring. This would complement the major club offerings in the Fall, i.e., Grand Canyon Clean-Up and Joshua Tree. The Club's birthday is April 24. It was felt that an annual event held locally at that time would be a major boost to the Club's activities each year. Robert will work to find a good "chairperson" for the event who can lead the effort. This item requires a quick turn-around given the time necessary to carry off a successful event.

Adjournment: The meeting adjourned at 9:05 p.m.

Heavy packs-Deep Snow-Cold Temps-Yahoo!

On a crisp, beautiful, and cold (13 above) weekend on Mt. Humphreys , 15 mountaineers practiced their high altitude techniques for the AMC Snow Skills, Glacier Travel, and Crevasse Rescue School . This AMC School is an introduction to winter mountaineering and skills required for climbing the glaciated peaks of North America and beyond.

A Wednesday evening session in town covered gear and clothing for mountaineering, and an introduction to crevasse rescue using the C-Z haul system. The Saturday and Sunday portions of the course were conducted in the field on the slopes of Humphrey's Peak (12,637 ft) including one night of camping on the snow above 10,000 ft. As with most mountaineering timing is everything: we were on Humphreys the weekend before the big Snowmageddon storms that dumped up to 10 feet on the San Francisco Peaks .

Mountaineers practiced and learned:

- Travel in the Alpine Environment, such as rest step, pressure breathing, and hydration
- Altitude mountain sickness, symptoms and solutions (some students got first hand experience!)
- Snow travel with snowshoes, crampons, and ice axe
- Roped team travel
- Ice Axe self arrest (or how to get lots of snow down your jacket and pants)
- Snow anchors such as pickets, flukes, and dead-men
- Glacier travel and avalanche terrain awareness
- Avalanche beacon usage, beacon rescue, search patterns, and body/victim recovery
- Crevasse extraction, building the C-Z haul system and rescue scenarios

Other than some cold feet everyone survived and enjoyed the weekend!

Students: Ed Wisman, Linda Wisman, Bill Jay, Cathy Wise, Jason Garvin, Aaron Locander, Shannon Flowers, Ryan Zahn, Steve Hovanec, Cat Isfan, Scott Mitchell, Shan Zhong.

Instructors: Grant Loper, John Gray, Bruce McHenry



Photo by Linda Wisman

AMC Schools Need You!

The 2010 Spring Schools are coming up quickly and you are needed. If you're ready to move up to the "sharp end" of the rope, know others who are ready (including non-AMC member), or just want to add new knowledge and skills, sign up for Lead; its coming next month.

In March we start the next round of Outdoor Rock Climbing followed in April with Anchors. This is a great way to introduce friends and family to the incredibly rich world of outdoor rock, so get the word out and encourage interested people to sign up.

If you've taken any of the classes, please consider volunteering to assist as an instructor. We have some of the finest schools available and that is true only because of the incredible volunteers. Volunteering as an instructor is a terrific way to refresh your knowledge and skills, share that knowledge, and HAVE FUN.

Here's the Spring Schedule:

Outdoor Rock March 9, 11, 13, 14, 16, 18, 20

Lead Instructor – Bill Fallon

Anchors April 13, 15, 17, 18

Lead Instructor – Justin York

If you're ready for a class, get enrolled. If you've been there, please come back and as an instructor. Your help makes the schools happen and everyone has something to offer, so don't be shy. Feel free to contact me anytime (bill.fallon@cox.net) or the following for specific schools:

ORC Eric Evans at amcbasicschool@gmail.com

Anchors Nancy Birdwell at amcanchorsschool@gmail.com

2010 Dues are Due

It is time to renew your membership for 2010. The membership year runs from January to December; \$30 for single or \$35 for family membership.

Dues can now be paid on-line using PayPal (<http://www.amcaz.org/Membership.htm>).

You can still pay by check. Make it payable to 'AMC' and send it to the address below, or bring it to the next member meeting:

AMC Membership

6519 W. Aire Libre

Glendale, AZ 85306

If your name, address, phone or email have changed, please note corrections in the PayPal fields or send the information with your check.

If you would like your cell phone listed on the monthly phone list instead of your home phone, please let me know.

623-512-8465 or email rogil@cox.net if you have questions.

Outdoor Rock Climbing School Instructor Mtg

The instructor meeting for Technical Outdoor Climbing School will be at Bill Fallon's house at 6:02pm on Wednesday, March 3rd. We'll assemble gear packs for the class, inspect ropes and organize harnesses. We'll go over the class outline and get people lined up for demos. Pizza and soda will be provided by the club. Attending the instructor meeting is not mandatory, but it's sure helpful. You don't have to call, just show up! If you can't make it, just show up for the class at North Mountain Park on March 9th, and we'll put you to work.

Address: 5051 E. Windrose Dr., Scottsdale, AZ 85254.

Directions:

Windrose Dr is North of Cactus Rd and East of Tatum Blvd. If approaching from East or West on Cactus Rd, take 52nd St North to Windrose Dr (about 4 blocks), then left (West) to 5051. Note that Windrose borders a small neighborhood park (Sonrisa Park) on the South between 50th Pl and 52nd St with Sweetwater on the north border. If approaching South on Tatum, turn left (East) on Paradise Village Parkway, then take an immediate left on Sweetwater. Proceed 2 blocks east to 50th St, then right (South on the park border) and take the first left on Windrose to 5051.

The Outdoor Rock Climbing School dates are:

Mar. 9	TU	5PM - 10PM	Yavapai Ramada, North Mtn Park.
Mar. 11	TH	5:30PM – 10PM	Havasupai Ramada, North Mtn Park
Mar. 13	SA	8AM - 5PM	McDowells (Sven Slab),
Mar. 14	SU	8AM - 5PM	Queen Creek
Mar. 16	TU	6 PM - 10PM	Phoenix, Solid Rock Gym
Mar. 18	TH	6 PM - 10PM	Phoenix, Solid Rock Gym
Mar. 20	SA	all day	Grad climbs & Grad party.

NEW MEMBERS: *Climbers - Please Welcome*

Ken Cloud
Danielle Cloud
Hanna Breetz
Erin DiMaggio

Arjun Heimsath
Sam Johnson
Dax Stone
Fox Stone

Land Advocacy – Scottsdale Rock Climbing

We are in the middle of the best rock climbing season for some of our local crags. Scottsdale offers a wide variety of excellent climbing. Here are some things to be aware of for the future and/or in your planning your next local trip.

Pinnacle Peak

Great rock climbing with easy approaches. One thing to be aware of is that Pinnacle Peak Park has strict park hours. You must be out of the park prior to closure, the times for which are posted as you enter and are based on sunrise and sunset. This means that you must be totally out of the park and the parking area by that time. City staff has become annoyed with rock climbers staying past the closing time. Climbers face a couple of risks - one is a hefty trespassing fine (not just parking fine); the other is the potential that park officials could consider limiting climbing. Remember - rock climbing is not a right we have; it is a privilege that we only keep when we live by the rules.

Little Granite and Cholla Mountains

All rock climbing crags north of Dynamite/ Rio Verde Drive are on State Trust Land. To enter those lands you must obtain the appropriate permit. Individual permits cost \$15 and family permits cost \$20. You must have these on your person or you can be fined. This is the time of year when Scottsdale Police will be supporting State Land Enforcement Officers in regular sweeps. You can obtain the required permits at <http://www.land.state.az.us/>

[programs/natural/recreation_permit.htm_](http://www.amcaz.org/programs/natural/recreation_permit.htm_).

North McDowells

Tom's Thumb trail and related climber paths are now open. In 2009 the City approved a Rock Climbing Plan such that all of the historic rock crags will continue to be open. The AMC and other local rock climbers assisted City staff in building some of the climber access trails. Because there is no off-trail hiking in the McDowell Sonoran Preserve, all climbers must stay on the approved climber access trails.

In the Fall of 2009 the AMC obtained a grant from the Access Fund for climber trail signage. In conjunction with other local rock climbers, those trail signs have been installed along the Tom's Thumb trail and climber trails leading up to Morrell's Wall, Morrell's Parking area, and up Mesquite Canyon to the Sven Towers areas.

The City of Scottsdale Preserve staff recently held a climbers' focus group as part of their planning of the North Access Area trail head. Climbers gave input and the City is considering that along with other priorities, opportunities and constraints.

Have fun, obey the rules, and be safe out there.

If you have any questions you may contact AMC Land Advocacy Chair Erik Filsinger at smorefil@aol.com or Vice Chair John Keedy at jwkeedy@cox.net.

Newsletters

THE NEWSLETTER IS GOING DIGITAL

With the exception of distribution to local gyms and climbing gear retailers throughout the valley, a few climbing organizations throughout the country with whom we share information, and members who live in the outback and do not have access to the internet, AMC newsletters will no longer be mailed.

The newsletter will continue to be available to members through a link to the newsletter archives page on our website. Instead of a hardcopy arriving in your mailbox, you'll receive an AMC email each month with a link to the latest newsletter.

Contact Rogil (rogil@cox.net) to make sure your email address, and dues, are current. AMC emails are only sent to members whose dues are paid.

AMC Web Site Domain Problems

It recently came to my attention that our old domain (www.azmountaineeringclub.org), the license for which we allowed to expire last summer and in retrospect, was a bad decision, now hosts a porn site. It also is unfortunately the first site link to appear in most internet searches for the Arizona Mountaineering Club.

The domain name is registered to a fictitious person at a non-existent address in Tempe, whose phone number in Michigan is no longer in service.

I am working with all available authorities to resolve the issue as quickly as possible.

Members - When referring your friends and acquaintances to the AMC web site, please refer them to www.amcaz.org.

If your curiosity gets the best of you and you feel you must visit the old domain url, make sure that your virus software is current and functioning properly

Robert England
President, Website Administrator

Outdoor Rock Climbing School

Arizona Mountaineering Club - Spring 2010

The Arizona Mountaineering Club (AMC) has been teaching basic rock climbing for over 35 years. We place maximum emphasis on safety and self-rescue. This is a beginning climbing class. We will teach you equipment care and usage, rope handling, climbing knots, belaying, rappelling, climbing techniques, and self-rescue. Enrollment fills up quickly, so don't delay; make a reservation to join us soon!

Class schedule (this is 2-week class):

Mar 9	Tuesday	5:30 pm–10:00 pm	* North Mountain Park, Ramada tbd
Mar 11	Thursday	6:00 pm–10:00 pm	North Mountain Park, Ramada tbd
Mar 13	Saturday	8:00 am–5:00 pm	tbd
Mar 14	Sunday	8:00 am–5:00 pm	tbd
Mar 16	Tuesday	6:00 pm–10:00 pm	tbd
Mar 18	Thursday	6:00 pm–10:00 pm	tbd
Mar 20	Saturday	all day	Various times, various places

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park. The Havasupai Ramada is the first Ramada as you come in the park.

Experience required: None. Even if you have never climbed a tree before, this class is for you.

What is provided by the AMC:

- Technical climbing gear that will be used for the school (and is yours to keep): 1 belay/rappel device, 2 non-locking carabiners, 3 locking carabiners, 4 prusiks, one 5' sling (subject to change)
- Harness and helmet provided free by the AMC for the duration of the class if needed
- Basic climbing textbook
- Instruction through all phases of the class
- Discounts from local retailers on climbing gear

Equipment recommended for the class: You will wear a climbing harness at every class, so dress casually. Most sessions will be held outside, so watch the weather. Climbing shoes are recommended for the weekend sessions only. The AMC rents climbing shoes on a first-come, first-serve basis on the second night of class for \$10 for the class. We will discuss what to look for in a shoe on the first night of class.

Paperwork: You will be required to read, fill out and sign an AMC release of liability on the first night of class. Students under 18 must have the release signed by their parent or guardian (no students under 14 please; students 14-15 years of age must be accompanied by an older adult).

Class fee: \$175 (plus membership if not already a member - \$30 for an individual and \$35 for a family). Membership is good through December, 2010.

The class is limited to 40 students. To reserve a spot, register using Pay Pal on the AMC web site, or send a check for \$175, \$205 or \$210 (see Class Fee above) payable to AMC Basic School. Include your clearly printed name, address and current phone number (s). Mail to: AMC Outdoor Rock Climbing School, 15508 W Bell Road #101-150, Surprise, AZ 85374. No credit cards accepted.

Questions??? Contact Eric Evans by email at AMCBasicSchool@gmail.com. (Please note: \$75 is a non-refundable deposit; the rest will be returned if you cancel. If someone else can be found to take your place, the entire \$175 will be refunded.)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

Climbing Anchors School

Arizona Mountaineering Club - Spring 2010

The AMC Climbing Anchors School teaches participants how to set climbing anchors for top-roping. This course is the logical next step for AMC Basic Climbing School graduates.

Class curriculum:

- Tuesday: Anchor components, anchor types, knots and hitches.
Thursday: Anchor system characteristics and construction.
Saturday: Set anchors in “hands-on” scenarios.
Sunday: Set real anchors on an optional climbing day.

Class schedule:

Apr 13	Tuesday	6:00 pm - 9:30 pm	*N. Mountain Park (Phoenix), Yavapai Ramada
Apr 15	Thursday	6:00 pm - 9:30 pm	N. Mountain Park, Yavapai Ramada
Apr 17	Saturday	8:00 am - 4:00 pm	Sullivan’s Canyon, Chino Valley
Apr 18	Sunday	7:00 am - 5:00 pm	The Promised Land, Chino Valley

*North Mountain Park is located at Peoria and 7th St, 5 miles north of Camelback on 7th St. Turn west into the park.

Experience required: AMC Basic School graduate or equivalent, which must include knowledge of how to belay, rappel, prusik, tie a figure-8-on-a-bight and figure-8-on-a-follow-through, and make a girth hitch.

Cost: \$75 plus membership if not already a member (Single membership is \$30, Family is \$35). Membership is good through Dec., 2010. Register on the AMC web site using PayPal or by sending a check payable to ‘AMC Anchors School’ to PO Box 11883, Tempe, AZ, 85284. The registration fee is fully refundable if you cancel. Contact Nancy Birdwell by email: amcanchorsschool@gmail.com for more info. The class size is limited to 36.

Equipment required for the class:

- 2 non-locking “D” or oval carabiners (at least 2, bring more if you have them)
- 3 locking carabiners (at least 3, one of which should be a parabiner)
- 1 rappel/belay device (Trango Jaws, Black Diamond ATC, Trango Pyramid, Figure-8, etc.)
- 1 climbing harness
- 1 ea 4’, 6’, 10’ 6mm prusiks (untied length)
- 2 ea 5’, 10’, 20’ slings (1” tubular webbing, untied length, AKA runners)
- 1 or 2 personal anchor slings (commercial daisy chains or 4’ sewn Spectra runners or equivalent)
- 1 helmet—required for Saturday and Sunday sessions, helmets are available if you do not have one.

(The slings and harness are the only additional equipment needed over the Basic School requirements)

In order to become independent and set your own anchors, you should start acquiring anchor gear. The following gear is not required for Anchors School, but if you have some, you will be able to practice setting it in class. All of the gear recommended below can be used for Lead School, and none of it will be wasted if you intend to set your own anchors. All gear should be marked prior to bringing it to class to prevent confusion between it and other people’s gear.

Other gear you may want to bring:

- Any pro you may have (hexes, nuts, camming devices, Tri-cams, etc.)
- Extra biners (regular D’s, ovals, and lockers—stay away from specialty biners at this time)
- Extra slings (perhaps four 5’, two 15’ slings, untied lengths)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

MARCH MADNESS SHOE SALE!

**15%-50% OFF
ALL SHOES**

AZ CLIFF HANGER

Located inside the Phoenix Rock Gym
www.azcliffhanger.com - Marty Karabin
1353 E. University Dr. Tempe, AZ 85281
Ph: 602-642-9507 Fax: 480-237-0095





Maricopa County Sheriff's Office Mountain Rescue



... is seeking new members!

The Central Arizona Mountain Rescue Association is looking for new members! Our volunteer team is responsible for all of the technical rescue in Maricopa county including: Technical rock, Wilderness Search, Alpine, Abandoned Mine and Cave, Swiftwater, Helicopter, and Wildland Fire Rescue. We train to respond to any emergency, anytime, anywhere and in any weather. These monthly trainings will allow you to hone your existing skills as well as learn new skills and techniques.

If you love the outdoors and would like to find out how you can give back to your community, then come to our presentation to find out more about our mission and how you can be a part of it. The next membership presentation will be at the:

**South Mountain Environmental Education Center
(10409 S. Central Ave, Phoenix, Arizona 85042)
from 9:00AM until 11:00AM Saturday, March 13th.**



For more information e-mail us at info@mcsomr.org

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Info

Jodie Bostrom	480-286-8222	
Robert England	480-688-5412	robert_england2@yahoo.com
Bill Fallon	602-996-9790	bill.fallon@cox.net
Erik Filsinger		smorefil@aol.com
Jason Garvin.....	480-734-6801	beach_bum43@hotmail.com
John Keedy.....	623-412-1452	jwkeedy@cox.net
Mike Knarzer	602-751-1701	thrashndangle@gmail.com
Grant Loper	602-684-3042	grantloper@loperandassociates.com
David McClintic.....	602-885-5194	david.mcclintic@cox.net
Bruce McHenry.....	602-952-1379	
Monica Miller	623-362-0456	
Matt Percy	928-420-2065	percy.matthew@gmail.com
Rogil Schroeter	623-512-8465	rogil@cox.net
Frank Vers	480-947-9435	climbbox@gmail.com
Justin York.....	480-229-8660	

Your Name Here!



Calendar of Events - Outings/Schools/Events

Feb 23 - The Pond - Superior. Limit 5 Contact Jodie Bostrom

Mar 6 - The Hart Route - Camelback Mtn. Contact John Keedy

Mar 9 - Outdoor Rock Climbing School (March 9, 11, 13, 14, 16, 18, 20)

Mar 27 - Queen Creek Cleanup and Climb Tiina and John Perlman will coordinate the cleanup, Jodie Bostrom will lead the apres cleanup climb.

Apr 13 - Anchors School (April 13, 15, 17, 18)

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

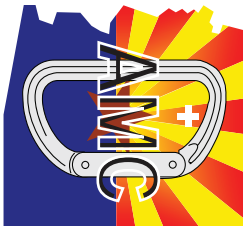
Mondays **Ape Index Gym Climbing - AMC Members \$10 admission with ID card.**

Rogil Schroeter (623) 512-8465

Wednesdays **North Mountain hikes after work. Rogil Schroeter (623) 512-8465**

March 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Sunrise 6:54 Sunset 6:27 M-rise 10:19P	4	5	6 Hart Route
7 	8 Board Meeting	9 ORC	10 Sunrise 6:45 Sunset 6:32 M-rise 3:47A	11 ORC	12	13 ORC
14 ORC	15 	16 ORC	17 Sunrise 6:36 Sunset 6:38 M-set 8:41P	18 ORC	19	20 ORC
21 Lead	22 Member Meeting	23 	24 Sunrise 6:27 Sunset 6:43 M-set 2:33A	25	26	27 Queen Creek Cleanup and Climb
28	29	30 	31 Sunrise 6:17 Sunset 6:48 M-rise 9:04P	<div>NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.</div>		



Arizona Mountaineering Club
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Phoenix, AZ. 85018

