

The Arizona **MOUNTAINEER**

June 2007



Jodie Bostrom (left) characterizes one of the AMC's great strengths, our desire and dedication to "share the passion" for climbing with others.

**AMC
Swap
Meet
June 25**

The Arizona Mountaineering Club

Meetings: The **June** member meeting location is:
Phoenix Country Day School
3901 E. Stanford Drive
Paradise Valley, AZ 85253. , AZ 85004 at 7:00 p.m. See
calendar for day/date.

Board Meetings: Board meetings are open to all
members and are held two Mondays prior to the Club
meeting.

Dues: Dues cover January through December. A single
membership is \$30.00 per year: \$35.00 for a family.
Those joining after June 30 pay \$15 or \$18. Members
joining after October 31 who pay for a full year will
have dues credited through the end of the following year.
Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing,
mountaineering and other outdoor skills schools each
year. Browse the AMC website for information on
schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President John Keedy623-412-1452
Vice-President Bill Fallon.....602-996-9790
Secretary Erik Filsinger.....480-314-1089
Treasurer..... Clay Vollmer602-595-7266
Director..... Dan Beatty480-917-7795
Director..... Danny Gonzales ..602-550-8371
Director..... Justin Iske.....480-225-7739
Director..... Sheri Kenly.....602-799-1288
Director..... Dave McClintic ...480-607-0890

Committees:

Archivist Jef Sloat602-316-1899
Classification Nancy Birdwell ...480-821-1932
Elections Dave Van Hook...602-790-6283
Equipment Rental Erik Filsinger.....480-314-1089
Email Robert England...480-688-5412
Land Advocacy Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership..... Rogil Schroeter....623-512-8465
Mountaineering Erik Filsinger.....480-314-1089
..... Bruce McHenry ...602-952-1379
Newsletter..... Robert England...480-688-5412
Outings Frank Vers480-947-9435
Programs..... Sheri Kenly.....602-799-1288
Public Relations..... Open
Training & Schools.. Bill Fallon.....602-996-9790
..... Clay Vollmer602-595-7266
Basic Class Bill Fallon.....602-996-9790
Anchors Class Justin York480-229-8660
Lead Class Mike Knarzer602-751-1701
T-shirts..... Sally Borg.....480-425-9689
WebSite Kirrawebadmin@amcaz.org
T-shirts..... Sally Larimer.....480-425-9689
Website..... Kirra webadmin@amcaz.org

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to
maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions,
please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing
areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to:
The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club
Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*,
The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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HOT STUFF !!!

*June's Member
Meeting is also
the
AMC's Annual
Swap Meet!!*

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Library

You must be an AMC member; I. e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

July Newsletter Deadline Wednesday - June 20

JUNE BIRTHDAYS

Shawn Swenson 2, Stormy Rose 3, David Hansen 5, John Kadylak 5, Patrick Loftus 5, Nancy Birdwell 8,
Matt Pearcy 8, Matthew Martin 9, John Gillece 11, Sonia Overholser 11, Scott Parsons 11,
Nichole Sweeney 11, Justin Hatfield 13, Tim Medlock 13, Karen Schneider 14,
Jason Garvan 15, James Gomon 16, Jeremy Babcock 17, Karol Harvey 21,
Jeff Harvey 26, Don Mowry 28,

Discount Directory

The following merchants currently offer a discount to AMC members:

Arizona Hiking Shack—11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.

AZ on the Rocks Gym — 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.

Phoenix Rock Gym—1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

AZ Cliffhanger - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.

Solid Rock Gym — 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5...	\$32	10	16
Ice Crampons	5...	\$26	8	13
Ice axes (70 cm)	6...	\$16	5	8
Ice axes (90 cm)	5...	\$14	5	7
Snow shovel	1...	\$8	3	4
PortaLedge	1.	\$100	30	50
Climbing shoes	Various sizes			Call

Equipment Rental Policy:

- All equipment rentals shall be only to current AMC members.
- AMC members renting equipment shall contact the Rental Committee Chair and arrange a time for pick-up and drop-off of rentals.
- Rental rates shall be as published in the AMC Newsletter.
- Two checks shall be collected from the renter.
 - The first being for the rental amount. It will be placed into AMC accounts.
 - The second check shall be a deposit held against the return of the item. It will be held and given back to the renter upon return of the equipment.
- If the return is not timely, is damaged, or is lost, the second check shall be held against the late amounts due or against any replacement or repair required.
- The AMC Member renting the equipment shall be expected to replace any lost or damaged equipment.
- An AMC rental form (found under the Forms section of the website) will be used and will identify the name and contact information of the renter, the items rented, the rent due, as well as the replacement cost, along with statements indicating the renter's responsibilities for returning or replacing the items.

-**For Shoes** - Call Linda Locke (602) 997-4235.

-**For everything else**, call Erik Filsinger (480) 314-1089.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended April 30, 2007

INCOME

Advertising	145.00
Dues 2007	5,040.00
Interest	313.85
T-Shirts (AMC)	18.00
Rental Equipment	40.00
T&S Schools Rental Income	80.00
AARS Spring	150.00
Basic Spring	3,515.00
Lead Spring	675.00
Training: Other	270.00
TOTAL INCOME	10,246.85

EXPENSES

Admin	724.34
Mountaineering	565.97
Newsletter	835.29
Outings	140.00
Outing Leaders	105.40
Programs Monthly Meeting	1,012.48
Training	3,563.78
TOTAL EXPENSES	6,947.26

OVERALL TOTAL..... 3,299.59

ACCOUNT BALANCES

CD Account (matures 9-17-07)	10,812.97
Checking (as of 4-30-07)	12,760.87
TOTAL CASH ASSETS	23,573.84

Other Assets (gear)	2,147.40
OVERALL TOTAL	25,721.24

Joshua Tree Weekend Vacation Rental

No wind, No Sand, and Close to the Crags!
Sleeps 6, All Amenities, Reasonable Rates.
Perfect for your next club outing!
Book your next trip online with us.
 Woof! Woof! Pet friendly too!
www.JoshuaTreeVacationHomes.com

Group Therapy 2007

Group Therapy is defined as a form of psychotherapy during which one or several therapists treat a small group of clients together as a group. This may be more cost effective than individual therapy, and possibly even more productive. Group therapy often consists of "talk" therapy, but may also include other therapeutic forms such as expressive therapy and psychodrama. With that said, let me tell you about another form of "Group Therapy" climbing at Red Rocks, NV.

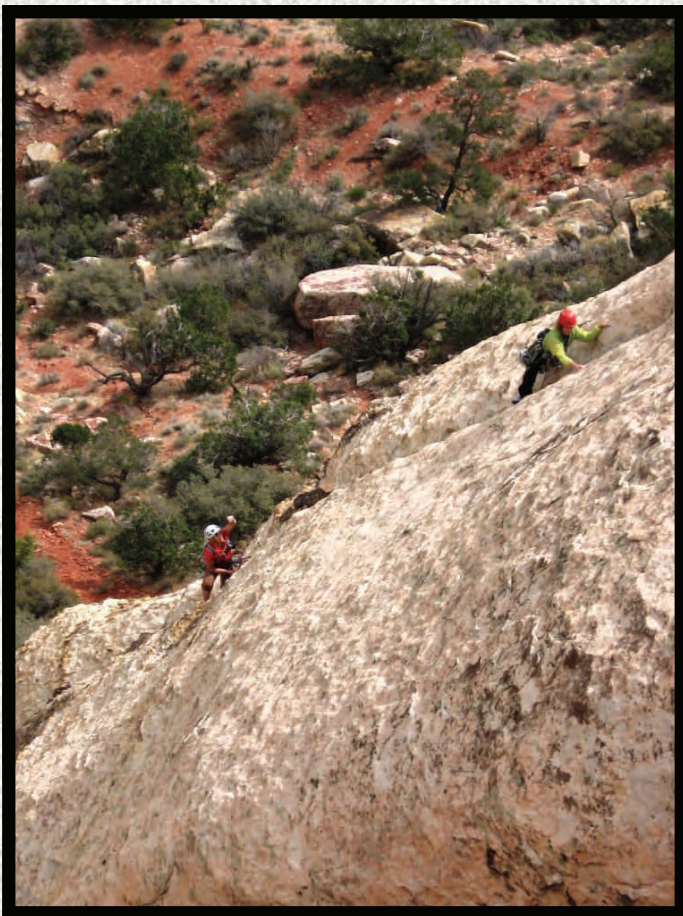
In March 2007, Catherine Conner and I set our sites on Group Therapy a 5.7 R, located on Angel Food Wall in the Quail Springs area. We had 6 great pitches in which we experienced team work, "talk" therapy, and encouragement both through active participation and through observation.

I started us out on pitch 1, total fun climbing, next to us on the climbers right we could see Jodie Bostrom, Marcy Makarewicz and David Sampson on a new line called Purlblind. Very cool to hear and see your other climbing mates while out on the rock walls. Catherine did pitch 2. Then I did 3 and most of 4 together.



Angel Food Wall with Marcy Markarwicz and David Sampson in the foreground.

Photo by Jodie Bostrom.



Catherine Conner leads the 2nd pitch on Purlblind.

Photo by David Sampson

Now then, up to pitch 5 it is the stated crux pitch; Catherine was up for this lead. A "wide offwidth" crack with a fear-some looking roof. WOW! While in the moment she had the opportunity to give and get immediate feedback about concerns, issues and problems affecting one's life, hers while on lead. The crack system is awesome, never been in one quite like this! However, it is very wide in some areas and has delicate holds which you must maneuver and sparse option for protection for a bit. Here I was able to talk with Catherine as she was run out and concerned. I spoke confidently with her and encouraged her to continue, look for every hold and reminded her that with each move up she would get closer to protection options. She got calm, looked and began moving, soon with much delight I heard, "I got the Red TCU in it is bomber". Immediate change in voice tempo, this was music to my ears. I am so glad she found a small place to pro as she had used up several big cams. She then cruised to the top of the pitch! I soon heard, "Monica belay is on"! WOW a very cool pitch indeed, I was picking up LARGE cams all along the way. I got cam bang on my legs, as I was getting weighted down from picking up all the big cams to #4. When I arrived at the belay I saw Catherine, she was aglow with delight and satisfaction. For she had been tested on the lead and was successful! She looked so pleased when I saw her. I even stopped to capture this moment and expression on film. "Pleased as Punch", this we were. I led us out to the top of the summit. We rejoiced with our success so far and enjoyed the beautiful view of Turtle Rock as we looked into the hinterland. How strange to know that "Sin City" lies not too far in the distance.

We then prepared for the long descent off of Angel Food wall that began by crawling under a huge chalkstone. We needed to make the opening evening of Red Rock Rendezvous. This was another great year of climbing camaraderie, cold Belgian Ale and wonderful film footage such as, "The North Face – High Adventure Clips". The rendezvous is hosted by Mountain Gear every March with benefits for the Access Fund.

(Continued on page 6)

Group Therapy 2007

(Continued from page 5)

*Accommodations – hmm the Bonnie Spring Hotel, an interesting place indeed. This trip we ran into a couple of our male climber friends who unlike us got their room arrangements late. They ended up in the “Honey Moon Suite”. We were fortunate enough to receive an invitation for drinks and a tour! Wow nothing says lovin like a king sized bed with a wagon covered drape while looking into the mirrors mounted over the bed...! Did I mention the bottle of champagne and in room hot tub! And the best part, there was NO ROLL AWAY bed as promised. We had a great laugh at this predicament. Names are withheld to protect the innocent...what a hoot!

Thanks Catherine for another great three day adventure weekend!

Monica D. Miller



Catherine Conner belays from the top of pitch 2.
Photo by David Sampson



NEW MEMBERS - Climbers - Please Welcome:

Carol Baran
Benjamin Cohen
Daniel Cohen
Joshua Cohen
Eric Ebele
Savoeun Heang

Kelly Lofgreen
Matthew Martin
Debbie Mathews
Tim Mathews
Katie Miller
Lauren Lee Rae

Anchors School - Spring 2007

Congratulations to all of the new Anchors School grads from the Spring 2007 class, and many thanks, again, to all of the instructor volunteers who give their time and effort to make our schools successful!

Students

Traci Alletto, Joshua Cohen, Savoeun Heang, Michelle Kelly, Tommy Kelly, Benjamin Knowles, Mike Koehlmoos, Carolyn Lesky, Kelly Lofgreen, Matthew Lorenz, Hubert McMinn, Brooke McNeal, Katie Miller, Jennifer Pann, Jennifer Pellens, Gina Prosperi, Lauren Lee Rae, Tyler Raspiller, Benjamin Smith, Lynn St.Thomas, Sudip Thomas, Kristen Towse, Bailey Rose Warstler

Instructors

Bill Arndt, Ronald Auerbach, Nancy Birdwell, Jodie Bostrom, Scott Davis, Bill Fallon, Shannon Flowers, Jason Garvan, Daniel Gonzales, Sheri Kenly, Erin Livingston, Marcy Makarewicz, Chris Meyer, Matt Percy, Tammy Richards, Paul Schmitt, Rogil Schroeter, Kathy Sharp, Kelly Trainor, Justin York



Building Anchors at
The Promised Land
Photo courtesy of Ben Smith

Repeat Ascenders

Repeat Ascenders is having its next event Monday June 4th 6:00 pm at Phoenix Rock Gym. We are looking for volunteers to help with the kids if you are available please contact Danny Gonzales at dgonza9724@aol.com or Dave Van Hook at davevanhook@yahoo.com . We are also looking for some assistance other then just at events. We can really use tax-deductible donations made through the National Latino Police Officers Association. Checks need to be made out to the NLPOA with a note for RA or Repeat Ascenders and mailed to NLPOA Attn. Danny Gonzales, PO box 6326, Peoria, AZ. 85385. Questions contact Dave or Danny for more info.

We also need an event coordinator, fund raising ideas, and people to help with training development. The training development is to translate existing diversity, leadership and team building trainings to a rock environment for the kids. It is all based on experiential learning so it translates well. Any thing you can offer please contact Danny or Dave. Because of our schedules and since I am working in Chicago and Jackson Michigan the volunteer training has been postponed until August when it is to hot to be outside.

Climb on!

Dave and Danny

Lake Superior Climbing

AMC members hail from all parts of the country these days. Eric Parker, from the Dakotas, is one example. Eric sends this picture of climbing at the shores of Lake Superior, and invites members planning to visit the area to contact him for information on climbing there. Eric's phone number is on the Member Phone List, available at each member meeting.



SUPER DUPER SUMMER SALE

JUNE JUNE



-CLIMBING HOLDS-
20% OFF

-CRASH PADS-
20% OFF

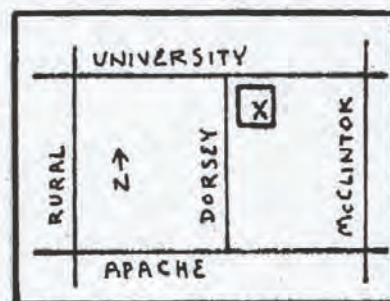
-HANG BOARDS-
20% OFF

-CLOTHING-
25% OFF

AZ CLIFF HANGER

LOCATED INSIDE THE PHOENIX ROCK GYM

1353 E. UNIVERSITY DR.
TEMPE, AZ 85281
MARTY KARABIN
PH. 480-642-9507
FAX. 480-237-0095
WWW.AZCLIFFHANGER.COM



Calendar of Events

AMC Outings

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Jun 4 Repeat Ascenders @ the Phoenix Rock Gym. See article on page 8 for more information.

Group outings are intended to be social climbing experiences with no supervision. They may or may not be organized by an AMC Outing Leader. If they are organized by an AMC Outing Leader, the Leader will only be responsible for organizing the time, date, meeting places, and any necessary camping. The AMC Outing Leader may also set anchors, but will not be responsible for supervising any climbing activity or for monitoring the anchors they set. Participants are responsible for their own climbing activities, their own climbing partners, and for monitoring anchors, whether set by an AMC Outing Leader or not. Participants are also responsible for their own conduct and safety at the campsite and during any approaches to and from the climbing areas. If any AMC equipment is used for the outing, the participants using that equipment are responsible for checking the equipment before use and for using the equipment properly and in the safest manner possible. The campsite, where possible, may be reserved and paid for by the AMC. Parking may be first-come, first-served.

Billboard - Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.

Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Commercially Provided Training and Events

The events listed below are provided by commercial outfitters for the benefit of AMC members. They are not AMC Outings, nor are they led by AMC Outing Leaders, though they may be open only to AMC members. The commercial outfitter is solely responsible for all aspects of the outing, not AMC. While, in most cases, an AMC member may provide a service by AMC collecting the names of prospective participants and handling the logistics of out-of-town events, participants will sign up directly with the commercial outfitter.

Member Ads / Notices

Women's Climbing Gear For Sale

2 REI harnesses - 1 medium, 1 large -- \$25 each
2 pair Boreal climbing shoes - sizes 6 & 7 -- \$40/pair

Gear was used in Basic School a few years ago, and on one trip to Joshua Tree. Like new condition.

Contact azclimber1@hotmail.com for details. Located in SW Valley.

Cam Parts Wanted

I'm looking for climbing cam parts, mostly the cam and spring pieces.

If you have a cam you don't trust or have one that fell apart on you, I'm interested in buying what's left.

Contact Tim Lange at timlange@yahoo.com.

JULY NEWSLETTER SUBMISSIONS

In order to have your article, ad, outing, or other notice published in the July newsletter, please submit your material no later than Wednesday, June 20 at 6:00 PM. The newsletter goes to print the next day.

A volunteer is needed to pick up the completed newsletters from the printer on Monday afternoon (6/25/07) before 4:30 PM, and take them to the member meeting for distribution.

Please contact Robert England for more information, robert_england2@yahoo.com.

ADVENTURE RACE

HIKE, BIKE, KAYAK, NAVIGATE



You've never had so much FUN!

www.SierraAdventureSports.com



Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (480) 821-1932.

<u>Outing Leader</u>		<u>Contact Info</u>
Sally Borg.....	480-425-9689	sallyborg@cox.net
Robert England.....	480-688-5412	robert_england2@yahoo.com
Bill Fallon.....	602-996-9790	bill.fallon@cox.net
Erik Filsinger	-----	smorefil@aol.com
Jason Garvin	480-734-6801	beach_bum43@hotmail.com
Scott Hoffman	623-580-8909	
Richard Horst.....	623-434-4769	
John Keedy	623-412-1452	
Mike Knarzer.....	602-751-1701	getout@cox.net
Tim Lange	480-598-9124	
David Larimer	602-258-0373	
Bruce McHenry	602-952-1379	
Tim Medlock	480-963-3496	
Monica Miller.....	623-362-0456	
Jeff Nagel.....	602-312-9538	
Matt Percy.....	480-326-3463	percy.matthew@gmail.com
Rogil Schroeter.....	623-512-8465	rogil@cox.net
Jef Sloat	602-316-1899	
Paul Valenzuela.....	602-705-3106	
Frank Vers	480-947-9435	
Justin York.....	480-229-8660	
<i>Your Name Here!</i>		

June 2007

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.			Sunrise 5:20 Sunset 7:32 M-rise 6:46 P		1 Full Moon	2
3	4	5	6 Sunrise 5:18 Sunset 7:36 M-rise 12:00 A	7	8	9
					Last Qtr	
10	11 Board Meeting	12	13 Sunrise 5:18 Sunset 7:39 M-rise 3:35 A	14	15	16
					New Moon	
17	18	19	20 Sunrise 5:19 Sunset 7:41 M-set 11:51 P	21	22	23
					First Qtr	
24	25 Member Meeting - Swap Meet	26	27 Sunrise 5:20 Sunset 7:42 M-set 2:37 A	28	29	30
						Full Moon