

The Arizona **MOUNTAINEER**

July 2009



Matt Percy walking off a boulder problem at
Happy Boulders in Bishop, CA
Photo by Dana Fabbri

The Arizona Mountaineering Club

Meetings: The member meeting location is:
Phoenix Country Day School, 3901 E. Stanford Drive,
Paradise Valley, AZ 85253 at 7:00 p.m.
See calendar for day/date.

Board Meetings: Board meetings are open to all
members and are held two Mondays prior to the Club
meeting.

Dues: Dues cover January through December. A single
membership is \$30.00 per year: \$35.00 for a family.
Those joining after June 30 pay \$15 or \$18. Members
joining after October 31 who pay for a full year will
have dues credited through the end of the following year.
Dues must be sent to:

AMC Membership Committee
6519 W. Aire Libre Ave.
Glendale, AZ 85306

Schools: The AMC conducts several rock climbing,
mountaineering and other outdoor skills schools each
year. Browse the AMC website for information on
schedules and classes.

For More Information:

Email:

president@amcaz.org
board@amcaz.org

Websites:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

Board of Directors:

President Grant Loper602-684-3042
Vice-President Robert England....480-688-5412
Secretary Erik Filsinger.....480-314-1089
Treasurer..... Jodie Bostrom.....
..... bostrom.jodie.amc@gmail.com
Director Eric Evans623-237-3165
Director Bill Fallon.....602-996-9790
Director Danny Gonzales ..602-550-8371
Director Kim McClintic480-213-2629
Past President John Keedy.....623-412-1452

Committees:

Archivist Jef Sloat602-316-1899
Classification Nancy Birdwell ..602-770-8326
Elections Dave Van Hook...602-790-6283
Equipment Rental Erik Filsinger.....480-314-1089
Email Robert England....480-688-5412
Land Advocacy..... Erik Filsinger.....480-314-1089
Librarian Richard Kocher ...480-966-5568
Membership..... Rogil Schroeter....623-512-8465
Mountaineering Bruce McHenry ...602-952-1379
Asst. Chair Grant Loper602-684-3042
Newsletter..... Robert England....480-688-5412
Outings Frank Vers480-947-9435
Programs..... Sheri Kenly.....602-799-1288
Training & Schools.. Bill Fallon.....602-996-9790
Outdoor Climbing Bill Fallon602-996-9790
Anchors Class Justin York480-229-8660
Lead Class Mike Knarzer602-751-1701
T-shirts..... Sally Borg.....480-425-9689

The AMC Land Advocacy Committee: The Committee works by itself and with the national Access Fund to
maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions,
please notify the Land Advocacy representative Erik Filsinger, 480-314-1089.

The Access Fund: This is a national, non-profit, climber's organization that works to maintain access to climbing
areas nationwide. Climbers can join The Access Fund by mailing an annual, tax-deductible donation of \$35 or more to:
The Access Fund, P.O. Box 17010, Boulder, CO 80308, or calling 888-8MEMBER or giving it to the AMC Club
Treasurer to be sent to The Access Fund in your name. A donation of \$35 or more is needed to receive *Vertical Times*,
The Access Fund newsletter. One can also join electronically at:

https://www.accessfund.org/secure/joinnow/join_indiv.php or at <https://accessfund.org/join/indiv.php>.

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HOT STUFF!!!

*Great places to
climb when it's
hot:
Flagstaff,
Tahquitz,
Durango ...*

Newsletter

The *Arizona Mountaineer* is published monthly by the AMC. Members are encouraged to submit articles and photos about their climbing- or mountaineering-related activities. Submit items for publication (subject to approval) to AMC Editor, 2267 W Periwinkle Way, Chandler, AZ 85248 or through email to azmountaineer@amcaz.org. Prints are preferred over slides. Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format. For more info call or write the editor at (480)-688-5412, robert_england2@yahoo.com.

Advertising in the *Arizona Mountaineer* is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts.

Library

You must be an AMC member; i.e., your name must be on the most current membership list.

The circulation period is one month. Materials are due at the next general club meeting. The overdue fine is \$2 per title per month. Please contact the librarian if unable to return your books and tapes.

The circulation limit is three titles per person. One of these may be a videotape, for which a \$50 deposit is required. Each guidebook requires a \$25 deposit.

August Newsletter Deadline: Wednesday - 22 July

JULY BIRTHDAYS

Tom Folwell 3, Tony Doucette 4, Terry Nelson 6, John Gilles 9, Steve Dilley 16, Eric Parker 16, Amelia Mendel 21, Dan Williams 21, Vince Morgan 22, Jordan Williams 22, Brian Haney 25, Alissa Koerner 28, Joe Garcia 29, Daniel VanHerpen 29, Scott Kelley 30

Discount Directory

The following merchants currently offer a discount to AMC members:

- **Arizona Hiking Shack** - 11645 N. Cave Creek Rd., Phoenix, AZ 85020, (602) 944-7723. Show your AMC membership card and get a 10% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.
- **AZ Cliffhanger** - at the Phoenix Rock Gym. 480-642-9507. 10% off merchandise.
- **Solid Rock Indoor Climbing Gym - 2 Locations**
 - * 23620 N. 20th Dr, Phoenix, AZ 85027 (623) 587-7625 10% off membership.
 - * 407 S. 107th Ave, Suite A6, Tolleson, AZ 85353, (623) 643-9399 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership, Grand Opening 15% off through 4/30.
- **APE Index Rock Climbing Gym** - 9700 N. 91st Ave Suite 118 Peoria 85345 Phone 623-242-9164 10% discount for Day Pass and Membership. Show AMC Membership card.

Rental Equipment

<u>EQUIPMENT</u>	<u>Qty</u>	<u>\$Dep</u>	<u>1-3day</u>	<u>4-7day</u>
MSR Alpine snowshoes	5...	\$32	10	16
Ice Crampons	5...	\$26	8	13
Ice axes (70 cm)	6...	\$16	5	8
Ice axes (90 cm)	5...	\$14	5	7
Snow shovel	1...	\$8	3	4

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MSR Alpine snowshoes	5	32	10	16
Ice Crampons	5	26	8	13
Ice axes (70 cm)	6	16	5	8
Ice axes (90 cm)	5	14	5	7
Snow shovel	1	8	3	4
Avalanche Kit (probe & shovel)	2	10	5	8
Curved Ice Tools (pair)	2	40	20	35

Call Bruce McHenry at (602) 952-1379 for information on how to rent AMC equipment.

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended May 31, 2009

INCOME

Advertising	20.00
Dues 2009	4155.00
T-Shirts	60.00
Rental Equipment	185.00
AARS (Anchors) School	1575.00
Basic School	4900.00
Lead School	975.00
TOTAL INCOME	11,870.00

EXPENSES

Admin	509.75
Bank Charges	0.00
Capital Expenditures	1067.69
Equipment Maintenance	35.00
Insurance	2838.00
Land Advocacy	130.00
Newsletter	1606.71
Outings	66.31
Programs Monthly Meeting	1130.75
Training	3579.64
T-Shirts	349.58
TOTAL EXPENSES	11,313.43
OVERALL TOTAL	556.57

ACCOUNT BALANCES

Checking	10,218.96
Accounts Receivable	85.00
CD Account	15,000.00
TOTAL CASH ASSETS	25,303.96
AMC Outing Gear	3,467.43
OVERALL TOTAL	28,771.39

NEW MEMBERS: *Climbers - Please Welcome*

Mikaela Fuchs / Li Jiang / Jen Talcott

Board Meeting Minutes: 8th June, 2009

Board members present: Robert England, Eric Evans, Erik Filsinger, John Keedy, Jodie Bostrom, Kim McClintic, and Danny Gonzales

I. Call to order. Robert England, V.P., called the meeting to order at 7:01 p.m.

II. Minutes: The minutes of the April 13, 2009 Board meeting were approved as submitted.

III. Treasurers Report: Jodie Bostrom presented the Treasurers Report. The Treasurers Report was approved as submitted.

IV. Committee Reports

Programs: There was a discussion of upcoming programs. Jim Waugh is scheduled to present in July. It was moved, seconded and approved to hold the Gear Swap at PRG if Robert England can make contact and arrangements with Paul Diefenderfer.

Mountaineering. Written report of upcoming Rainier climb. Nine AMC members are making the trip.

Land Advocacy: Erik Filsinger discussed the issues surrounding potential gating of 119th Way, or El Paraiso, on the historic road access to Tom's Thumb. John Keedy was selected as the designated spokesperson on this issue (given Erik's sitting on the COS Planning Commission which will hear the case.). John and Erik will discuss and John will prepare a letter to the City concerning the case if appropriate.

Training and Safety: Kim McClintic will take over Nancy Birdwell's duties for Schools.

Outings. There was a discussion of upcoming Outings, listed elsewhere in the Newsletter.

Newsletter: Robert England overviewed the status and projections of the AMC newsletter efforts.

Membership: It was requested again that the Board receive the spreadsheet of AMC membership numbers by month over years so that it can evaluate on a monthly basis the membership numbers in historical perspective. It requested that Grant Loper coordinate and execute this item.

Old Business:

Documents on the website. Erik Filsinger gave an update on the working group of himself, Grant Loper, John Keedy, Eric Evans and Robert England and the efforts to gather the most current policies. There should be more to report at the next meeting.

New Business:

Club Gear: Robert England will take over housing the club gear.

Board meeting location. The Board decided to hold future meetings at Erik Filsinger's office. It thanked Jodie Bostrom for her generosity in hosting the past meetings.

The Board adjourned the meeting at 8:28 p.m.

Cat Entertainment - Playing with String ...

A hitch for your gitalong

The venerable prusik hitch for locking off and ascending ropes was taught in the very first AMC climbing class forty-some years ago. I am definitely not suggesting you abandon it for some new-fangled tangle that is supposed to waft you effortlessly skyward. The old prusik is simple to comprehend, virtually impossible to attach wrongly, and sufficiently effective to get you out of most common messes you get into. Use it.

However, hitches are fun. Arborists (tree trimmers, etc.) and cavers have come up with a dozen variants, some with serious can-go-wrongs, but – intriguing.

Pardon the lack of drawings that follows: I was going to take a scientific illustration course for archaeological work -- but that's another long ago abandoned story. So you're stuck with lousy photos of loosely tied hitches

The simple prussic you know, so I'll spare you that. Also the Bachman (which includes a carabiner) and the Klemhiest also, both shown in many climbing how-to books. Following are some most-arborialist-used hitches. Always remember that it is easy to tie them wrongly and that their failure can produce catastrophe.



BLAKE'S HITCH

Much used. Easy to slide upward and downward. Can be used as a safety attached to your harness when you use Jumars, rappel, etc. Which end is up? I've seen it both ways. Not sure which is "correct".



"FOLLOW THROUGH" PRUSIC

Like an ordinary prussic but tied on a follow through. Could be the tail end of your climbing rope if it will grip? If not, try adding a couple of turns at the top.

(Continued on page 7)

Cat Entertainment - Playing with String ...

(Continued from page 6)

SCHWABISCH PRUSIC HITCH

A kind off-center prussic tied on a follow through, end loops clipped by a carabiner.



MICHOACAN HITCH

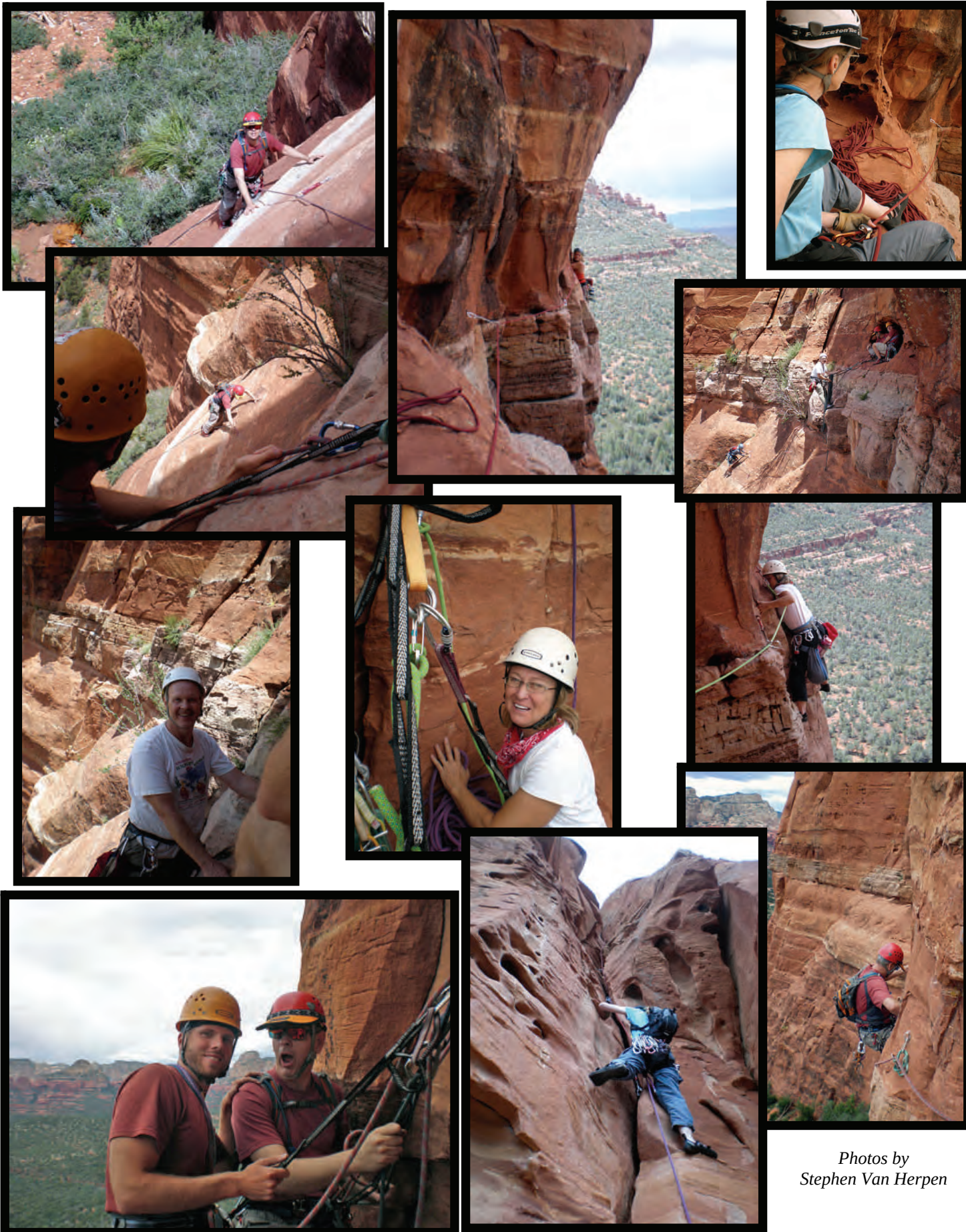
This is pretty much like the Schwabisch but with extra turns at the top. Carabiner loops should be close to hitch.

Incidentally, you might check out tree climbing on the web. There is a sport of tree climbing, replete with catalogs of expensive equipment, how-to manuals, schools and organizations.

Oh yes -- try these at your own risk. I have not used them and make no claims as to their safety and, I'm sure, neither does the AMC.

Wally Vegors

Outing Photos - Mars Attacks

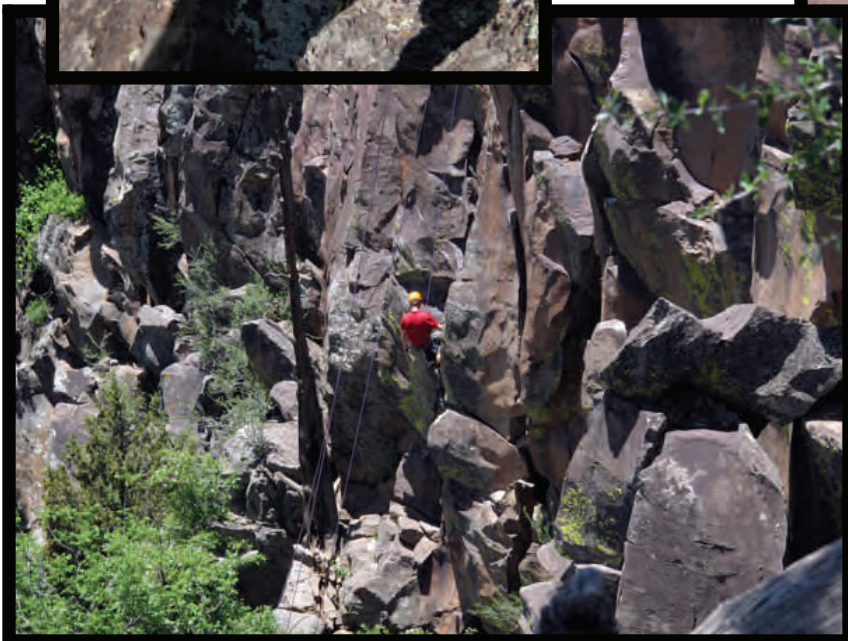


*Photos by
Stephen Van Herpen*

Outing Photos - The Overlook



*Photos by
Stephen Van Herpen,
Robert England*

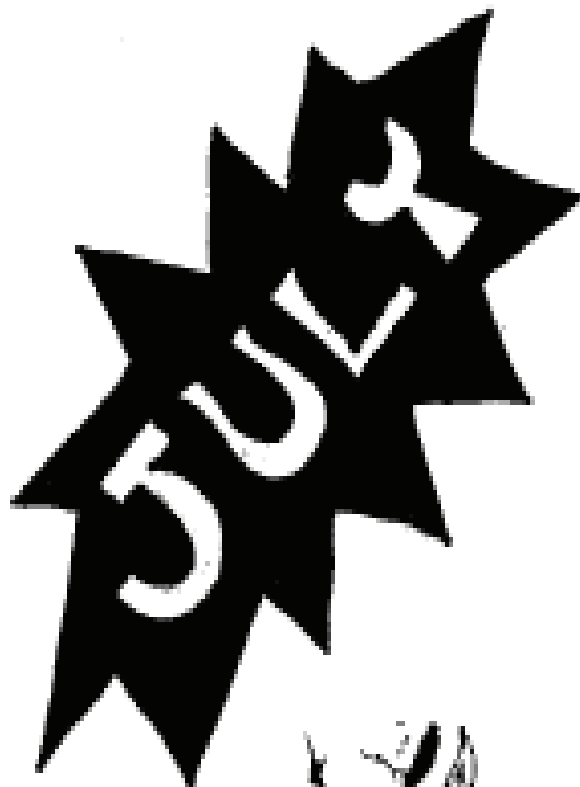


Queen Creek Anniversary Outing Photos



Photos by John Keedy

Arizona Mountaineer - 10



SHOE SALE

15% OFF

EVOLV
RED CHILI
MAD ROCK
ACOPA
FIVE TEN
SPORTIVA



AZ CLIFF HANGER

SAVE
QUEEN
CREEK

Located inside the Phoenix Rock Gym
www.azcliffhanger.com - Marty Karabin
1353 E. University Dr. Tempe, AZ 85281
Ph: 602-842-9507 Fax: 480-237-0095



CRASH PAD RAFFLE! \$4.00 PER TICKET. WINNER RECEIVES
A MAD ROCK MAD PAD. WINNER WILL BE DRAWN JULY 31 AT 6:00PM.

DISCOVER YOUR INNER APE.



Arizonas largest indoor climbing adventure.
Mention this ad to get 50% off your first DAY PASS.

APEINDEX
Wanna climb?

9700 N. 91st Ave | Peoria, AZ | 623.242.9464

Outing Leaders

Become an AMC Outing Leader

General requirements for becoming an AMC outing leader:

- Be a member for at least one year
- Take the Basic, Anchors and Lead classes (or equivalents)
- Complete a basic first aid and CPR class (8 hours or more)
- Submit an application to the Classification Chairperson
- Apprentice on at least three outings with approved outing leaders
- Get recommendation from at least five current outing leaders (including those from apprentice outings)
- Be approved by the Board of Directors.

For more information, contact the Classification Chairperson, Nancy Birdwell at (602) 770-8326.

Outing Leader

Contact Information

Jodie Bostrom	bostrom.jodie.amc@gmail.com
Robert England	480-688-5412.....robert_england2@yahoo.com
Bill Fallon.....	602-996-9790..... bill.fallon@cox.net
Erik Filsinger.....	smorefil@aol.com
Jason Garvin.....	480-734-6801..... beach_bum43@hotmail.com
Richard Horst	623-434-4769.....
John Keedy	623-412-1452..... jwkeedy@cox.net
Mike Knarzer	602-751-1701..... thrashndangle@gmail.com
Grant Loper	602-684-3042..... grant.loper@loperandassociates.com
Bruce McHenry	602-952-1379.....
Monica Miller	623-362-0456.....
Matt Percy	928-420-2065..... percy.matthew@gmail.com
Rogil Schroeter	623-512-8465..... rogil@cox.net
Jef Sloat.....	602-316-1899.....
Frank Vers.....	480-947-9435..... climbrox@gmail.com
Clay Vollmer	602-595-7266..... skatrash@cox.net
Justin York	480-229-8660.....

Your Name Here!

Calendar of Events

AMC Outings and Events

Please note: It is suggested that Outing participants donate gas money to the Outing Leader, and that carpoolers share the cost of gas for the driver. See footnotes below for other info about outings.

July 18-19 - Flagstaff - Sat: Rock Climbing - Mt Eldon, Sunday - Hike Mt Humphrey - Contact David McClintic for more information. (david.mcclintic@cox.net)

July 25 - The Promised Land. Contact David McClintic for more information. (david.mcclintic@cox.net)

Footnotes: Car-pooling is optional on all outings and is not part of the outing. The outing begins at the trailhead designated by the Outing Leader and ends at the same place. Each participant should bring a First Aid kit. If you leave the outing, with or without the leader's permission, you are considered to be on your own until you rejoin the group. Each participant will be required to sign an AMC Activity Release Form at the beginning of the outing. Participation in AMC outings requires club membership. Outings vary in degree of danger. When you participate in an outing you should be both physically and mentally prepared and equipped with the appropriate gear. You should always be aware of the risks involved in outdoor activities and conduct yourselves accordingly. The Outing Leader is not responsible for your safety; you are. Please contact the Outing Leader before going on an outing, discussing your capabilities with the Outing Leader. You must be over 18 years of age to participate, or must be accompanied by a parent or responsible adult, and obtain prior consent from the Outing Leader. Those accompanying minors are responsible for the minor's safety.

Billboard—Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader. If you wish to participate you should be physically and mentally prepared with the appropriate gear and should contact the member planning the outing. You are responsible for your own safety, not the person leading the outing. You should always be aware of the risks involved in outdoor activities and conduct yourself accordingly.

Mondays Solid Rock Gym at 6pm-8pm. Call Rogil (623)-512-8465 for info.
Wednesdays North Mountain hikes after work. Rogil Schroeter (623) 512-8465

Mt Rainier - June 2009

As this issue of the Arizona Mountaineer goes to press, our esteemed President, Grant Loper, is embarking on another ascent of Mt Rainier, with eight AMC members to keep him company.

My relatives in Yelm WA tell me that there is still considerable snow on the mountain but the major roads and passes are clear, and that the weather forecast is good so far.

We wish Grant and his team a safe journey and a successful summit for all.



July 2009

AMC Outing Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
NOTE: Celestial events occur about 10 minutes earlier on Arizona's eastern border; 10 later on its western edge.			1 Sunrise 5:22 Sunset 7:42 M-set 12:54	2	3	4
5	6	7 Full Moon	8 Sunrise 5:26 Sunset 7:41 M-rise 8:44 P	9	10	11
12	13 Board Meeting	14	15 Sunrise 5:30 Sunset 7:39 M-rise 12:00 A Last Qtr	16	17	18 Mt Eldon
19 Mt Humphrey	20	21	22 Sunrise 5:34 Sunset 7:35 M-set 8:13 P New Moon	23	24	25 The Promised Land
26	27 Member Meet- ing	28 1st Qtr	29 Sunrise 5:39 Sunset 7:30 M-set 12:00 A	30	31	