

The Arizona Mountaineer

September 2013



Karen Stafford tackles 'Blue Collar Tweakers (5.7)'
on Primus Wall at Mount Lemmon
Story on page 12



The Arizona Mountaineering Club

Meetings: The member meeting location is:

Granite Reef Senior Center
1700 North Granite Reef Road
Scottsdale, Arizona 85257

The meeting time is 7:00 to 9:00 PM.

Check Calendar for date.

Board Meetings: Board meetings are open to all members and are held two Mondays prior to the Club meeting.

Dues: Dues cover January through December. A single membership is \$30.00 per year: \$35.00 for a family. Those joining after June 30 pay \$15 or \$18. Members joining after October 31 who pay for a full year will have dues credited through the end of the following year. Dues must be sent to:

AMC Membership Committee
PO Box 30163
Mesa, AZ 85275-0163

Schools: The AMC conducts several rock climbing, mountaineering and other outdoor skills schools each year. Browse the AMC website for information on schedules and classes.

For More Information:

Website:

www.amcaz.org

Mail:

Arizona Mountaineering Club
4340 E. Indian School Rd., Ste 21-164
Phoenix, AZ 85018

The AMC Land Advocacy Committee: The Committee works to maintain public access to climbing areas. If you know of areas that are threatened with closures or climbing restrictions, please notify the Land Advocacy representative Erik Filsinger at smorefil@aol.com.

Newsletter: The Arizona Mountaineer is published monthly by the AMC. The newsletter depends on contributions from its members so PLEASE send us your articles, gear reviews and/or photos.

Digital photos should preferably be in JPG format and 300 dpi. Articles can be in any standard word processing format.

Advertising in the Arizona Mountaineer is accepted, subject to approval, at the following rates. Personal ads are free to members. Business ads are \$5.00 for a business card, \$10.00 for half page, \$20.00 for full page, and \$25.00 for inserts. Contact Dave McClintic at 602-885-5194 about billing. All ads are to be submitted to the newsletter committee by the 1st of the month prior to the month to be published.

Submit items for publication and direct any questions through email to Susan at SHarnage@aol.com. All submissions are subject to approval by the AMC newsletter committee: *Cheryl Beaver, Tracy Fleming, Susan Harnage, and Jutta Ulrich.*

BOARD OF DIRECTORS

President	Bill Fallon	602-996-9790
Vice-President	John Gray	480-363-3248
Secretary	Erik Filsinger	smorefil@aol.com
Treasurer	Thad Colgrove	602-795-2167
Director-2	Eric Evans	602-218-3060
Director-2	Cheryl Beaver	cherylbeaver@cox.net
Director-2	Douglas Matson	douglas.matson@gmail.com
Director-2	Gavin Storey	gavinxd@yahoo.com
Director-1	David Arthur Sampson	dasampson@gmail.com

COMMITTEES

Archivist	Jef Sloat	602-316-1899
Classification	Nancy Lust	602-770-8326
Climbing Shoe		
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Elections	John Keedy	623-412-1452
Equip. Rental	Bruce McHenry	602-952-1379
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Programs	Kim McClintic	480-213-2629
Technology	Steve Crane	480-812-5447
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ORC	Bill Fallon	602-996-9790
Anchors	Eric Evans	602-218-3060
Lead	Mike Knarzer	602-751-1701

Outing Leaders

Requirements for becoming a leader: take the Basic, Anchors and Lead classes (or equivalents), be a member for at least one year, complete a basic first aid and CPR class (8 hours or more), and be approved for leadership by at least five current leaders through formal application process and by the Board of Directors. Contact Nancy Lust at (602) 770-8326.

Outing Leader

Contact Info

Steven Crane	480-812-5447 stevencrane@live.com
Eric Evans	602-218-3060 eae100@yahoo.com
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Douglas Matson	480-648-3009 douglas.matson@gmail.com
David McClintic.....	602-885-5194 david.mcclintic@cox.net
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Curtis Stone.....	602-370-0786 curtis_j_stone@yahoo.com
Frank Vers	480-947-9435 climbrox@gmail.com

Treasurer's Report

Arizona Mountaineering Club Income Statement Period Ended July 2013

INCOME

Advertising	0.00
Dues	4,050.00
Grants Received	0.00
Interest	22.45
Mountaineering Schools	1,190.00
Rental Equipment	233.00
AARS Fall	0.00
AARS Spring	2,090.00
Basic Fall	390.00
Basic Spring	5,380.00
Lead Fall	285.00
Lead Spring	760.00
Training Other	5.00
Merchandise & Other	1,522.00
TOTAL INCOME	15,927.45

EXPENSES

Admin	1,586.20
Promotional	1,526.86
Bank chgs	359.30
Capital Expenditures	0.00
Equipment Maintenance	27.61
Grants Expended	0.00
Insurance	0.00
Land Advocacy Committee	75.70
Library	0.00
Newsletter	699.12
Outings	73.59
Outing Leaders	250.00
Programs Monthly Meeting	2,014.94
Training	5,170.37
TOTAL EXPENSES	11,783.69

OVERALL TOTAL

4,143.76

ACCOUNT BALANCES

Checking & PayPal	19,504.58
Accounts Receivable	0.00
CD Account	15,000.00
TOTAL CASH ASSETS	34,504.58
AMC Outing Gear	0.00
OVERALL TOTAL	34,504.58

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Discount Directory

These merchants offer a discount to AMC members:

- **Arizona Hiking Shack** - 3244 E. Thomas Rd., Phoenix, AZ 85018, (602) 944-7723 www.hikingshack.com. Show your AMC membership card and get a 15% discount.
- **AZ on the Rocks Gym** - 16447 N. 91st St., Scottsdale, AZ 85260. 480-502-9777. 10% off membership.
- **Climbmax Gym** - 1330 W Auto Dr, Suite 112, Tempe, AZ 85284 - 480-626-7755. 10% off membership.
- **Phoenix Rock Gym** - 1353 E. University, Tempe, AZ 85281. 480-921-8322. 10% off membership.

OCTOBER NEWSLETTER SUBMISSION DEADLINE: SEPTEMBER 1ST

Alpine Seminar Series 2013-2014

Arizona Mountaineering Club and American Alpine Club AAC – Arizona Chapter

Come and join us for the Arizona Mountaineering Club and American Alpine Club Alpine Seminar Series. These seminars are open to anyone who is interested in learning about and discussing alpine climbing and mountaineering. These seminars are participant led presentations followed by an informal open discussion. Each month's seminar topic is selected from the book *Mountaineering: Freedom of the Hills*. This is an excellent opportunity to meet and learn from others with similar interests.

The meetings will be held the first Wednesday evening of each month, initially in Tempe (See below). Individual topics will be announced through our Meetup site with details on the meeting location. Jeff Crosby, AMC and AAC member, will be coordinating the sessions sponsored by the AAC and the Mountaineering Committee of the AMC.

The first introductory and planning meeting will be held Wednesday, September 4 from 7:00 p.m. to 9:00 p.m. at 113 South Rockford Drive, Tempe, Arizona, 85281.



AMC Board Minutes - August 12, 2013

Call to order: Bill Fallon called the meeting to order at 7:02 p.m.

Board Members present: Cheryl Beaver, Bill Fallon, David Sampson, Erik Filsinger, Gavin Storey, John Gray, Thad Colgrove

Board Members absent: Douglas Matson, Eric Evans

Minutes: The Minutes of the July 8, 2013 Board meeting were approved as published.

Treasurer's Report: Treasurer's Report for July was approved.

Committee Reports:

Membership – The current number of dues paid members stands at 246.

Programs – Kim McClintic submitted a written report concerning upcoming member meeting programs.

Outings –Upcoming activities include: “Rock Climbing 101” clinics at REI – 8/13 Tempe, 8/14 PV – Bill Fallon, Lead School – Sept.10,11,12,14,15 – Mike Knarzer, Grand Canyon Clean-Up, Sept 28,29 – John Gray

There was a discussion concerning the Grand Canyon Clean-Up and training sessions.

Land Advocacy – Erik gave an update of work with the City of Scottsdale concerning Granite Mountain climber access. The City is looking for the AMC to assist with stakeholder meetings.

Mountaineering – Erik submitted a list of activities and dates for the coming year of activities that will be offered by the Mountaineering Committee. These include an Alpine Seminar Series to be held monthly and led by Jeff Crosby. Other activities include monthly offerings of Alpine Rock, Winter Camping, Ice Climbing, Glacier Travel and Snow Skills, and mountain climbs beginning in December.

T & S – Bill reviewed the Fall rock climbing schools.

Newsletter Committee – Cheryl gave a brief report on this newsletter for this month.

Technology Team – No report (see Web Site Update below).

New Business

Erik discussed some options for the AMC's 50th Birthday Party next year with the Board. He will include an item in the 2014 budget for some activities to make it special.

The Board discussed potential Board member openings and procedures for filling them.

AMC Board Minutes - August 12, 2013 (cont)

Old Business

Bill received approval from the Board to take the necessary steps to launch the new AMC web site. A note of thanks to Paul Laughlin is in order for his expert assistance in this effort.

OL apprentice process – OL qualification & outing docs –A full report and recommendations will be presented at a future Board meeting.

Thanksgiving J-Tree Event – David McClintic will be the OL for the climbing activities. Tiina Perlman is coordinating the overall organization.

Archiving and maintenance of AMC records – Bill Fallon presented a revised spreadsheet with recommending findings and solutions. The Board was favorable to the direction. He will present a document to be adopted as an AMC procedure at a future Board meeting.

Discussion on forming Canyoneering interest group (modeled on Mountaineering committee and processes) – Erik will visit with an individual that may be able to Chair this effort.

Advanced Rock Climbing Seminars – David Sampson will give a later report to the Board.

Adjourn

The meeting was adjourned at 8:45 p.m.

Respectfully submitted by Erik Filsinger, AMC Secretary

Open AMC Board Position

There is currently an open Director position on the AMC Board. Nominations will be taken from the floor followed immediately by a membership vote at the September Member Meeting to fill this position for the duration of the year. If you ever wanted to test the waters, this is a great opportunity.

AMC Member Program

Monday, September 23, 2013

7:00 PM- 8:30 PM

Jeff Crosby will speak about Mt. Hood

Look for details on meetup

<http://www.meetup.com/Arizona-Mountaineering-Club/>



Located at Granite Reef Senior Center
1700 N. Granite Reef Rd., Scottsdale

For questions about this program, contact Kim at canyonkim@gmail.com

AMC LEAD CLIMBING SCHOOL - FALL 2013

This is an advanced climbing class. Even if you don't plan on leading, you will learn much about the dynamics of climbing, and it will make you a safer climber. Protecting a climb is a different skill from climbing itself. We will talk about the dynamics of lead falls, how to prepare for a climb, the differences between single-pitch and multi-pitch, and the differences between clipping bolts and placing natural pro. There will be no "true" lead climbs during the class, but we will provide simulated leading exercises.

Class curriculum:

Tue	Lecture, slide show: introduction, the lead fall, equipment
Wed	Lecture, slide show: equipment (continued); the process and techniques of leading
Thu	Lecture, slide show: multi-pitch techniques, the descent, leader rescue, aid climbing
Sat	Hands-on practice: natural pro placement (Prescott)
Sun	Hands-on practice: leading on bolts (Prescott or Scottsdale)

Class schedule:

Sept 10	Tuesday	6:30 pm–9:30 pm	*Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 11	Wednesday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 12	Thursday	6:30 pm–9:30 pm	Chateau de Vie 5 Clubhouse, Scottsdale, AZ
Sept 14	Saturday	9:00 am–5:00 pm	Prescott (directions will be in syllabus)
Sept 15	Sunday	9:00 am–5:00 pm	Prescott or Scottsdale (directions will be in syllabus)

*Address for the Chateau de Vie 5 Clubhouse: 5900 N 83rd St.

Directions: From McDonald Rd East of Hayden Rd and West of Granite Reef, turn south on 83rd St. Take the 2nd right into the parking lot. The Clubhouse is the only free standing building in the complex.

Experience required: Preferably, AMC Basic School and AMC Anchors School or equivalent experience. This includes knowing how to tie a variety of knots, belay, rappel, prusik and set anchors.

Cost: \$95, plus membership if not already a member (Prorated for half year -\$15 for an individual and \$18 for a family). Membership is good through Dec., 2013. Register by the Paypal link on the website (<http://www.amcaz.org/leadRegistration.asp>) or if you need to send a check you can contact Nancy Lust amcleadschool@gmail.com for the address. No credit cards accepted. The registration fee is fully refundable if you cancel. Contact Nancy Lust by email: amcleadschool@gmail.com for more info. The number of students will be limited to 30.

Equipment required for the class:

The following will not be needed the first night. You may want to listen to the gear lectures before making purchases.

1. All climbing gear (harness, prusiks, biners, etc.)
2. Helmet—mandatory for all on-rock sessions
3. Specifically needed:
 - 2 20' slings (untied length), preferably different colors
 - 2 10' slings (untied length), preferably different colors
 - Nut pick
 - Quickdraws with biners—at least 5 per person
 - All pro that you own, which may include cams, hexes, wired nuts, Tri-cams, etc.
 - Consider combining with another person to have enough gear
4. Hiking boots or shoes with stiff soles for Saturday, climbing shoes for Sunday
5. Optional: kneepads for Saturday (\$3–6 at Home Depot, \$5 volleyball pads at sporting goods stores)

For more information: Visit the Arizona Mountaineering Club website at www.amcaz.org.

History of the McDowell Sonoran Preserve Rock Climbing Plan

Background Activity

After losing many close-in climbing areas such as Troon Mountain and the Boulders to land developers, the AMC learned to get involved early on and to put in the long hours that it takes to develop a positive, working relationship with land owners and land managers. Much great rock climbing that has historically existed and now thankfully exists due to the efforts of the AMC, and others, to secure the rock climbing in the McDowell Mountains. Climbers don't own the land they climb on, and it is better to think of rock climbing as a privilege and a guest rather than as a right to be taken for granted.

The rock climbing community was involved in the grass roots efforts to get Scottsdale to consider preserving the McDowells. Paul Diefenderfer, former AMC President and following his involvement with preserving rock climbing at Pinnacle Peak, was among the key folks who met in the early 1990's with other area preservationists to start the McDowell Sonoran Land Trust. In the later 1990's Bill Berkely, a local rock climber, was invited to participate on the McDowell Sonoran Preserve Commission (MSPC). The MSPC is the citizens advisory group appointed by City Council to give them advice on land acquisition and planning of the Preserve. As such it is the chief policy development body in the City with regard to the Preserve.

Bill introduced Wayne Schroeter, then Access Chair from the AMC, to the various players. In the mid to late 1990's I became active as a Scottsdale resident and as a representative of the Arizona Mountaineering Club with the Planning Sub-Committee of the MSPC. I held office in the AMC as Vice President and then as President in the late 1990's and early 2000's and took over the Land Advocacy Chair position. I later was elected to the MSPC where I served as a commissioner for 6 years ending in April of 2009, the last couple of years also serving as its Vice Chair.

Paul, Bill, Wayne and I all advocated for the inclusion of rock climbing as a legitimate and sanctioned activity in the Preserve. The underlying premise was that all the historic rock climbing in the Tom's Thumb area should be preserved and access would occur on designated approach trails. This was an important compromise because the City's Preserve Ordinance did not allow "off-trail" activity and the only trails identified and built were the official multi-use public trails – not paths to access climbing crags. Scottsdale, as other land owners have done, could have prohibited rock climbing due the "no off-trail" hiking policy.

Obstacles and Successes

In the middle 2000's, in my governance roles I placed the rock climbing plan on the MSPC's agenda of priorities and began working with staff to actually get it documented and approved. I enlisted the support of two different groups – a group of climbing experts and a large group of AMC members volunteered to research climbing management plans from around the country. Many hours were donated and the resulting spreadsheet helped formulate defensible positions for potential negotiations with the City or other involved entities. To help provide a single point of contact and communication with the rock climbing community, I was given the working title of Climber Liaison to City Staff, probably one of the most fulfilling titles I've held over many jobs and community appointments!

There were some elements of the preservation community that didn't want any off-trail activity and even discussed removal of all bolts from the Preserve to restore the Preserve to pre-human historical datum. Fortunately I was both a Preserve Commissioner and Chair of its Planning Sub-Committee at the time these objections were aired and I was able to garner sufficient support for a practical and workable plan – We identified limited crags on which we would climb and we would identify specific Climber Access Routes to those crags. And we agreed to a policy of "No new bolts in new locations."

The compromise hinged on the concept of allowing rock climbing and that minimal environmental damage would occur if we were able to channel use onto specific and approved paths to the crags. The Preserve management philosophy was to "manage" the use and allow travel on only those specific trails from the general public trails to the climbing crags themselves. The Climber Access Routes were intended to be minimalist, perhaps a foot wide, and not a typical trail but

History of the McDowell Sonoran Preserve Rock Climbing Plan

more of a common path to the crags with sufficient identification and route marking to keep climbers on those single paths.

During this same time period I began a multi-year project of scoping out and cleaning up many of the routes in the Preserve. The City did not want visible slings if possible to avoid, so I and others have systematically hardened many anchors with bolts, chains and rap stations.

As a parallel community involvement and recognition, I had been appointed to the Board of the McDowell Sonoran Conservancy, which is a 501(c)(3) tax exempt entity that has a contract with the City to provide volunteer support in managing and maintaining the Preserve. As a Board member I enlisted the support of the MSC for the rock climbing plan and I took numerous tours of MSC Stewards, City officials, MSPC commissioners and MSC Board members to show the rock climbing resources and historic trails.

The draft Rock Climbing Plan was presented to the climbing community at a member meeting of the Arizona Mountaineering Club on January 28, 2009. Over 70 climbers were in attendance, with at least half being non-AMC'ers. I showed slides of the rock climbing resources and Bob and Scott showed slides of the City's draft rock climbing plan.

The MSPC made a recommendation to City Council for approval of the Rock Climbing Plan in March of 2009. Essentially this rock climbing plan is a Climbing Management Plan which lays out what climbing crags are available, what the access routes are and what climbers can and can't do in the McDowell Sonoran Preserve.

Climber Access Routes and Completion

Once the Rock Climbing Plan was approved, I worked with Scott, Claire Miller and Robbin Schweitzer laying out the specific climbing access trails on the ground. Initially the trails were flagged with surveyor tape, and then volunteer work crews from the Arizona Mountaineering Club met with Scott, Claire and Robbin to clear and construct the trails. Joint sign installation and trail building projects were also held with Stewards from the McDowell Sonoran Conservancy and the local rock climbing community.

In May of 2009 I wrote a grant on behalf of the Arizona Mountaineering Club to the Access Fund to receive monies to place trail signs in the main Tom's Thumb showing the designated climber access routes. There were several sessions where the AMC and the MSC held a joint work parties during which they placed most of these trail signs on the Morrells Parking Area and the approaches to Sven Towers I, II and III. Other efforts built the climber access routes to Gardeners Wall and to Half and Half, Fort McDowell, and Lost Wall.

In the Fall of 2011 the City Council formally approved the Rock Climbing Plan and Rock Climbing Guidelines (available on the AMC web site) that form the Climbing Management Plan for the McDowell Sonoran Preserve. This was a true historic success. Climbers often think that just because they used to climb somewhere they can continue to climb. Unfortunately they are not being realistic. That climbing use is neither guaranteed nor secured unless the right to climb is recognized in some formal agreement with the owner of the land. Fortunately around the country climbers are beginning to learn the difference between historic use and actually securing climbing use from the land owner and land manager.

The City of Scottsdale planned and constructed the Tom's Thumb Trail Head within input from the various stakeholder groups, including members of the AMC and the broader rock climbing community. While some griping occurred about having to walk another 10 minutes from the new parking lot, climbers needed to recognize that climbing could easily have been lost. The land was prime for development and if the City hadn't purchased it with taxes from Scottsdale citizens it would have gone the way of Troon Mountain and the Boulders to houses, golf courses and resorts. And even when the City acquired it climbers had to work with the City and its rules in order to secure rock climbing. Fortunately the overall reception has been extremely positive.

A new Tom's Thumb Trail Head was constructed and its Grand Opening was reported in the AMC Newsletter. Tom
amcaz.org 10

History of the McDowell Sonoran Preserve Rock Climbing Plan



The ribbon cutting with Council Member Ron McCullagh, Tom Kreuser, Mayor Jim Lane, and Vice Mayor Dennis Robbins.



Installation of climber access route sign

Kreuser, after whom Tom's Thumb was named, cut the ribbon at the Grand Opening with the Mayor. The ribbon cutting involved Tom and the Mayor unclipping two carabiners linking ropes across the new threshold. It was a grand moment for Arizona climbing.

What Comes Next

The Arizona Mountaineering Club and the City of Scottsdale have had a long term partnership with regard to rock climbing. That partnership has led to the great successes to date.

It is anticipated that the Arizona Mountaineering Club will take on long term responsibility of building, patrolling and maintaining the Climber Access Routes and serving as a communication channel between the City and the broader climbing community. That formula has worked to date and will in the future with the help of many current and future AMC members. Other climbing group and local climbers are helping out too. The Phoenix Rock Gym based youth climbing team, the Rock Phenoms, held a very successful trail maintenance project in 2013 and that relationship is likely to build a sense of responsibility among the up and coming rock climbers of the future.

Who knows, my volunteer effort of over 250 hours a year over almost two decades may yet pay-off when the definitive rock climbing guide to the Preserve is written.

Submitted by Erik Filsinger

AMC Land Advocacy Chair

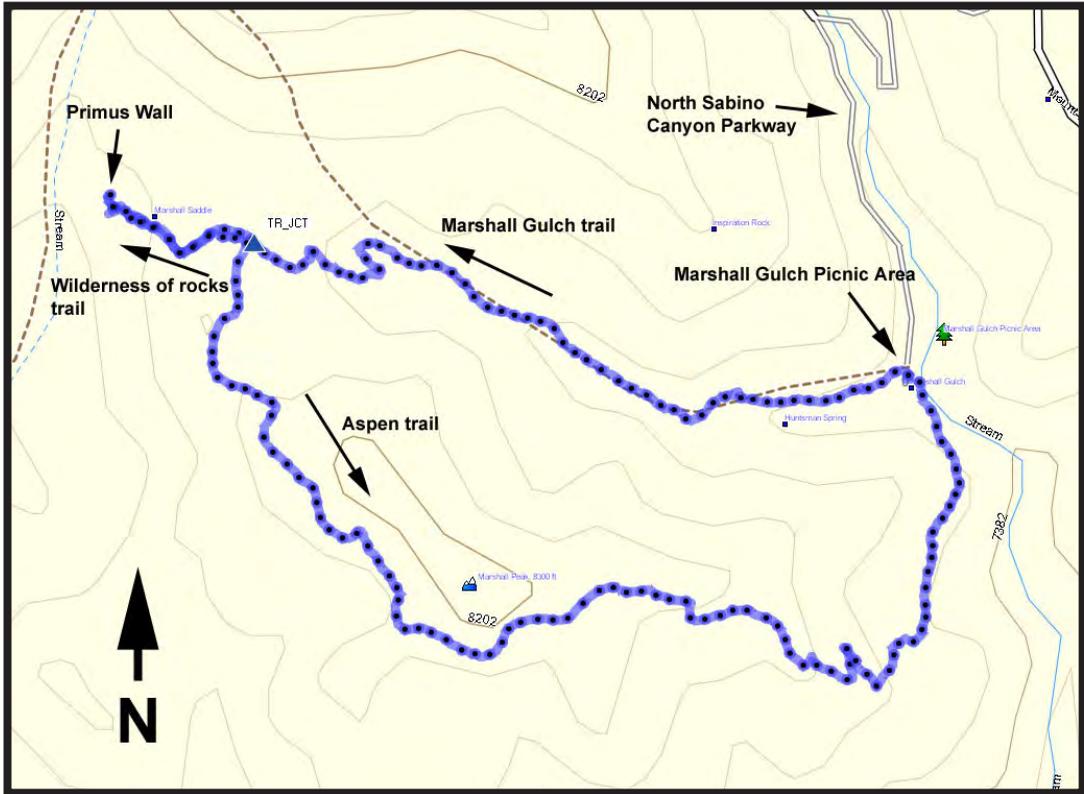


Scrambling Tour of McDowell Crags.



Stewardship Day for the Rock Phenoms (PRG's youth climbing team)

Searching for Primus on Mount Lemmon



It's not always necessary to head North from Phoenix in the depths of summer to escape the heat for some good climbing. One scorching weekend in July we decided to head South... to Mount Lemmon.

I'm quite jealous of the folks in Tucson as a result of their proximity to such a diverse climbing area as can be found on Mount Lemmon. An abundance of excellent climbing can be found year round on this mountain, which we discovered as we headed up to the 8000 ft elevation point in search of a place called Primus Wall.

Last year Karen and I were hiking through the Wilderness of Rocks area of Mount Lemmon and I hiked passed a bolted wall. I was very curious about this wall, as I had read through Squeezing the Lemmon II and there wasn't anything in that book mentioning climbing in this area. A later search on



Suzanne setting up top rope anchors

www.mountainproject.com revealed the wall we hiked past was called Primus wall. The approach to this wall is along a very scenic and easy to follow trail, not typical of most rock climbing approaches. The start of the trail spends much of the time along a gently flowing creek, shaded by pine and Aspen trees with ferns under foot.



Susan nearing the handcrack on 'Wynona's Big Brown Beaver (5.8+)'

From the Marshall Gulch picnic area (very popular, best to get there early to find a parking spot!) it's about a 1.3 mile hike along the Marshall Gulch trail to a trail junction. From this point, take the signed Wilderness of Rocks trail about 0.3 miles and keep an eye out on your right for the easily spotted Primus climbing wall. We shared the trail with a number of bouldering enthusiasts and this area was rewarding for them as well.

The wall itself is a great moderate climbing destination, with three 5.6 routes, a 5.7 route, and two 5.8 routes that are easily top roped. Suzanne and I headed up the back side of this wall to set anchors as Susan and Karen pointed out the locations of the anchor chains from the base of the climbs. All of the routes are bolted with bolted anchors, so it didn't take us long to quickly set up three ropes. We warmed up on "Lil Cruzer" (5.6) and "Fish On" (5.6). We all agreed that the starts were tougher than 5.6, but at least that made it interesting. After the start, the routes became significantly easier than 5.6 with great chicken heads for holds, so it made for a fun warm-up.

The remaining routes made for the most spirited debates, primarily which one we liked the best. My favorite was "Wynona's Big Brown Beaver" (5.8+) which had a 5.9+ start and fun sustained climbing afterwards. Karen liked the same route but for a different reason. She enjoyed the hand jamming crack towards the top of

the route. Susan and Suzanne really liked "Blue Collar Tweakers" (5.7) because of the thoughtfulness of the route.

The lovely approach to this area and the easily accessed climbing makes the Primus wall a great summer destination. If you are looking for a moderate wall to climb on Mount Lemmon, I would whole heartedly recommend this area for you. If you are a beginning lead climber, the 5.6 routes would also be good goals, but I'd recommend bringing a clip stick, as the starts are the crux.

~Scott Frankel and Karen Stafford



Scott rappels off of 'Lil Cruzer (5.6)'

It's time again for the annual GRAND CANYON OVER-THE-RIM CLEAN-UP!



For those new to this event, this is the AMC's 23rd year of providing a valuable public service at the Grand Canyon. We have scoured the slopes below Mather Point and spruced up the view from the ice cream store at Bright Angel Lodge. We have appeared in numerous home movies we have never seen and entertained scores of innocents who ask, "Did you climb all the way from the bottom?" (And of course we always answer, "Yes!")

Following the clean-up effort, our chili cook-off will be held at Shoshone Point where we can end an awesome day with a spectacular sunset and great company. Sunday morning, many of us will head out to climb in the Kaibab limestone amphitheaters below the Rim. We look forward to having you with us!

The Clean-up is scheduled for Saturday, September 28th. You must be a current AMC member and it is strongly recommended that you participate in one of this year's training sessions listed below in order to go over the edge.

\$10.00 FEE

This year we will be collecting a \$10.00 fee from each participant to cover the cost of park entry, camping and the event t-shirt. Each participant must complete their own individual registration form.

This year we are asking participants to do 3 things:

1. RSVP via Meetup, which will automatically charge the \$10 fee. This covers park entry, camping, and T-shirt. (Shirts will be distributed 9/28/2013)
2. Go to AMC Meetup website for registration details. <http://www.meetup.com/Arizona-Mountaineering-Club/>
3. Attend one of the two rappel/prussik training sessions (see corresponding Meetups).

Trash Rappel Training: A special technique is used for areas that require rappelling. Training in this technique is strongly recommended for anyone who wishes to "go over the edge" this year. Those who have not taken the training may still help out with other clean-up duties. We won't be teaching any of these techniques on-site at the Canyon. Please bring all the technical equipment listed below to Grand Canyon and your training session.

Grand Canyon Clean-Up & Climb (cont)

TRAINING SESSIONS

Saturday August 24th - Teddy Bear Wall

Saturday September 14th - Overlook

**We will assign people to time slots if the number of registered participants on any particular day warrants 2 groups.*

Technical and Personal equipment needed for the Clean-up & practice sessions:

- Helmet
- 3 prussiks (4', 6', 10' lengths)
- 1 climbing harness
- 1 rappel device
- 6 locking carabiners
- Personal anchor with locking carabiner
- 1 24" sewn or tied sling (length when tied)
- High Top Hiking boots (no sandals or open-toed shoes)
- Gloves
- Long pants, long-sleeved shirt
- Sunscreen, lip balm
- Water & lunch
- Whistle
- Extra slings, webbing and lockers for anchors (in case we run out of club gear)
- Auto block w/biner (4' x 4mm cordage)
- Rain Gear (just in case)

Additional information about this event will be provided to registered participants at a later date.

Remember:

These events are only successful due to the efforts of many VOLUNTEERS. If you have some time that you can devote to helping organize this event, please contact John Gray at your earliest convenience. Jdcinza13@yahoo.com

Climbing is a personal choice and requires personal responsibility. Climbing and associate activities are dangerous and can result in injury and/or death. Climbing exposes you to risks. Risks are not eliminated by training, or skill. By your participation in any AMC activity or event, you accept and assume any and all risks, including those created by negligence, connected to such activity or event.

Grand Canyon Clean-Up & Climb (cont)

Although climbing has a long history in the Grand Canyon National Park, it has primarily been limited to the numerous towers and temples in remote locations of the backcountry. In the early 1990's climbers began to focus on the miles of undeveloped limestone in the Kaibab formations just below the rim. For the most part this formation is easily accessible, and the quality of the rock varies from miserable to excellent. On Sunday, September 29, 2013 we will be accessing the area that is located immediately north and west of the Bright Angel Lodge in Grand Canyon Village below the Rim Trail that begins at the Bright Angel Trailhead. Climbs will vary in difficulty from 5.7 to 5.11. We will be utilizing a rap entry to access the area. The current plan is to set up routes early Sunday morning and climb until the afternoon.

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The cook-off at Shoshone Point will follow the clean-up on Saturday.

There will be prizes for 1st, 2nd and 3rd place.

Rule #1: Pre-cook a large pot of your favorite chili and bring it along (remember it's a people's choice contest, the larger the batch the more votes possible!)

Information and a complete list of contest rules will be sent to the members registered for the clean-up.

A photograph of a rock climbing scene. Two people are climbing a large, light-colored rock face. One person is higher up, and another is lower down. In the foreground, a person wearing a wide-brimmed hat and a pink tank top is looking towards the rock. Another person in a red helmet is visible at the bottom. A large red stamp with the words "SAVE THE DATE" is overlaid on the top left of the image.

SAVE THE DATE

AMC
Thanksgiving
at Joshua Tree

Nov 27th - Dec 1st, 2012

Climb and Dine Joshua Tree Style

Bring a dish to share.

Group campsite reserved at Indian Cove

Find more info and sign-up
on meetup soon!

*[http://www.meetup.com/
Arizona-Mountaineering-Club](http://www.meetup.com/Arizona-Mountaineering-Club)*

AMC 2013 Calendar

SEPTEMBER

- 2 Labor Day (Monday)
- 9 AMC Board Meeting
- 10 Lead School - Sep 10, 11, 12, 14, 15
- 23 AMC Member Meeting
- 28 Grand Canyon Clean Up

OCTOBER

- 9 Basic Outdoor Rock Climbing School
Instructors Meeting
- 14 Columbus Day AMC Board Meeting
- 15 Basic Outdoor Rock Climbing School -
15, 17, 19, 29, 22, 24, 26
- 28 AMC Member Meeting

NOVEMBER

- 2 Queen Creek Cleanup and Climb
- 4 AMC Board Meeting
- 6 Anchors School Instructor Meeting
- 11 Veterans Day (Monday)
- 12 Anchors School - Nov 12, 14, 16, 17
- 18 AMC Member Meeting –Activities Expo
- 28 Thanksgiving at Joshua Tree

DECEMBER

- 2 AMC Board Meeting
- 7 Alpine Rock Seminar
- 13 Holiday Party

Billboard- Other Scheduled Events

Outings listed in this section are not AMC sanctioned outings. Any AMC member can list an event he or she is planning and which is open to other AMC members. The member does not have to be an approved AMC Outing Leader.

- Tuesdays **North Mountain hikes after work.** Rogil Schroeter (623) 512-8465
- Wednesdays **Ape Index Gym Climbing** - Rogil Schroeter (623) 512-8465
- Thursdays **Phoenix Rock Gym Climbing** - AMC Members \$10 admission with ID card.
Curtis Stone - Kim McClintic
- October 5 **Strenuous Grand Canyon rim-to-river-to rim day hike.** Contact Rogil@cox.net or
623-512-8465

Go to the AMC meetup for a complete list of outings and activities.

Up to date information and registration will be available.

<http://www.meetup.com/Arizona-Mountaineering-Club/>

September Birthdays

Bruce McHenry 2, Debra Zarbrock 7, Susan Pitts 14, Rob Zmudzinski 17,
James Taylor 20, Scott Kuchman 21, Matt Kalina 22, Craig Anderson 26,
Marc Mousseux 26, Marilyn Geninatti 28, Lungi Niemczyk 29,
Daniel Panopio 29, Frank Vers 29



We've got room!



We can even put our tents on the floor now!



We've MOVED!
To 3244 E. Thomas Rd.



NO EXPERIENCE REQUIRED! You will learn and practice all the skills necessary for safe top-rope rock climbing including:

Gear selection (shoes, harness, helmet) & climbing equipment (ropes, carabiners, belay & rappel devices) • Climbing knots and personal anchor systems • Climbing techniques, belaying, and rappelling • Escaping the belay and critical self-rescue skills and techniques

**40 HOURS IN 7 SESSIONS,
INCLUDING 4 EVENINGS
AND 3 FULL DAYS OUTSIDE
ON THE ROCK**

All equipment is provided and you get to keep five carabiners, belay & rappel device, prusiks, webbing and a comprehensive manual.



CLASS SIZE IS LIMITED

Register now to reserve your spot in the AMC Basic Outdoor Rock Climbing School!

Fall 2013 class schedule:

Oct 15 & 17 (Tues/Thurs) 6 am – 10 pm

Oct 19 & 20 (Sat/Sun) 8 am – 5 pm

Oct 22 & 24 (Tues/Thurs) 6 – 10 pm

Oct 26 (Sat) – All day graduation climb & evening celebration

An AMC membership and a fee of \$195 is required to participate. See our website at <http://www.amcaz.org/> for complete details and registration.



LEARN TO CLIMB ROCK WITH THE ARIZONA MOUNTAINEERING CLUB

AMC is the oldest and largest climbing club in Arizona, an all-volunteer organization dedicated to teaching safe rock climbing and mountaineering skills.

AMC members receive a 15% discount at Arizona Hiking Shack and 10% at AZ On The Rocks Gym, Climbmax Gym and Phoenix Rock Gym

